



Email: info@lisburnu3a.org

Website: <https://www.lisburnu3a.org>

Charitable Status No NI103276

U3A MONTHLY MEETINGS - beginning at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre, 69 Drumbeg Drive, Old Warren.

The next meeting is on Thursday 27th November. (sign-in from 1:40 onwards) Remember to arrive early enough to sign in (for insurance reasons) and sign up for activities, pay fees etc. ***before the meeting which begins promptly at 2pm.***

Remember to bring your cup, complimentary refreshments are served before the meeting starts.



Lisburn U3A Christmas Party

MONDAY 15th December 2025 at 2pm

Masonic Hall, Belsize Road, Lisburn

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The December monthly meeting is our annual Christmas party  
(please note this is on a Monday rather than the usual Thursday)

with festive food and entertainment from Norman Houston

This is a free event for members but please let us know, for catering purposes, if you will be coming along

There will be a sign-up sheet at the November meeting or please email

[membership@lisburnu3a.org](mailto:membership@lisburnu3a.org)

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We look forward to seeing you there



The Speaker for the November meeting is Karl Dillon who is a member of the Lisburn City Neighbourhood Policing Team (NPT)

Thank you to the **Saturday Ramblers** who will be at the sign-in desk and hosting the refreshments this month.

Welcome To The Following New Members

Allyson Greer, Anna Beggs, Francis Drake, Hilary Withers, Joyce Dunlop & Judy Cinnamond

Lisburn U3A Anniversary Lunch - Dunmurry Golf Club

Thursday 29th January 2026 - 12.30 for 1.00pm

Cost £27 (which includes tip) - to be paid in advance



Starters

Soup of the Day with warm baked breads (gf available)
Chicken Tempura on dressed leaves & sweet chilli dressing
Salt & Chilli Tiger Prawns on a dressed leaf salad with chilli jam (gf)

Mains

Daube of Beef with Yorkshire Pudding & pan roast gravy (gf)
Roast Stuffed Turkey & Ham with cranberry sauce (gf available)
Oven baked Fillet of Salmon with a Saffron Cream sauce (gf available)
Roasted Mediterranean Vegetable Stir-fry (gf. V.)

Main course served with seasonal vegetables & chef's potatoes

Desserts

Mixed Berry Pavlova with Chantilly cream & mixed berry coulis (gf)
Chocolate Brownie with chocolate sauce & vanilla ice cream
Bailey's Cheesecake with mixed berry coulis & fresh cream
Tea, coffee & Dinner Mints to finish

Please advise any special dietary requirements.

Names, menu choices & payment can be given at the November or December monthly meeting.

**IT WOULD BE APPRECIATED IF MEMBERS COULD PLACE THEIR PAYMENT & MENU CHOICES IN AN ENVELOPE
CLEARLY MARKED WITH THEIR NAME**

If you are unable to attend either the November or December meeting places can be booked by either posting name, menu choices & a cheque (payable to Lisburn U3A) to: Jane Harris, 27 Charlestown Hall Lane, Lisburn, BT28 0AH - Or by emailing menu choices to treasurer@lisburnu3a.org and making payment online to the U3A bank account - Sort Code: 08.92.99 Account No. 67441767

When making a payment on Online Banking you may get an error message "details do not match" - this is due to an I.T. error with Co-op Bank. Providing you have entered the details correctly, it is perfectly safe to override the warning and complete your payment.

GROUP LEADER UPDATES

If the group activity you are interested in, has not written anything for the 'Group Leader Updates' which follow, then you can contact them directly from the 'Activity Group Leaders - Contact Details' on the last page.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

No meeting in December, our next meeting will be **Wednesday 14th January 2026 at 7.30 pm** in Hillsborough Village Centre.

BEGINNERS BRIDGE

GROUP LEADERS - FIONNUALA O'CALLAGHAN - ROSITA STOREY

The time for Beginner's Bridge has changed for the winter. It is now 1.30pm to 3.30pm.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our December meeting is focused on our Christmas Lunch but we will also be discussing John Grisham's 'Skipping Christmas'. A middle aged couple from small town America are tired of the hustle and bustle and expense of Christmas and decide to go on a cruise instead. Things don't go according to plan and they can't escape the censor of their fellow townsfolk!

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



Play continues at Kilmakee Activity Centre with games at 1.45 pm - 4.00 pm on **Tuesdays** and at 9.45 am - noon on **Thursdays**. Players are urged to attend early to facilitate the organisation of mats and teams in time for a punctual start to games.

October saw a number of our members travel south to participate in the bowling competition week in **Westport**. They had the added pleasure of former LU3A member, Jean Needham, return from her home in England to join them. As always, they applied their utmost commitment and skill to their bowling but, sadly, achieved only one winner. Against top level opponents, Vi Shannon achieved a very creditable third place.

However, despite the lack of bowling prizes, our members excelled in the social side of the tournament. Had there been a prize for 'craic' and laughter they would surely have been in the running for top prize.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

LET'S GO

GROUP LEADER - GAIL POLLOCK

There'll be no Let's Go in December as people tend to be busy. Have a very happy and merry Christmas and a happy new year. See you then. Gail.

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK



Get in the Christmas spirit by visiting the **Rowallane Yuletide Market** on **Saturday 13th December**.

There will be stalls in the stable yard and local choirs performing. Santa may even be wandering round the gardens. Aiming to **be at Rowallane for 11.30**.

Contact Lesley by Friday 12th December or sign up at the monthly meeting if you would like to go.

More information at the Website, see link below.

<https://www.nationaltrust.org.uk/visit/northern-ireland/rowallane-garden/christmas-at-rowallane-garden>



PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR



The painting group will stop on 25th November for the Christmas break and resume on the 13th January 2026. Wishing everyone a happy Christmas and New Year.

LU3A SINGERS

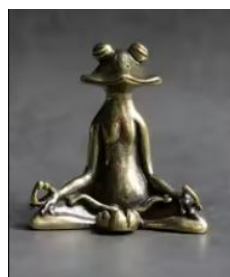
GROUP LEADER - JACQUI TOWNSLEY



Friday 12th December 2025 - Christmas Lunch - booking at next meeting on Friday 21st November 2025. Meetings continue next year from Friday 23rd January 2026.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON



All proceeding well at our Tai Ch/ Qi Qong classes.

We continue through November and then until **Monday 15th December**.

Our restarting date after the Christmas / New Year Break will be **12th January 2026!**

Very best wishes to all of you over the Christmas holidays and into the New Year.

From Paul and Kathleen.

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL



Yoga continues on Wednesdays 4-5pm and on Thursdays 11am-12pm

We are at full complement at the moment but are happy to put names on our waiting list for anyone interested in joining us.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

A Night of Christmas Music - Ulster Hall, Belfast, Saturday 6th December 2025 at 7.30 pm

Booking closed – tickets available at November meeting or at the concert.

Goldilocks and the Three Bears - Lagan Valley Island, Thursday 11th December 2025 at 7.00 pm

Booking closed - tickets available at November meeting or at the Panto.

A Christmas Carol - Lyric Theatre, Saturday 10th January 2026 at 2.30 pm

With an incredible ensemble cast using the pure magic of theatre to create the sounds, music, characters and settings of Victorian Belfast - A Christmas Carol will take you on an unforgettable journey, so add a little magic to your festive season with a visit to the Lyric.

Tickets £40 pp. Closing date for booking Monday 1st December 2025.

WALKING GROUPS - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks / Scramblers take place every Thursday, predominantly in the Mourne.

We join up with our fellow Scramblers from Belfast u3a for these walks.

Any questions or for more information, please contact the group convener .

Please Note -: from **January 2026** Membership fees increase to **£25** per year. This is the first increase in membership fees since our formation in 2011.

Last month's Quiz

The answers were

- 1/ **Byzantium**
- 2/ **Constantinople**
- 3/ **Kostantiniyye**
- 4/ **Tsarigrad**
- 5/ **Stambol**
- 6/ **Istanbul**

An ancient Greek city on the Bosphorus: founded about 660

After Constantine the Great who moved the capital of the Roman Empire there. is the name by which the city came to be known in the Islamic world, it is the Arabic of Constantinople.

Tsarigrad is a historical Slavic name for Constantinople

Stambol is a shortened form of the historical name for the city of Istanbul is the largest city in Turkey. It was the capital of both the Byzantine Empire and the Ottoman Empire. - Today **Ankara** is the capital of Turkey.

Congratulations to **Chris Pridgen** who was the first to reply with the correct answer. Chris wins the surprise prize, which is a years free subscription to the Lisburn U3A newsletter.

Correct answers also came from **Glenys Stevenson; Elizabeth Harvey; Margaret Walker** and **Noeleen Devaney** unfortunately Noeleen was disqualified for calling me 'Edna' {[Ed. is short for Editor](#)} An almost half correct answer was submitted by **Judy Prentice**, *but she was disqualified for arguing with the editor.*

Thanks to all the people who responded to the quiz.

This month's Quiz - What is this building called ?



Clue 1/ - it is both rural and feminine

Clue 2/ - a tiny country cottage, but not found here.

Clue 3/ - It is not made of Gingerbread

Clue 4/ - you might know it, if you watched the TV series "Gentleman Jack"

The answer to this one relies on your knowledge, not your ability to use Google or Chatgpt.

No prizes this month, but lots of kudos if you get it right.

COMMITTEE MEMBERS - CONTACT DETAILS

NAME	POSITION	MOBILE	EMAIL
Sharon Graham	Chairperson	07793 186 599	chair@lisburnu3a.org
Rosita Storey	Vice Chairperson	07894 068 674	vicechair@lisburnu3a.org
Rosita Storey	Convener of Group Leaders	07894 068 674	groupsconvener@lisburnu3a.org
Jane Harris	Treasurer	07980 291 720	treasurer@lisburnu3a.org
Edna Elliott	Administrative Secretary	07732 850 899	info@lisburnu3a.org
Irene Davidson	Membership Secretary	07742 305 260	membership@lisburnu3a.org
Derek Elliott	Speakers	07710 971 172	speakers@lisburnu3a.org
Brenda Palmer	Catering and sign in Coordinator	07866 762 802	rhyleysgranny@icloud.com

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Deirdre Maguire	Webmaster		webmaster@lisburnu3a.org
Ray Fillmore	Newsletter Editor	07436 278 697	editor@lisburnu3a.org
Darrell Mawhinney	Photo Supplement	07974 505 852	photosupplement@lisburnu3a.org

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 =
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

ACTIVITY GROUP LEADERS - CONTACT DETAILS

GROUP	Day	Time	Venue	Group Leader	Tel.	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	02892682638	jacquitownsley@btinternet.com
Archery	Every Tuesday	10:00am	1	John Sell	07726336092	johnsell1712@gmail.com
Badminton	Every Wednesday	10:30am	2	Laura Molloy	07895034359	lclmu3a@btinternet.com
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	07977777005	hilaryepreston@icloud.com
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	07821631868 02892673812	joanbryson15@yahoo.com
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	07712331286 02892678004	fraserandrewshannon@gmail.com inglestonwilliam@gmail.com
Bowling Outdoor Seasonal Summer	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	10	Fraser Shannon Bill Ingleston	07712331286 02892678004	fraserandrewshannon@gmail.com inglestonwilliam@gmail.com
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	02892674517 02892669189	ivy24long@gmail.com jbolam189@btinternet.com
Bridge Beginner	Every Tuesday	1:30pm 3:30	12	Fionnuala O'Callaghan Rosita Storey	07787384466 07894068674	fionnuala10@hotmail.co.uk rosian@aol.com
Crochet	Every Friday	10:30am	6	Jean Ryan	02892688438	jeancaryan@yahoo.co.uk
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	02892677239	norma.patterson1@gmail.com
Film Group	Most alternate Tues	Evening	8	Judith Prentice	07745137192	judith_prentice@yahoo.co.uk
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	07843620573 07964794048	pgboyce21@gmail.com halftownhouse@hotmail.com
Golf	Most Mondays	Varied	8	Margaret Callan	07768023355	margaretcallan1@gmail.com
Let's Go	Occasional	Varied	8	Gail Pollock	Email Only	gpollock71@gmail.com
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	02892682638	jacquitownsley@btinternet.com
National Trust	Varied	Varied	8	Lesley Kirk	07833575735	lesley_pk@msn.com
Painting	Every Tuesday	10:30am	3	Tommy Yarr	07720442496	t.yarr@btinternet.com
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	07837931894 07796552900 07887490594	keithineson@gmail.com williamgrant9370@gmail.com iainfjames@gmail.com
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	07776480207 07828711683	lyndaab45@gmail.com bprimrose@btinternet.com
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	02892682187	neville_hicks@hotmail.co.uk
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	07761260136 07843620573	kathingleston@gmail.com pgboyce21@gmail.com
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	02892682638 02892689263	jacquitownsley@btinternet.com kathleenrobinson41@icloud.com
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	07866762802 07753177620	rhyleysgranny@icloud.com fredabellwilliams@yahoo.co.uk
Walking Groups - In increasing levels of difficulty						
Strollers	Every Monday	10:15am	8	Mary Hine	Email Only	mary.52@btinternet.com
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	Email Only	colvingil@aol.com
Ramblers	Every Monday	10:30am	8	Stanley Prentice	07759254422	lu3aramblers@gmail.com
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	07837931894 07796552900	keithineson@gmail.com williamgrant9370@gmail.com
Scramblers	Every Thursday	09:30am	8	Julia Simpson Darrell Mawhinney	07792785731	lu3ascramblers@gmail.com