

Email: info@lisburnu3a.org
Website: <https://www.lisburnu3a.org/>

Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page

March Meeting LAGANVIEW ENTERPRISE CENTRE at 2.00pm

Thursday 27th March 2025. We will welcome Geoff Davidson who will be telling us about his hobby of Beekeeping. He will also be bringing along some of his honey. We look forward to hearing about this popular topic.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee/biscuits and chat with friends beforehand. Also, please remember to bring your cup to save on using disposable ones.

Thanks to the Bowling Group who will be at the sign-in desk and will host the refreshments this month.

April Meeting - Laganview Enterprise Centre at 2.00pm
Speaker - Anthea McWilliams – Born to Prance !

Membership Renewal

Your Annual Membership Fee (£20.00) is due on 1 April 2025 and payment can be made by the following:

STANDING ORDER (see account details below)

If you already pay by Standing Order you don't need to do anything as payment should come to Lisburn u3a automatically.

A new Standing Order can normally be set up by visiting your online bank account. If you would prefer to complete a form and leave it into you bank, please let the Treasurer know and we can send you the necessary form.

BANK TRANSFER (see account details below)

Lisburn u3a, Sort Code: 09-01-27, Account Number: 86503657, Do remember to put your name/s for reference when setting up payment.

IN PERSON

If you prefer you can bring cash, or a cheque made payable to **Lisburn u3a** to our monthly meeting on 27th March. Please put this in an **envelope clearly marked with your name.**

As we have over 430 members you will appreciate that this will be an extremely busy time for our Treasurer and Membership Secretary, and they would be very grateful if you could give this your immediate attention.

And, if for any reason you do not want to renew your membership (we sincerely hope this won't be the case) please let us know so that our records can be updated accordingly.

****GIFT AID****

If you are not already signed up for Gift Aid, please consider completing a Gift Aid form which is available from the Treasurer or Membership Secretary.

CONTACT DETAILS UPDATE

Thank you to all the members who replied to the emails requesting your up to date contact details.

Would all **Group Leaders** please note. If you change **the location** or **the time** or **the day** of your activity, Please notify the Newsletter Editor editor@lisburnu3a.org so that I can change the information on page 6 **ACTIVITY GROUP LEADERS - CONTACT DETAILS**. Thank you, Ed. - {ED is an abbreviation of Editor - AKA RAY}

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

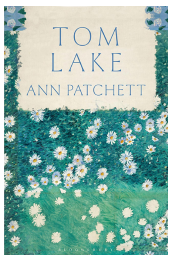
ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is on **Wednesday 9th April 2025** on the ancient **Irish craft of Lace Making**. The Ulster Folk Park at Cultra have an extensive collection of Irish Lace and **Heather Cranston** will be with us to talk about the skills involved in making **Carrickmacross Lace**, considered to be the oldest of Irish Laces. Everyone welcome to come along and bring examples of Irish lace - bring it out of your cupboards and give it an airing! Lace trimmings; collars and cuffs; lace on linen; lace on tablecloths, etc., etc. We meet in Hillsborough Village Centre at 7.30 pm and everyone is welcome - you don't have to be a regular member of the Group. Cost for non-members is £3 per meeting.

BOOK GROUP 1

GROUP LEADER - HILARY PRESTON



We met on Wednesday 6th March at a members home. We discussed Ann Patchett's book Tom Lake. It celebrates storytelling and references the play 'Our Town'. It's about young love and loss, the power of making the right decisions and also family dynamics. Set during the Covid pandemic the book reinforced that life is precious.

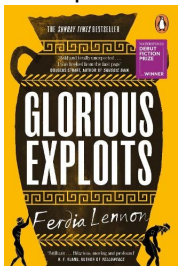
It was a very interesting read which led to much discussion.

Next month we are discussing The Bee Sting by Paul Murray.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our April meeting is on Tue 29th at 10.30am.



Our book is 'Glorious Exploits' by Ferdia Lennon, it won the Waterstone's Debut Fiction Award in 2024. It is 412AD in Sicily and the Peloponnesian War brings Athenian prisoners with their stories. A couple of local workers are curious - the straight man seeking knowledge and his comic sidekick seeking craic.

Said to be both riotously funny and incredibly moving with beautiful images created and themes including brotherhood, war, the healing power of art and dreaming of bigger things. The writer is of Irish and Libyan heritage and draws on the links between Hellenic and Gaelic traditions while using modern vernacular in a classic setting.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



Indoor bowlers play at Kilmakee Activity Centre, at 1.45 - 4.00 pm on Tuesday and at 9.45 am - noon on Thursday. Our player numbers again increased by two, this month, when we welcomed new members Ben and Florence Young. We ask bowlers to please come in good time to allow mats and teams to be organised for a punctual start to bowling. As we approach the start of outdoor bowling, our current plan is to end the indoor season at the end of April, that is on Tue 29th. Members will be further advised in due course.

CROCHET

GROUP LEADER - JEAN RYAN



Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE



We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GARDEN GROUP

GROUP LEADERS - PAUL BOYCE - JOAN HAMILTON

The Gardening Group will begin our seasonal program of visits in April after Easter. Watch this space for further details. Anyone interested in joining us please contact Joan Hamilton or Paul Boyce.

GOLF

GROUP LEADER - MARGARET CALLAN

Lu3a golf is a relaxed practice round - no competitions, no handicaps, no pressure.

To get involved contact the group leader and ask to join the WhatsApp group.

WEEKLY GOLF - The ladies have been showing up for Monday morning golf at Aberdelghy Golf Course at Lambeg. But where are the men? We need you!

SUMMER GOLF - 3rd Thursday each month at approx 10:30am at various local golf clubs with optional meal afterwards. The first proposed outing is to Edenmore Golf Club on 17th April. £34 for 18 and £18 for 9. A member of our party who is also a member at Edenmore has kindly offered to invite guests so price will be slightly lower

LET'S GO

GROUP LEADER - GAIL POLLOCK

April's Let's Go will be to the excavation at Erenagh near Downpatrick, where they will be investigating the lost medieval monastic site. This will be on **Tuesday 8th of April at 2pm**. We will learn what the archaeologists have discovered so far and what they know about the site from the historical record. There is also the opportunity to have a go at taking part in the excavation (knees, etc permitting!).

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



LU3A Singers meet on the 2nd and 4th Friday of each month to enjoy good singing and friendship. You don't need to be able to read music - no expertise required, just come along to relax and sing. **This month we meet for lunch on Friday 11th April and meet again after Easter.** The Parish Room is the building on your right as you drive through the church gates - parking is available as you drive up to the Downshire Centre and also outside the Centre.

NATIONAL TRUST

GROUP LEADER - LESLEY KIRK

If you would like to go to **Castle Ward Easter Market** on 19th April contact Lesley by text or email before Wednesday 16th. The plan is to set off from Lisburn at 10.00 as it opens at 11. Normal admission charges apply for non NT members. Explore a vibrant array of unique crafts and delicious foods offered by talented local artisans and vendors. From handmade gifts to delightful treats, there's something for everyone to enjoy.

<https://www.nationaltrust.org.uk/visit/northern-ireland/castle-ward/events/e5d82f86-8916-4368-ba69-8b0586501816>

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR



The group continues to meet every Tuesday in the Hillsborough Village Centre at 10.30. New members are welcome. Visitors would also be welcome to have coffee and biscuits and see the group at work.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

The Tai Chi classes have full attendance and are continuing to be enjoyed by all students. We are now practising the 18 Step Qi Gong form at the start of each class and then progressing to the Twenty Four Form. So we keep learning and being active each week!

We welcomed some new members this month. There is no class on St Patrick's Day, we will practice at home! Any u3a member requiring information about these classes, please contact either of the group leaders, Paul Boyce or Kathleen Ingleston.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

Songs from Stage and Screen - Lagan Valley Island, Friday, 16 May 2025 at 7:30 PM

Booking closed. Tickets available at monthly meetings or at the theatre.

The Importance of being Earnest - LyricTheatre, Thursday 19th June 2025 at 2.30 pm

"A Handbag?" Step into a world of wit, charm, and sheer hilarity as *The Importance of Being Earnest* takes centre stage at the Lyric Theatre. Widely regarded as one of the greatest comedies in the English language, Oscar Wilde's sparkling masterpiece is a riotous satire of Victorian manners, packed with razor-sharp dialogue, tangled romances, and plenty of mistaken identities.

Tickets £28 pp. Closing date for bookings Monday 3^{1st} March 2025.

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL



Yoga classes continue on Wednesdays 4-5pm and Thursdays 11am-12pm. Anyone interested in joining us to keep supple in our advancing years should contact Brenda or Freda.

WALKING GROUPS - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.
New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne.
We join up with our fellow Scramblers from Belfast u3a for these walks.
Any questions or for more information, please contact the group convener.

Editors Comment. -: Well done to Margaret Walker the only sharp-eyed reader who spotted the deliberate mistake in the February issue. Of-course I know the difference between Crochet and Croquet !!

Croquet is played on a lawn with a Mallet.

Crochet is played on a Court with a Ratchet. *{pronounced Ra-shay}*

Monthly Meeting on the 27th March - Don't forget to bring



LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chairperson	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club {seasonal outdoor bowls}
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Road, Lisburn
3 = Hillsborough Village Community Centre	12 = Smyth Patterson's Café
4 = Volunteer Member's Homes	13 =
5 = Laganview Enterprise Centre, Lisburn	14 =
6 = Happy Days {The Journey Church, Lisburn}	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	12	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	