

Email: [info@lisburnu3a.org](mailto:info@lisburnu3a.org)  
Website: <https://www.lisburnu3a.org/>

Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page  
**The next meeting is on Thursday 24<sup>th</sup> April** at 69 Drumbeg Drive, Old Warren - Remember to arrive early enough to sign in, for insurance reasons and sign up for activities, pay fees etc. **before** the meeting which begins **promptly at 2pm** U3A MONTHLY MEETINGS – are held at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre.

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**April Meeting LAGANVIEW ENTERPRISE CENTRE at 2.00pm  
Thursday 24<sup>th</sup> April 2025.**

**We will welcome our Speaker - Anthea McWilliams – Born to Prance !**

Anthea is a Lisburn based contemporary dance practitioner who celebrated her 50<sup>th</sup> birthday dancing the length of Ireland, north to south, over three months in 2008. As much as to set herself a challenge she undertook this personal pilgrimage single-handedly - just her and Dreamfinder - the camper van...plus a bicycle.

We look forward to hearing the unique account of the places she visited, people she met and her experiences. - Anthea has given this talk at various venues and there has been terrific feedback. On the recommendation from one of our members we have invited her to our meeting and hope you will enjoy the afternoon.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee/biscuits and chat with friends beforehand. Also, please remember to bring your cup to save using disposable ones.

Thanks to the Bridge Group who will be at the sign-in desk and will host the refreshments this month.

**May Meeting – Lisburn u3a AGM**

The Lisburn u3a AGM will be taking place on 29th May 2025

Following the AGM business, Carol Walker from the Somme Association will be our speaker.

**June Meeting – Lisburn u3a Barbecue**

**Please note change of venue. The Barbecue will take place on Thursday 26<sup>th</sup> June 2025  
at Lisburn Masonic Hall, Belsize Road 12.30 for 1.00pm**

**Cost £15.00 per person to include usual Barbecue food cooked by Mulhollands.  
Vegetarian option or special dietary requirements – please indicate when signing up. As well as meats and sides, tea/ coffee/juice will be served. Norman Houston will provide the entertainment. We also hope to run a ballot during the afternoon. Tickets £1.00 per strip.**

**This is a member only event as it is being subsidised by lu3a.**

**A cash bar will be available for those who wish to purchase alcoholic or soft drinks.**

**Sign-up and pay at the April or May meeting or if unable to be there, please contact Jane Harris (Treasurer) or email [info@lisburnu3a.org](mailto:info@lisburnu3a.org)**

**Last day for sign up and payment is Monday 23<sup>rd</sup> June 2025**

**Looking forward to seeing you there**

## **Membership Renewal – Thank you to those who have already renewed.**

The Annual Membership Fee (£20.00) is due on 1 April 2025 and payment can be made in the following ways:

### **STANDING ORDER** (see account details below)

If you already pay by Standing Order you don't need to do anything as payment should come to Lisburn u3a automatically.

A new Standing Order can normally be set up by visiting your online bank account, or if you prefer call into your bank and complete the form.

### **BANK TRANSFER** (see account details below)

Account name: Lisburn u3a, Sort Code: 09-01-27, Account Number: 86503657.

**Please remember to put your name/s for reference when setting up payment.**

### **IN PERSON**

If you prefer you can bring cash, or a cheque made payable to **Lisburn u3a** to our monthly meeting on 24<sup>th</sup> April. Please put this in an **envelope clearly marked with your name**.

### **\*\*GIFT AID\*\***

If you are not already signed up for Gift Aid, please consider completing a Gift Aid form which is available from the Treasurer or Membership Secretary.

### **\*CONTACT DETAILS UPDATE\***

Thank you to all the members who replied to the emails requesting your up-to-date contact details

Membership cards will be available at the monthly meeting for anyone who has already paid their membership renewal

## **Welcome To The Following New Members Who Have Joined This Year**

Our membership increases steadily; since February we have welcomed -:

**Lynne Brown; Rhonda Brown; Fiona Crookes; Angela Gordon; Marjorie Houston;  
Ben Jones; Mairéad Lowry; Norma Sinte; Florence and Ben Young**

This brings our total membership to 446.

Would all **Group Leaders** please note. If you change **the location** or **the time** or **the day** of your activity, Please notify the Newsletter Editor [editor@lisburnu3a.org](mailto:editor@lisburnu3a.org) so that I can update the information on page 7

*ACTIVITY GROUP LEADERS - CONTACT DETAILS*

Thank You. Ed. - {ED is an abbreviation of Editor - AKA RAY}

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## GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

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### ANTIQUES AND COLLECTABLES

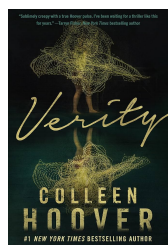
### GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is on **Wednesday 14<sup>th</sup> May 2025** when we are pleased to welcome **Simon Walker** as our speaker on **"The Plantation of Ulster"**. The Plantation led to significant demographic shifts, cultural changes and religious divisions, laying the groundwork for future conflict – so come along to hear the history and bring your old maps and/or any interesting items from your collections.

We meet in Hillsborough Village Centre at 7.30 pm and everyone is welcome – you don't have to be a regular member of the Group. Cost for non-members is £3 per meeting.

### BOOK GROUP 1

### GROUP LEADER – HILARY PRESTON



Book group 1 met in April to discuss 'The Bee Sting' by Paul Murray . It was shortlisted for the Booker in 2023.

The book club members gave it a resounding no!!

Some did not finish the book and no one liked it . To discuss in May we are reading ' Verity' by Colleen Hoover.

### BOOK GROUP 2

### GROUP LEADER - JOAN BRYSON

In May we will meet on Tuesday 27th at 10.30 am. Our book is '**Stuck in the Middle with Ewe**' by Holly Crawford. An English journalist moves to Northern Ireland and marries a sheep farmer. She is clueless about what daily life on a farm involves and writes about her chaotic, funny and poignant experiences.



nota bene - the last word in the book title is EWE not YOU.

(not me either - editor)

### BOWLING

### GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



Indoor bowlers play at Kilmakee Activity Centre, at 1.45 - 4.00 pm on Tuesday and at 9.45 am – noon on Thursday. As we approach the start of outdoor bowling in May, most of our bowlers will finish the indoor season at the end of April, that is on Tue 29<sup>th</sup>. However, a smaller group will continue to run the Tuesday sessions through the summer as in previous years.

### CROCHET

### GROUP LEADER - JEAN RYAN



Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

## FILM GROUP

### GROUP LEADER - JUDITH PRENTICE



We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

## GARDEN GROUP

### GROUP LEADERS - PAUL BOYCE - JOAN HAMILTON



We are pleased to let you know about our programme of visits for the 2025 season. Our first visit is on **Wednesday 23rd April 2pm** to Drumacalaugh Bray - 76 Rathmore Road. Dunadry, a large rural designed garden. Tea and Coffee, cost is £5.

Please let Joan Hamilton or Paul Boyce know if you wish to attend by **Monday 21st**.

## LET'S GO

### GROUP LEADER - GAIL POLLOCK

Our next outing will be to the **World of Owls** near Randalstown, on **Wednesday 28th May at 12 noon**. The cost will be £7pp and the tour of the facility will take about 45mins - 1 hour. <https://www.worldofowls.com/>

If you won't be at the monthly meeting but would like to join us, email me.

## LU3A SINGERS

### GROUP LEADER - JACQUI TOWNSLEY



LU3A Singers meet on the 2<sup>nd</sup> and 4<sup>th</sup> Friday of each month to enjoy good singing and friendship – no expertise required – just come along to relax and sing

**Change of date for our lunch** at Gowdy's at Down Royal to **Friday 9<sup>th</sup> May 2025 at 12 noon**. *Please let me know that you are able to attend – either book in with me at the main meeting on Thursday or drop me a text.*

No meetings over Easter – so your next opportunity to sing will be **Friday 23<sup>rd</sup> May 2025**.

The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.

## NATIONAL TRUST

### GROUP LEADER - LESLEY KIRK

#### Saturday 17th May

As part of The Argory 200 year celebrations there are summer boat trips on the Blackwater community barge. Nestled amidst the serene landscapes, the Blackwater River has been a lifeline since the 1800s, serving as a vital artery for transporting goods and people, blending business with leisure for the McGeough Bond Family. Slots are running from 11am (every 30 mins) until 5.30pm but are booking up fast.

I can't give an exact time until I know how many people would like to go and then see what slots are available. Please sign up and pay £4 at the monthly meeting or contact me before the meeting as I would like to book asap.

**Price - £4 per adult**

## PAINTING FOR PLEASURE

### GROUP LEADER - TOMMY YARR



The group continues to meet every Tuesday in the Hillsborough Village Centre at 10 30. New members are welcome. Visitors would also be welcome to have coffee and biscuits and see the group at work.

## T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON



Tai Chi classes will continue in April, May and into June. There are two public holidays during this time - Easter Monday on 21st April and the May Day holiday on Monday 5th May - when the Enterprise Centre will be closed.

## THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

### Songs from Stage and Screen

Lagan Valley Island, Friday, 16 May 2025 at 7:30 PM

*Booking closed. Tickets available at monthly meetings or at the theatre.*

### The Importance of being Earnest

Lyric Theatre, Thursday 19<sup>th</sup> June 2025 at 2.30 pm

*Booking closed. Tickets available at monthly meetings or at the theatre.*

## YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL

Yogalates classes continue on Wednesday 4-5pm and Thursday 11-12am.

Anyone interested in joining us should contact Brenda or Freda - Please see details on **page 7/**

ACTIVITY GROUP LEADERS - CONTACT DETAILS



**WALKING GROUPS** - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

### LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

### LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

### LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

### LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

### LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne. We join up with our fellow Scramblers from Belfast u3a for these walks. Any questions or for more information, please contact the group convener .

## LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chairperson	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

## ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 =
5 = Laganview Enterprise Centre, Lisburn	14 =
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

## LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 <sup>nd</sup> Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	