

Email: info@lisburnu3a.org

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Charitable Status No NI103276



U3A MONTHLY MEETINGS - begin at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting is on Thursday 30th April. (sign-in from 1:40 onwards) Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. *before* the meeting which begins promptly at 2pm.

Don't forget to bring your own cup, or mug to the monthly meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!



For contact details of committee members and conveners *please consult the lists on the last page*

News/information/articles for the next edition must reach the editor before the 19th of the month

The Speaker for the April meeting is Helen Keating who will be talking about the Air Ambulance Service

Thanks to the Bowling Group who will be at the sign-in desk & will host the refreshments this month.

MEMBERSHIP

Irene Davidson

Welcome to our newest members!

★ Anne Haire ★ Christine McMullan ★ Christine Lyburn ★ Eric Thompson ★
★ Jacquie Carlisle ★ Jim & Heather Fleming ★ May Young ★
★ Michael O'Sullivan ★ Pauline McBrien ★ Tricia McKibben ★

Membership Fee Renewals

Just to remind everyone that the membership fee, was due for renewal on **1st April**, and has increased to **£25** this year. Please note that Lisburn u3a have changed their bank account, see details below.

Payment can be made in one of three ways:

Bank Transfer: Lisburn u3a **Sort code 08:92:99 Account No. 67441767 Ref: Your name**

By post:

Send a cheque, payable to Lisburn u3a, to Jane Harris, 27 Charlestown Hall Lane, Lisburn, BT28 0AH

Standing Order: Lisburn u3a **Sort code 08:92:99 Account No. 67441767 Ref: Your name**

If you pay by standing order, please check that the bank details and amount have been updated.

AS YOU ARE ALL PROBABLY AWARE THE AGM OF LISBURN U3A IS COMING UP AT THE END OF MAY. AS AN ORGANISATION RUN BY THE MEMBERS FOR THE MEMBERS WE ARE NOW ASKING YOU TO CONSIDER PLAYING YOUR PART BY ALLOWING YOUR NAME TO GO FORWARD FOR THE NEXT COMMITTEE.

FOR LISBURN U3A TO FUNCTION WE NEED YOU TO CONSIDER PLAYING YOUR PART. IF YOU WOULD LIKE MORE INFORMATION YOU CAN SPEAK TO ANY COMMITTEE MEMBER

There are vacancies for the posts of -:

Catering & Sign in Coordinator and Garden Group Leader or assistant leader.

APRIL COLOUR SUPPLEMENT

Unfortunately no Photo Supplement was published this month; this was because **no photographs from any activity group were sent to the Colour Supplement Editor**. Please send us photos, and show us what is going on in your activity, send them to photosupplement@lisburnu3a.org

Please send in your Photos.

Dates for you diary - Our AGM will be on Thursday 28th May

Our annual **BBQ** is on **Thursday June 25th** at the Masonic Hall on the Belsize Road.

Riviera Travel - Please let Riviera know that you are a member of Lisburn U3A if you book a holiday with them; then we receive a donation from them after the holiday.

Last month's competition -: the question was in the Newsletter. **What is in the Sky Tonight**
Answer 'Stars' {I would have accepted Orion or Taurus, or even Artemis II}



Well done to Lesley Kirk, who managed to find the question, but sadly not the answer.

GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them from the 'Activity Group Leaders - Contact Details' on the last page.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Next meeting will be **Wednesday 13th May 2026 at 7.30 pm** in Hillsborough Village Centre.

As we had to cancel April's meeting at short notice (apologies to all who came along), we hope to watch the video about Aurora's **Vintage Weekend in Northern Ireland** - Aurora is Italian and spends her weekends hunting for antiques and collectables all over Europe - this episode records her trip "hunting for vintage and sightseeing" in Northern Ireland. So, if you have any antique or vintage items from "Norn Iron" please bring them along!

Everyone welcome - non-group members £3.00.

BEGINNERS BRIDGE

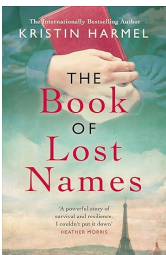
GROUP LEADERS - FIONNUALA O'CALLAGHAN - ROSITA STOREY



Beginners Bridge is still meeting happily at Smyth Patterson's with a **revised time of 2pm - 4pm every Tuesday**. Our teachers Clare and Fionnuala are starting a **new beginner's class in September**, and new members are welcome to join us. It is difficult to take newcomers after the classes have commenced, so get in at the start. For more information about this please contact one of the group leaders.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



We met on 2nd April to discuss **The Book of Lost Names** by **Kirsten Harmel**.

Despite it being a smaller than usual group this month there was still plenty of discussion.

We agreed that the book was good historically and geographically but we felt that the romance and twee ending were unnecessary. The discussion then broadened to talk about family expectations, especially about religion and customs and mixed religion marriages.

We also talked about resistance movements, protests against oppression and if we would be brave enough to participate. We had a very enjoyable afternoon.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



Our May meeting is on **Tuesday 26th at 10:30** our book is '**I Hope this Finds You Well**' by **Natalie Sue**.

An office worker hates her job and despises her co-workers. Although she leads a lonely life she makes no attempt to get to know them. Initially horrified when a computer glitch gives her access to everyone's personal emails she realises that such knowledge brings power. This book is said to be clever, funny, and bittersweet.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

Hopefully you all had a most enjoyable time during the Easter break. Indoor bowling continues at Kilmakee Activity Centre, with well-supported games at **1.45 pm - 4.00 pm on Tuesdays** and at **9.45 am - noon on Thursdays**.

As usual, players are urged to attend early to facilitate the organisation of mats and teams, in time for a punctual start to games.

Huge thanks go to Eamonn and Jane for organising the bowling sessions during February, March and April.

Indoor bowling is going to finish on **Thursday 30th April**, with **outdoor bowling** commencing on **Tuesday 5th May**.

A few bowlers have expressed an interest in continuing the indoor bowling during the summer break. If so, those wanting to bowl on Tuesday afternoons will need to find an organiser from within their group, as the current organisers will not be available.

Eamonn has kindly agreed to organise the **Thursday morning indoor bowls at 09.45** during the summer months.

GOLF

GROUP LEADER - MARGARET CALLAN

Weekly Golf continues with Monday morning practice rounds at Aberdelghy Golf Course, Lambeg

Summer Golf resumed in April. A 'Fixtures List' for summer 2026 will be agreed soon so join the WhatsApp Group if you want a say in when and where we go

LET'S GO

GROUP LEADER - GAIL POLLOCK



The Let's Go May visit will be a tour of **Parliament Buildings** on **Wednesday 20th May** at **2pm**.

<https://www.niassembly.gov.uk/visit-and-learning/visit/>

Discover the history and heritage of Parliament Building, and find out about the work of the Northern Ireland Assembly, tours last approx **45mins**. This is a **FREE event** and there is free parking on the estate. There is also the opportunity to have lunch in the Members' Dining Room beforehand.

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



You will find us in the Rock Rehearsal Room at Lagan Valley Island Arts Centre, Lisburn and our new venue is really great! **Meetings in May will be Friday 8th and Friday 22nd May 2026 at 2.00 pm.**

Come early (*coffee dock closes at 2.00 pm*) and have a coffee in the Coffee Dock in the foyer at Lagan Valley Island.

We look forward to seeing new members - just come along on the day and you will be very welcome.

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The Group is going very well but will finish for summer on **28th of April**, resuming on **8th of September 2026**.

My grateful thanks to all for their support and I look forward to meeting up again in September.

PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES



Our next Photographic visit is on **Monday 4th May** to **Montalto Estate** for their special May event. We are meeting at 11am followed by lunch at the estate.

New members are always welcome.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON



Both our Monday class and Wednesday class are running well. We have a few new faces joining the Wednesday class this month. Our Tutor, Michael Mac Bean continues to concentrate on the **Qigong** element of T'ai Chi focusing on movements and exercises to build strength, mobility, and balance. At present both classes have a full quota, but we will place anyone interested on a waiting list and as spaces become available we will be in contact.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

A Night at the Proms, Lagan Valley Island, on Thursday 28th May 2026 at 7.30 pm

Join **Lisburn Community Orchestra** for a spectacular Night at The Proms. An evening of stirring music, rousing classics, and unforgettable melodies performed live by a talented local orchestra. From beloved orchestral favourites to the traditional Proms atmosphere you know and love, this promises to be a wonderful night of music and celebration for all ages. Come along, wave your flags, and enjoy a fantastic evening of live orchestral music!

Tickets £10: concession £8. Closing date for bookings Monday 4th May 2026

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL

Yoga classes continue on **Wednesdays 4pm - 5pm** and on **Thursdays 11am - 12**

We have a full complement in both classes at the moment but we are happy to place anyone interested on our waiting list.

WALKING GROUPS - You Have a Choice of **Five** Walking Groups with **Five** Different Levels of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADERS - STANLEY PRENTICE

We meet for an ordinary Ramble which takes place on the second Monday of each month. To have your contact details added to the Ramblers' database please contact the convener.

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

LEVEL 5: SCRAMBLERS

GROUP LEADERS - JULIA SIMPSON - DARRELL MAWHINNEY

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast U3A for these walks.

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Brenda Palmer	Catering and sign in Coordinator	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Deirdre Maguire	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 = Parish Room Hillsborough Parish Church
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Lagan Valley Island Arts Centre	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4 pm 09:45 am - 12	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2pm - 4pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dance Group	Every Wednesday	2pm - 3.30pm	5	Liz Murphy	
Dining Out	Occasional	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2pm - 4pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	