

LISBURN U3A NEWSLETTER

Email: info@lisburnu3a.org

Website: <https://www.lisburnu3a.org>

Charitable Status No NI103276



October 2026

U3A MONTHLY MEETINGS - begin at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting will be on Thursday 29th October. Don't forget to bring your own cup, or mug to the meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!

For contact details of committee members & conveners *please consult the lists on the last page*

News/information/articles for the next edition must reach the editor before the 19th of the month

The guest speaker at the October meeting will be Eric Woods from Holywood U3A who has kindly agreed to give us one of his talks. This one is called "Silk Roads Ancient and Modern"

MEMBERSHIP SECRETARY

Irene Davidson



Welcome to our newest members!

★ Alan ★ Barbara ★ Ben ★ Eona ★ Gail ★
★ Heather ★ Paul ★ Sandra B ★ Sandra R ★



There is still an opportunity for a new and improved Newsletter Editor.
Also an urgent request for an assistant Webmaster

If we don't get help soon we may have to close our website <https://www.lisburnu3a.org/>
And stop publishing our magnificent Newsletter.

Editor recommends

The Nostalgia Machine Popular music from 1951 up to 2025 all free including the 'youtube' web address if you want to download it to make a music CD

<http://thenostalgiamachine.com/>

Northern Ireland TV Guide

<https://www.ontvtonight.com/uk/guide/listings/NorthernIrelandNight.html>

GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them from the 'Activity Group Leaders - Contact Details' on the last page.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

The next meeting is on **Wednesday, 11th November 2026 at 7.30 pm** in Hillsborough Village Centre.

"Mystery Objects from the Past" - this will be our last meeting this season and we are delighted to welcome Phillip Vance back with some mystery objects and stories from the past.

Please come along and bring something from the past with you, looking forward to seeing you all.

BEGINNERS BRIDGE

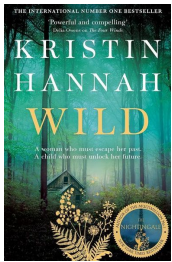
GROUP LEADERS - FIONNUALA O'CALLAGHAN - ROSITA STOREY

A new Bridge class for beginners will start in the New Year. The classes will continue to be every **Tuesday afternoon 2 - 4 pm** in Smyth Patterson's Cafe, second floor in Lisburn. Further details will be provided later. Everyone is very welcome! If you would like more information please contact Fionnuala or Rosita.

(Contact information is on the last page of the Newsletter).

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



We read 'Wild' by Kristen Hanna for discussion at our October meeting in a member's home. After a scandal, child psychologist, Doctor Julia Cates, returns to her home town to work with an extraordinary child; a remarkable story about the resilience of the human spirit, the triumph of hope, and the promise of new beginnings. The group generally enjoyed the book. We found some of the small town romances predictable and would have liked a longer epilogue. Next month we will be discussing 'The Moment' by Douglas Kennedy.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



November's meeting is on **Tuesday 24th at 10.30am** when we will discuss 'The Boy from the Sea' by Garrett Carr. Set in the writer's native town of Killybegs between 1970 and 2000 where life is harsh but the landscape stunningly beautiful. Life is dominated by the ever changing sea - sometimes bountiful, sometimes cruel.

A new born baby is found abandoned on the shore and adopted by a fisherman and his wife as a brother for their own little boy. The people and the community are tough and self-reliant, pragmatic and caring but not sentimental. Ireland and the fishing industry are changing. Not everyone admires the family's decision to take in the foundling and some of the harshest criticism comes from close to home.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

At the time of writing this, the majority of our members are preparing for the trip to Westport for the annual **Indoor Bowling Tournament**. The October newsletter will be printed before the event is finished so success stories (hopefully) will appear in the November issue.

One thing that can be predicted with confidence is that the event will be thoroughly enjoyed by our members, most of whom are regular participants there.

For our members that cannot join the Westport trip, the bowling facilities at Kilmakee Leisure Centre will still be available at the familiar times of 1.45pm - 4.00 pm on Tuesdays and 9.45 am - noon on Thursdays.

DANCE for FUN & FITNESS

GROUP LEADERS - LIZ MURPHY - PATRICIA RICKETTS



Classes are continuing on Wednesday afternoon from 2 - 3:30 pm in the Laganview Enterprise Centre. If anyone would like to join us please come along, or contact either of the group leaders. {Contact details are on the last page}

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

LET'S GO

GROUP LEADER - GAIL POLLOCK



November's Let's Go will be to **Armagh County Museum** on **Thursday 19th at 11am**. This is another **FREE** event. The oldest county museum in Ireland is set in Armagh's beautiful Georgian tree lined Mall.

Located near the centre of St Patrick's cathedral city, a visit to Armagh County Museum is an ideal way to experience a flavour of the orchard county.

<https://visitarmagh.com/places-to-explore/armagh-county-museum/>



LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY

We meet on **alternate Fridays** in the **Rock Rehearsal Room at Lagan Valley Island Arts Centre**, Lisburn.

I look forward to welcoming new members - no limit on numbers - and all levels of ability are very acceptable! Keep singing in the meantime!

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

We continue to meet every Tuesday in the Village Centre Hillsborough.

PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - IAIN JAMES



The next visit for the photography group will be on 2nd November when we will be visiting the Ulster Folk Museum so that should be a good venue no matter what the weather.

T'AI CHI / QIGONG

GROUP LEADERS - ROZ BOYCE - PAUL BOYCE - KATHLEEN INGLESTON

The season is off to a good start. Our tutor, Michael MacBean, is continuing with exercises to develop good balance and flexibility. Both of the classes (Monday and Wednesday) have their quota of students at present. We shall inform those on our waiting list when we are able offer some new free places. Thank you all for your interest in these classes.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON



Little Women at the Lyric Theatre on **Sunday 29th November 2026 at 2.30 pm**

Step into the magic of the festive season with the return of Little Women this Christmas. Wrapped in warmth, joy, and togetherness, this timeless story invites you to share in the heartfelt journey of the March sisters, Meg, Jo, Beth, and Amy, as they grow up surrounded by love, laughter, and the true spirit of the holidays.

Tickets £34 pp. closing date for bookings **Monday 2nd November 2026.**

Robin Hood and the Babes in the Wood on **Thursday 7th January 2027 at 7.30 pm**

Lambeg Players return to Lagan Valley Island with Ben Crocker's Robin Hood and the Babes in the Wood, a fun-filled pantomime packed with local talent, laughs, songs, and shameless silliness. Come join the magic!

Tickets £12 pp. closing date for bookings **Monday 2nd November 2026.**

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL



Yoga continues on Wednesdays and Thursdays. We are at full capacity at the moment but are happy to add anyone interested in joining us on our waiting list.

WALKING GROUPS - You Have a Choice of **Four** Walking Groups with **Four** Different Levels of Difficulty:

LEVEL 1: **STROLLERS**

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: **SATURDAY RAMBLERS**

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: **RAMBLERS**

GROUP LEADERS - STANLEY PRENTICE

We meet every Monday for a 10.30 walk start, at various locations.

To have your details added to the Ramblers database, please contact the convenor.

LEVEL 4: **SCRAMBLERS**

GROUP LEADERS - JULIA SIMPSON - DARRELL MAWHINNEY

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast U3A for these walks.

Any questions or for more information, please contact the group convener.

Last Month's Competition

Where in Northern Ireland would you find all of these -:

A Sensory Garden; a Wild Wood; a Secret swamp and a Pond Zone.

Answer - The Wetland Centre Castle Espie

Congratulations to Lesley Kirk, the first person with the correct answer, and Robert Elmer (2nd correct answer.)

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Pat Cameron	Catering and sign in Coordinator	
Jim Maye	Committee member	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Deirdre Maguire	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 = Parish Room Hillsborough Parish Church
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Lagan Valley Island Arts Centre	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:15pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2pm - 4pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dance Group	Every Wednesday	2pm - 3.30pm	5	Liz Murphy	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Joan Hamilton Pat Cameron	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	Alternate Fridays	2pm - 4pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays Wednesdays	11:00 - 12:00 11:00 - 12:00	5	Kathleen Ingleston Roz Boyce Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	