

Email: info@lisburnu3a.org

Website: <https://www.lisburnu3a.org>

Charitable Status No NI103276



U3A MONTHLY MEETINGS - begin at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting is on Thursday 28th May. (sign-in from 1:40 onwards) Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. *before* the meeting **which begins promptly at 2pm.**



Don't forget to bring your own cup, or mug to the monthly meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!

For contact details of committee members and conveners *please consult the lists on the last page*

News/information/articles for the next edition must reach the editor before the 18th of the month

The speaker for May is George Busby who will give a Military History presentation entitled "Northern Ireland's Bletchley Park Connections"

Thanks to the Crochet Group who will be at the sign-in desk and will host the refreshments for the AGM this month.

MEMBERSHIP SECRETARY

Irene Davidson

Welcome to our newest members!



★ Charles and Evelyn Mashal ★ Caroline Greer ★ Dorothy Seaton ★
★ Elizabeth Smiley ★ James Maye ★ Pauline Mawhinney ★



Tea, Coffee, and Sign in duties

We require more co-operation during the monthly meetings with sign in and tea and coffee from Group Leaders and members of the groups.

Some groups are very willing to help but others are not so forthcoming or do not even bother to answer our Catering and Sign in Coordinator when she asks for assistance.

Will **all Group Leaders** please liaise with our Coordinator when she asks for assistance and answer her emails either way. It will help in the smooth running of the U3A meetings.

If all the groups would play their part, then this duty would only be required once a year, from each individual group.

Thanking you all - Rosita Storey Groups Convener.

Lisburn u3a Barbecue

The Barbecue will take place on Thursday 25th June 2026 at Lisburn Masonic Hall, Belsize Road 12.30 for 1.00pm

Cost £18.00 per member (subsidised by Lisburn u3a) or £23.00 for a spouse/partner who is a non-member. This will include the usual Barbecue food cooked by Mulhollands. Vegetarian option or special dietary requirements - please indicate when signing up.

As well as meats and sides, tea / coffee / juice / biscuits will be served.

Linda Harley will provide the entertainment.

We also hope to run a ballot during the afternoon. Tickets £1.00 per strip.

A cash bar will be available for those who wish to purchase alcoholic or soft drinks.

Payment can be made in the following three ways

At the May monthly meeting - please place cash or cheque (payable to Lisburn u3a) in an envelope with your name on the outside

By bank transfer to Lisburn u3a -With your name in the reference

To Cooperative Bank - Sort Code: 08.92.99 - Account No: 67441767

By post - send a cheque, payable to Lisburn u3a, to the Treasurer - Jane Harris, 27 Charlestown Hall Lane, Lisburn, BT28 0AH

Last day for sign up and payment is Monday 18th June 2025

Looking forward to seeing you there

YOUR U3A NEEDS YOU!



As an organisation run by the members for the members, we are asking you to consider playing your part by allowing your name to go forward at the AGM for the following Committee vacancies:

Catering & Sign-in Co-ordinator Committee Member

The *Catering & Sign-in Co-ordinator* simply has responsibility for notifying a group when it is their turn to man the sign-in desk & tea/coffee at the monthly meetings (there is a current rota for this) It is then up to the designated group to arrange for some of their members to cover the desk & kitchen. The co-ordinator just needs to ensure that there are adequate supplies for the above – any outlay is reimbursed. They would also attend the monthly Committee meeting which normally only lasts 30-45 minutes.

Committee Members simply need to attend the monthly Committee meeting to give their input on any matters arising. As our groups are generally self-supporting, the main tasks for the committee are planning and organising our annual events such as

the Christmas Party, Annual Lunch & Barbecue. Neither role is very demanding, so if you think you could help Lisburn u3a remain a thriving organisation, please get in touch!

Email Sharon Graham (Chairperson) - chair@lisburnu3a.org - before our AGM which will be held on Thursday 28th May

We really would appreciate you volunteering for either of the above vacancies

GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them from the 'Activity Group Leaders - Contact Details' on the last page.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is an outing on Friday 26th June 2026:

Meet 11.00 am at '8 South' (16-20 Ballynahinch Road, Carryduff) for coffee.

After coffee, visit Lovejoy Antiques at the Temple en route to Ballynahinch to visit Samuel's Antique Emporium followed by lunch at the Millbrook Lodge Hotel.

Non-members welcome.

BEGINNERS BRIDGE

GROUP LEADERS - FIONNUALA O'CALLAGHAN - ROSITA STOREY

Beginners Bridge is still meeting happily at Smyth Patterson's with a revised time of 2pm - 4pm every Tuesday.

Our teachers Clare and Fionnuala are starting a new beginner's class in September, and new members are welcome to join us. It is difficult to take newcomers after the classes have commenced, so get in at the start.

For more information about this please contact one of the group leaders.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



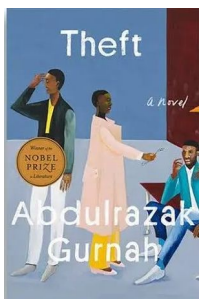
Book Group 1 read The Names by Florence Knapp.

The majority of the group enjoyed the book. A few did not finish as they found the subject matter distressing. But it did provide us with lots of interesting conversations. Some found the 'sliding doors' aspect a bit difficult to follow. The overall opinion was that it was a good read.

Next month we will be discussing 'The Lion Women of Tehran' by Marjan Kamala.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



We will meet on Tuesday 30th June at 10.30am. Our book is 'Theft' by Nobel Prize winning author Abdulrazak Gurnah, a Tanzanian-British writer born in Zanzibar who came to the UK as a refugee.

Theft is set against the background of post-colonial East Africa and Dar-Es-Salaam Tanzania and is a coming of age tale about three teenagers who bond despite growing up in different circumstances.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

Although the main indoor bowling activity finished on Thursday 30th April, a small group of enthusiastic players are continuing indoor play at Kilmakee throughout the summer. They play at the familiar times of 1.45pm – 4.00 pm on Tuesdays and 9.45 am – noon on Thursdays, the latter being self-funding sessions. As always, players are urged to attend early to facilitate the organisation of mats and teams, in time for a punctual start to games.

Outdoor Bowling at Lisnagarvey is well underway now with many members enjoying the sessions at the usual times on Tuesdays and Thursdays.

CROCHET

GROUP LEADER - JEAN RYAN



Weekly meetings take place on Fridays 10.30-12.00 at Happy Days Lisburn.

DANCE for FUN & FITNESS

GROUP LEADERS - LIZ MURPHY - PATRICIA RICKETTS



Our classes are continuing to the end of June and hopefully will resume in September.

Numbers are down due to holidays, but there are stalwarts who return week after week and enjoy the dances choreographed by Linda. We are having lots of fun.

Liz Murphy, Patricia Ricketts

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GARDEN GROUP

GROUP LEADER - JOAN HAMILTON

Visit to 2 gardens near Newry on **Friday 26th June**.

The first is to **The McKelvey Garden** Bessbrook, arriving at **11am** a small garden full of interesting plants.

Then on to **4 Ballynalack Road**, Camlough, a garden with all year-round interest.

The cost is £15 - £5 for each garden and £5 for tea/coffee etc. after 1st visit. To book your place, please contact either. - Joan Hamilton, halftownhouse@hotmail.com or Pat Cameron, patcameron148@yahoo.com

GOLF

GROUP LEADER - MARGARET CALLAN

Weekly Golf continues most **Monday mornings around 10am** at Aberdelghy Golf Course, Lambeg

Summer Golf has resumed on the 3rd Thursday of the month from May to September.

The first outing on **Thursday 21st May at 10.28am** is to Castlereagh Hills Golf Course.

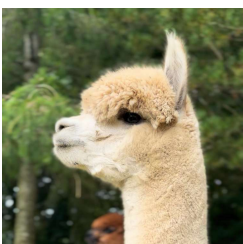
Lurgan Golf Course is being considered for the June outing on the morning of Thursday 18th.

Golf outings are organised via Whats App and everyone is welcome.

If you're interested in participating just contact Margaret and ask to be added to either, or both, golf groups

LET'S GO

GROUP LEADER - GAIL POLLOCK



May's Let's Go will be to **Ballyburren Alpacas**, for a walk with alpacas, **on Sat 27th at 1pm**, the cost will depend on how many people book as 4 alpacas have been booked for us to share.

Embark on a leisurely stroll alongside a gentle alpaca, through captivating farmland, enchanting woodland, and serene wetlands. Ballyburren is outside Ballynahinch.

<https://www.ballyburren.com/experiences/alpaca-trekking/>

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



Next meeting will be a lunch on **Friday 19th June 2026**. There will be no meetings during July and August.

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK

Summer Fete at the Argory Saturday 27th June at 11.00

There will be lawn games, swing boats, river trips, drumming and a variety of music. Come and relive your youth. National Trust members free, non NT members usual entrance fee. A sign up sheet will be at the May monthly meeting alternatively email or text Lesley Kirk. Her contact details are on the last page.

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The Group is going very well but finished for the summer on **28th of April**, resuming on **8th of September 2026**. My grateful thanks to all for their support and I look forward to meeting up again in September.

PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES

Following a very enjoyable visit to Montalto Estate our next meeting will be to Nendrum abbey on the **1st June** followed by lunch at **Daft Eddy's**

T'AI CHI / QIGONG

GROUP LEADERS - ROZ BOYCE - PAUL BOYCE - KATHLEEN INGLESTON

There are now two well supported Tai Chi/Qigong classes. All those attending are enjoying the exercises from our tutor Michael, focusing on balance, stability and muscle strengthening. Classes will run until **Monday 22nd June** and **Wednesday 24th June**, (dates to be confirmed) with our summer break throughout July and August.

Classes will recommence on **7th and 9th September**.

YOGA

GROUP LEADERS - BRENDA PALMER - FREDA BELL

Yoga classes continue on **Wednesdays from 4pm - 5pm** and **Thursdays from 11am - 12**

We have a full complement in both classes at the moment but we are happy to place anyone interested on our waiting list.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON



A Night at the Proms, Lagan Valley Island, on **Thursday 28th May 2026 at 7.30 pm**
Booking closed - tickets available at June meeting or at LVI on the night.

Please send photos of your activities to the Photo Supplement Editor, Darrell Mawhinney
photosupplement@lisburnu3a.org

Do not send them to the newsletter editor.

WALKING GROUPS - You Have a Choice of **Five** Walking Groups with **Five** Different Levels of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADERS - STANLEY PRENTICE

We meet every Monday for a 10.30 walk start, at various locations.
To have your details added to the Ramblers database, please contact the convenor.

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

We meet on the 2nd Monday of each month at various locations for a 10.30 walk start.

LEVEL 5: SCRAMBLERS

GROUP LEADERS - JULIA SIMPSON - DARRELL MAWHINNEY

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.
We join up with our fellow Scramblers from Belfast u3a for these walks.
Any questions or for more information, please contact the group convener.

Group Leaders please note:- News/information/articles for the next edition must reach the editor before the 18th of the month .

Editors Comment.

The newsletter exists, mainly due to the group leaders who regularly contribute to it.

My grateful thanks go to our regular contributors -:

Jacqui Townsley	Antiques; Singers and Theatre Groups
Hilary Preston	Book Group 1
Joan Bryson	Book Group 2
Bill Ingleston	Bowling
Jean Ryan	Crochet
Gail Pollock	Let's Go
Lesley Kirk	National Trust
Tommy Yarr	Painting
Kathleen Ingleston	T'ai Chi
Brenda Palmer	Yoga

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Brenda Palmer	Catering and sign in Coordinator	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Deirdre Maguire	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 = Parish Room Hillsborough Parish Church
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Lagan Valley Island Arts Centre	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2pm - 4pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dance Group	Every Wednesday	2pm - 3.30pm	5	Liz Murphy	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2pm - 4pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays Wednesdays	11:00 - 12:00 11:00 - 12:00	5	Kathleen Ingleston Roz Boyce Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson	
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	