

# LISBURN U3A NEWSLETTER

Email: [info@lisburnu3a.org](mailto:info@lisburnu3a.org)

Website: <https://www.lisburnu3a.org>

Charitable Status No NI103276



**JUNE 2026**

**U3A MONTHLY MEETINGS** - begin at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting will be on Thursday 30<sup>th</sup> July. Don't forget to bring your own cup, or mug to the meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!

The guest speaker at the July meeting will be Dawson Stelfox who will be giving us a talk called "Friends in high places" as he was the first Irish man to conquer Mount Everest!

For contact details of committee members & conveners *please consult the lists on the last page*



## Lisburn u3a Barbecue

The Barbecue will take place on Thursday 25<sup>th</sup> June 2026  
At Lisburn Masonic Hall, Belsize Road 12.30 for 1.00pm  
The Barbecue food will be served at 1:30pm

Thanks to the Yoga Group who are doing the Tea / Coffee and 'Sign-in' service at the barbecue.

## Wanted an Apprentice editor

**Recruiting an Apprentice Editor!**

Are you a potential journalist that might be grateful for the opportunity to get something into print? And step into an editor's shoes? Work alongside the current editor for a couple of months.

Contact *Newsletter Editor* at [editor@lisburnu3a.org](mailto:editor@lisburnu3a.org)

### MEMBERSHIP SECRETARY

Irene Davidson

**Welcome to our newest members!**

★ Donna Watters ★ Edith Greenfield ★ Evelyn Wharry ★ Irene Harper ★  
★ Stephen Taylor ★ Ruth Foster ★ Patricia Campbell ★

News/information/articles for the next edition must reach the editor before the 19<sup>th</sup> of the month

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## GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them from the 'Activity Group Leaders - Contact Details' on the last page.

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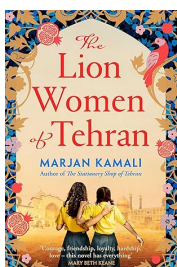
### ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

No events in July.

### BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



We read *The Lion Women of Tehran* by Marjan Kamali for our June book club.

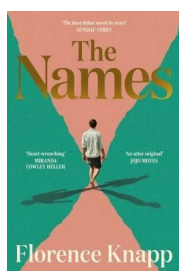
Most enjoyed the book, particularly, as it looked at the history of Iran from the days of the Shah to more recent times. It illustrated how women's role in that society has changed. This led to plenty of discussion. The group felt that the author could have gone into more detail about the politics of the time.

We all felt that the start of the book was overly long and the finish rushed.

For **July** we will be discussing **Remarkably Bright Creatures** by Shelby Van Pelt

### BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



We will meet at **10.30am** on **Tuesday 28th July** when we will discuss '**The Names**' by Florence Knapp. Can a name shape one's destiny? A mother faces a dilemma as she goes to register her baby son. Will she call him after her domineering husband, pick her own preference, or that of her daughter which the child thinks is kind and brave. The novel splits in three, as boys with each name led very different lives.

### BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



The small group of enthusiastic players are continuing to play Indoor Bowling at Kilmakee throughout the summer. They play at the familiar times of **1.45pm - 4.00 pm on Tuesdays** and **9.45 am - noon on Thursdays**, the latter being self-funding sessions. As always, players are urged to attend early to facilitate the organisation of mats and teams, in time for a punctual start to games.

**Outdoor Bowling** at Lisnagarvey is well underway now with many members enjoying the sessions at the usual times on Tuesdays and Thursdays.

### CROCHET

GROUP LEADER - JEAN RYAN

Weekly meetings take place on **Fridays 10.30-12.00 at Happy Days Lisburn**. We'll be taking our usual summer break in July and August so we finish on **Friday 26<sup>th</sup> June** and resume on **Friday 4<sup>th</sup> September**.

## FILM GROUP

**GROUP LEADER - JUDITH PRENTICE**



We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

## LET'S GO

**GROUP LEADER - GAIL POLLOCK**

July's outing will be Legends of Lisburn walking tour on **Thurs 23rd** at **11am**, cost will be **£10pp**. This is a 90 minute walk at a leisurely pace, with stops along the way.

*A tour of Lisburn, where history and legends come alive! Discover fascinating stories, including a few ghosts, and explore the rich heritage of this city. From historic landmarks to intriguing tales, including the fairy folk. Experience Lisburn like never before, tour of Lisburn, where history and legends come alive! Discover fascinating stories, including a few ghosts, and explore the rich heritage of this city.. Experience Lisburn like never before.*

<https://www.hauntedtoursni.co.uk/>

## LU3A SINGERS

**GROUP LEADER - JACQUI TOWNSLEY**

**No meetings in July.**

## NATIONAL TRUST

**GROUP LEADER - LESLEY KIRK**

**Castleward music Sunday 26<sup>th</sup> July with Lonesome George**

Live music, scenic views, and laid-back vibes in Castle Ward's historic courtyard.

[castleward@nationaltrust.org.uk](mailto:castleward@nationaltrust.org.uk)

## PAINTING FOR PLEASURE

**GROUP LEADER - TOMMY YARR**

The Group is going well but finished for the summer on **28th of April**, resuming on **8th of September 2026**. My grateful thanks to all for their support and I look forward to meeting up again in September.

## PHOTOGRAPHY GROUP

**GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES**



Our next outing will be on **Monday 6th July** to **Greyabbey** to take photos and buy lunch at a venue to be decided.

## **T'AI CHI / QIGONG**

**GROUP LEADERS - ROZ BOYCE - PAUL BOYCE - KATHLEEN INGLESTON**

Both Tai Chi/ Qigong classes have been going well this month with good attendance. Everyone has been enjoying our Tutor Michael's programme of exercises, promoting good health and well being.

Some dates for us all to remember: **Monday 22nd** and **Wednesday June 24th** complete our regular classes for June. There will be a class on **Monday 29th June** for those able to attend - from both our Monday and Wednesday classes. Let leaders know if you wish to attend and simply pay for this single lesson on the day.

Also, for both classes - we intend to meet at **Vic Ryn** after the class on **Monday 22nd June**, around **12:15 pm** for coffee and chat. Hope to see you there.

Best wishes from group leaders - Paul Boyce, Kathleen Ingleston, and Ros Boyce.

## **THEATRE & CONCERT**

**GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON**

**No bookings for July.**

## **YOGA**

**GROUP LEADERS - BRENDA PALMER - FREDA BELL**

Yoga will be taking a break in July and August. Classes with Asha will resume in September.

**WALKING GROUPS** - You Have a Choice of **Five** Walking Groups with **Five** Different Levels of Difficulty:

### **LEVEL 1: STROLLERS**

**GROUP LEADER - MARY HINE**

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

### **LEVEL 2: SATURDAY RAMBLERS**

**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

### **LEVEL 3: RAMBLERS**

**GROUP LEADERS - STANLEY PRENTICE**

We meet every Monday for a 10.30 walk start, at various locations.

To have your details added to the Ramblers database, please contact the convenor.

### **LEVEL 4: RAMBLERS PLUS**

**GROUP LEADERS - KEITH INESON - WILLIAM GRANT**

We meet on the 2nd Monday of each month at various locations for a 10.30 walk start.

### **LEVEL 5: SCRAMBLERS**

**GROUP LEADERS - JULIA SIMPSON - DARRELL MAWHINNEY**

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast u3a for these walks.

Any questions or for more information, please contact the group convener.

## LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Pat Cameron	Catering and sign in Coordinator	
Jim Maye	Committee member	

### ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Deirdre Maguire	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 = Parish Room Hillsborough Parish Church
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Lagan Valley Island Arts Centre	18 =

## LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2pm - 4pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dance Group	Every Wednesday	2pm - 3.30pm	5	Liz Murphy	
Dining Out	Occasional	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2pm - 4pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays Wednesdays	11:00 - 12:00 11:00 - 12:00	5	Kathleen Ingleston Roz Boyce Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	