

Email: info@lisburnu3a.org
Website: <https://www.lisburnu3a.org/>

Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page

June Meeting - Lisburn u3a Barbecue

The Barbecue will take place on Thursday 26th June 2025 at Lisburn Masonic Hall, Belsize Road 12.30 for 1.00pm

Thanks to the Beginners Bridge group who will be at the sign-in desk and will host the Tea and Coffee at the barbecue

Date for your Diary - 31st July 2025 Monthly Meeting. Please note: We will return to Laganview Enterprise Centre for the July and subsequent meetings.

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting will be on **Wednesday 10th September 2025** – in the meantime have a great summer!

BOOK GROUP 1

GROUP LEADER – HILARY PRESTON



We met in a member's home with the usual wonderful catering. We discussed Ann Cleeves book 'The Heron's Call'. We all thoroughly enjoyed the book which was the middle of a trilogy. Most people had gone on to read the other 2 books. There was plenty to discuss about the characters in this book.

Next month we will be discussing Kristin Hannah's book 'The Women'.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON

The outdoor bowling season continues at Lisnagarvey Greens, with play at 1.45 pm - 4.00 pm on Tuesdays and at 9.45 am – noon on Thursdays. A well-founded rumour suggests that the ladies consistently win when playing against the men. The weather has been mixed and some less hardy types have been seen, on occasions, to join the indoor bowlers at Kilmakee Activity Centre, playing at 1.45 - 4.00 pm on Tuesday and at 9.45 am – noon on Thursdays.

CROCHET

GROUP LEADER - JEAN RYAN



Weekly meetings take place on Fridays 10.30 - 12.00 until **Friday 27 June**, when we'll be taking our usual summer break. We hope to recommence on **Friday 5 September**. **As this group is full and we are currently unable to welcome new members, we feel there is sufficient interest to warrant the setting up of a second crochet or craft group within Lisburn U3A.**

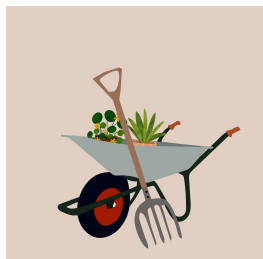
FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GARDEN GROUP

GROUP LEADERS - PAUL BOYCE - JOAN HAMILTON



Garden visit to The Straits, Lisbane, at 2pm on 25 July Cost for garden £5. Tea & coffee are not provided by garden but we can have this in the Old Post Office which is not far from the garden. Contact Joan Hamilton or Paul Boyce to put your name on the list.

LET'S GO

GROUP LEADER - GAIL POLLOCK



For our next trip we are hoping to visit The Downpatrick and County Down Railway Society. Detail of time and date will follow when available.

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY

No more meetings until September – have a great summer!
(Dates for your diary Friday 12th and Friday 26th September 2025)

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK

Castleward meadows walk with the rangers Friday 4th July 2.00 - 4.00

A special guided walk through the diverse meadows of the Temple Water area beginning at the Farmyard, going through the landscapes of Robin's Pond and Broadmeadow. Learn about the vital role meadows play in supporting wildlife and discover how they are managed and protected all year-round. You'll also hear of the fascinating history of the Temple Water landscape and see a transect demonstration showing how plant species and habitat health are monitored.

****This event needs to be booked so please contact Lesley by email or text asap****

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON



This session of Tai Chi classes for us is stopping on **Monday 23rd June**. We shall have a Summer break and intend to recommence in September - Monday 8th September (date to be confirmed.)

To tutor and students best wishes for an enjoyable holiday.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

The Importance of being Earnest - LyricTheatre, Thursday 19th June 2025 at 2.30 pm

Booking closed. Tickets available from me at the theatre - Jacqui

YOGA

GROUP LEADERS - BRENDA PALMER - FREDA BELL

Yoga will be taking a break during July and August but will resume classes in September. Anyone interested in joining us can contact Freda or myself.

WALKING GROUPS - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays but our walks are always subject to weather conditions. Contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mournes.

We join up with our fellow Scramblers from Belfast u3a for these walks.

Any questions or for more information, please contact the group convener .

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Sharon Graham	Chairperson	Info@lisburnu3a.org
Rosita Storey	Vice Chairperson	
Rosita Storey	Convener of Group Leaders	
Jane Harris	Treasurer	
Edna Elliott	Administrative Secretary	
Irene Davidson	Membership Secretary	
Derek Elliott	Speakers	
Brenda Palmer	Catering and sign in Coordinator	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 = Bridge Community Centre
5 = Laganview Enterprise Centre, Lisburn	14 =
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	13	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	2pm - 3:45	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	