

Email: info@lisburnu3a.org

Website: <https://www.lisburnu3a.org>

Charitable Status No NI103276



U3A MONTHLY MEETINGS - begin at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting is on Thursday 26th March. (sign-in from 1:40 onwards) Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. *before* the meeting which begins promptly at 2pm.



Don't forget to bring your own cup, or mug to the monthly meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!

For contact details of committee members and conveners *please consult the lists on the last page* News/information/articles for the next edition must reach the editor before the 19th of the month

The Speaker for the March meeting is Karl Dillon a member of the Lisburn City Neighbourhood Policing Team who will be giving us advice and tips on Crime Prevention.

Thanks to the Beginners Bridge Group who will be at the sign-in desk & will host the refreshments this month.

Riviera Travel - Please let Riviera know that you are a member of Lisburn U3a if you book a holiday with them; then we receive a donation from them at the end of the year.

Membership Fee Renewals

Just to remind everyone that the membership fee, due for renewal on **1st April**, has increased to **£25** from this year, and also that Lisburn u3a have changed their bank account.

Payment can be made in one of three ways:

Bank Transfer: Lisburn u3a **Sort code 08:92:99 Account No. 67441767 Ref: Your name**

By post:

Send a cheque, payable to Lisburn u3a, to Jane Harris, 27 Charlestown Hall Lane, Lisburn, BT28 0AH

Standing Order: Lisburn u3a **Sort code 08:92:99 Account No. 67441767 Ref: Your name**

If you pay by standing order, please check that the bank details and amount have been updated.

GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them from the 'Activity Group Leaders - Contact Details' on the last page.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Next meeting will be **Wednesday 8th April 2026 at 7.30 pm** in Hillsborough Village Centre.

We will be watching a video about Aurora's Vintage Weekend in Northern Ireland - Aurora is Italian and spends her weekends hunting for antiques and collectables all over Europe - this episode records her trip "hunting for vintage and sightseeing" in Northern Ireland.

So, if you have any antique or vintage items from "Norn Iron" please bring them along!

Everyone welcome - non-group members £3.00.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



Book Club 1 read '**A Bird in Hand**' for our March meeting in a member's home. There was general agreement that this was one of Ann Cleeves worst books that we have ever read. The characters were difficult to like or to distinguish between. The plot, if there was one did not make much sense. The twitchers and ringers became tedious as did the bird sightings.

Next month we will be discussing '**The Book of Lost Names**' by **Kirsten Harmel**.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



Our April meeting is on **Tuesday 28th at 10.30am**. As spring arrives our book is '**The Land in winter**' by **Andrew Miller**. Many of you will remember the terrible winter of 1962/63 when blizzards and low temperatures paralysed the country for weeks. The impact on the rural West Country provides the backdrop to this book where two married couples forge a friendship. Both women are pregnant; both men are prominent in the local community. The isolation and pressures of the lockdown force tensions to the surface in both community and relationships precariously balanced between history and the future.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



Indoor bowling continues at Kilmakee Activity Centre, with well-supported games at 1.45 pm - 4.00 pm on Tuesdays and at 9.45 am - noon on Thursdays. Exceptionally, there will not be any games on **Easter Tuesday, 7th April**, when Kilmakee will be closed for the holiday.

As usual, players are urged to attend early to facilitate the organisation of mats and teams, in time for a punctual start to games.

DANCE for FUN & FITNESS

GROUP LEADERS - LIZ MURPHY - PATRICIA RICKETTS



The first session of 'Dancing for Fun' ran for 6 weeks from 14th January to 18th February. There were about 24 plus participants each week and everyone enjoyed the variety of dances. Some were easier than others; there was a lot of laughter.

The second session started on **11th March**. A number of participants from the first session have returned as well as some new members.

Many thanks go to Linda, a U3A member who is taking the class.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GOLF

GROUP LEADER - MARGARET CALLAN

Weekly Golf continues with Monday morning practice rounds at Aberdelghy Golf Course, Lambeg

Summer Golf will resume in April. Several local courses have been played in recent years - Lurgan, Edenmore, Down Royal. A 'Fixtures List' for summer 2026 will be agreed soon so join the WhatsApp Group if you want a say in when and where we go

LET'S GO

GROUP LEADER - GAIL POLLOCK



April's Let's Go will be to the **Armagh Planetarium on Thurs 23rd at 2pm**, cost is **£7pp** for the digital dome show followed by a guided tour of their exhibition. The dome show explores the wonders of the night sky this winter! Journey through dazzling constellations including Orion and Taurus. Learn their fascinating stories in this live, presenter-led show. <https://armagh.space/planetarium>

The Observatory - featuring a number of historic telescopes is both a beautiful Georgian building and an active research facility, so it can be admired from the outside, but it is only open to the public on scheduled tours

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR

The painting group resumed on the **13th January 2026** - New members are always welcome.

PHOTOGRAPHY GROUP

GROUP LEADERS - KEITH INESON - WILLIAM GRANT - IAIN JAMES

Our first outing of the year will be to **Belfast** on **Monday 6th April** when we will take the "hop on / off bus tour". We plan to **hop on** and then **hop off** to take photos at various venues around the city.

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



WE HAVE MOVED - The Singing Group will meet in the **Rock Rehearsal Room**, Lagan Valley Island Arts Centre, at **2.00 pm - 4.00 pm** and, from now on, **every alternate Friday Meetings in April will be Friday 10th and Friday 24th April 2026 at 2.00 pm.**

Come early and have a coffee in the Coffee Dock in the foyer at Lagan Valley Island. (Coffee dock closes at 2.00 pm)

New members are very welcome - no auditions necessary! The room is soundproof, so we can make as much noise as we like - preferably musical. Plenty of parking available.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

Both our Monday class and Wednesday class are running well. At present each class has a full quota. We shall contact those on our waiting list if there are any changes.

We are enjoying health benefits from these classes, as our tutor, Michael Mac Bean continues to give us interesting exercises to build up strength, mobility and balance. There will be no classes, during the Easter week. We shall resume again on **Monday 13th April. Happy Easter to you all!**

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL

Yoga continues with Asha our instructor, on **Wednesdays 4 pm - 5 pm** and **Thursdays 11 am - 12 pm**.

We have a full complement in both classes at the moment but we are happy to place anyone interested on our waiting list. Brenda

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

DEATH ON THE NILE - Grand Opera House, **Wednesday 29th April at 2.30 pm**.

Closed - *tickets available at next meeting or the theatre on the day.*

WALKING GROUPS - You Have a Choice of **Five** Walking Groups with **Five** Different Levels of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADERS - STANLEY PRENTICE

We meet for an ordinary Ramble which takes place on the second Monday of each month
To have your contact details added to the Ramblers' database please contact the convener.

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

LEVEL 5: SCRAMBLERS

GROUP LEADERS - JULIA SIMPSON - DARRELL MAWHINNEY

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast U3A for these walks.

Any questions or for more information, please contact the group convener.

This month's competition -> the question is in this Newsletter.

This time the answer is easy; you only have to look for it.

Information Technology - problem with your Laptop, iPad, phone, or just can't understand computer terminology, then one of these websites might help.

<https://abilitynet.org.uk/free-tech-support-and-info>

<https://www.computerhope.com/oh.htm>

<https://www.computerhope.com/jargon.htm>

<https://www.dataprise.com/it-glossary/>

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Brenda Palmer	Catering and sign in Coordinator	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Deirdre Maguire	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 = Parish Room Hillsborough Parish Church
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Lagan Valley Island Arts Centre	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2 - 3:45pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dance Group	Every Wednesday	2pm - 3.30pm	5	Liz Murphy	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	