

Email: info@lisburnu3a.org
Website: <https://www.lisburnu3a.org/>

Charitable Status No NI 103276

For contact details of committee members and conveners please consult the lists on the last page
The next meeting is on Thursday 27th February at 69 Drumbeg Drive, Old Warren - Remember to arrive early enough to sign in, for insurance reasons and sign up for activities, pay fees etc. **before** the meeting which begins **promptly at 2pm** U3A MONTHLY MEETINGS - are held at 2.00pm on the last Thursday of every month in Laganview Enterprise Centre.

Thanks to Brenda & Book Group 2 who are doing the sign-in desk, tea & coffee service at the February meeting. **Don't forget** to bring your name badge and **cup** to save using disposable ones.



February Meeting LAGANVIEW ENTERPRISE CENTRE at 2.00pm
Thursday 27th February 2025. We will welcome Dr. Ethel White who will be telling us about The Ballance House. of which many of us are familiar.
We look forward to hearing about its history and the events taking place there.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

March Meeting - Laganview Enterprise Centre at 2.00pm
Our speaker will be Geoff Davidson on Beekeeping.

May Meeting – Lisburn u3a AGM

The Lisburn u3a AGM will be taking place on 29th May 2025 when some of the current committee members will be standing down having completed their term of office.

We are therefore asking you to consider volunteering for one of the posts which will become vacant. Nomination forms are available by emailing info@lisburnu3a.org Copies will also be available at the monthly meeting.

It is essential to have a full committee for Lisburn u3a to thrive and continue to function.

If you would like information regarding the roles of the posts, please contact any of the existing committee members, either by phone or email.

Photo Supplement Editor

Cynthia Kelly, who has been Editor of the Lisburn u3a Photo Supplement for over 10 years, is stepping down from this role and we thank her most sincerely for her enthusiasm and dedication while collating all the photographs you have sent.

Darrell Mawhinney has volunteered to take over this role and we thank him for agreeing to produce this monthly supplement which we all enjoy receiving. Please continue to send your photographs of lisburnu3a events, group activities or other interesting photographs to photosupplement@lisburnu3a.org

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

Our next meeting is on **Wednesday 12th March 2025** when **Philip Vance** is going to bring along some interesting items from the past to test our knowledge with a **'What Is It?'** quiz! So come along and be baffled – and bring some of your own unusual items from days gone by!

We meet in Hillsborough Village Centre at 7.30 pm and everyone is welcome – you don't have to be a regular member of the Group. Cost for membership is £10 pa and cost for non-members is £3 per meeting.

BOOK GROUP 1

GROUP LEADER – HILARY PRESTON



In February **Book club 1** discussed **My Sister The Serial Killer** by Oyinka Braithwaite.

Most liked this quirky book set in Nigeria with its different culture and language. Some found the subject distasteful. The strong sibling bond was recognised. The humour and wit were enjoyed, however most found the ending unsatisfying.

Next month we are discussing **Tom Lake** by Ann Pratchett.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



We will meet on **Tuesday 25th March at 10:30 am**. Our book is 'Western Lane' the debut novel of young British writer Chetna Maroo which has been praised for the quality of its the writing. In West London a widowed father struggles to bring up his three daughters and becomes obsessed with pushing one to sporting achievement. While feeling pressurised to succeed the girl desires the time spent with her father and the companionship of her fellow players. Meanwhile relatives press to take the girls as their own. Themes of growing up, sisterhood, the immigrant experience and the collective overcoming of grief.

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



Indoor bowlers are back in good numbers, bowling again at Kilmakee Activity Centre. Our player numbers increased by two, last month, when we welcomed new members Polly Rogers and Ben Jones. We bowl at 1.45 - 4.00 pm on Tuesday and at 9.45 am - noon on Thursday. I would remind bowlers to please come in good time to allow mats and teams to be organised for a punctual start to bowling.

CROCHET

GROUP LEADER - JEAN RYAN

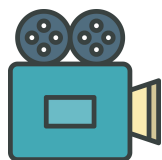


Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.



FILM GROUP

GROUP LEADER - JUDITH PRENTICE



We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

LET'S GO

GROUP LEADER - GAIL POLLOCK

The March outing will be to **Mossley Mill Museum** on **Thurs 20th @ 11am**. The Mill was originally a flax spinning mill, the museum explores the history of the mill, the spinning process and the people who worked there. It is a great way to explore a part of our industrial heritage. **This is a FREE event.**

<https://antrimandnewtownabbey.gov.uk/visitor/arts-heritage/museums-and-galleries/museum-at-the-mill/>

If you are not at this month's meeting but would like to go, please email me - contact details on last page

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



LU3A Singers meet on the **2nd** and **4th** Friday of each month to enjoy good singing and friendship - you don't need to be able to read music - no expertise required - just come along to relax and sing **This month we meet on Friday 14th and Friday 28th March 2025 at 2.00 pm in the Parish Room, Hillsborough Parish Church.** The Parish Room is the building on your right as you drive through the church gates, parking is available as you drive up to the Downshire Centre. Parking is also available outside the Downshire Centre.

PAINTING FOR PLEASURE

GROUP LEADER - TOMMY YARR



The group continues to meet every Tuesday in the Hillsborough Village Centre at 10 30. New members are welcome. Visitors would also be welcome to have coffee and biscuits and see the group at work.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

We continue our T'ai Chi practice with well-attended classes each week. Our tutor, Jane Burke, is concentrating on the Tai Chi 24 form with us. We complete the whole form during each class, as well as concentrating on a specific part each week for added practice and learning. Well done to all the hardworking students! We are enjoying our challenges!

We are aware that we have some u3a members waiting to join the class and we shall continue to monitor this in the days ahead. From Kathleen Ingleston and Paul Boyce.

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

The Sound of Music at the **Lagan Valley Island, Thursday 6th March 2025, at 7.30 pm**

Booking closed. Tickets available at monthly meetings or at the theatre.

Songs from Stage and Screen at the **Lagan Valley Island, Friday, 16 May 2025 at 7:30 PM**

As part of their 15th anniversary celebrations, **Lisburn Harmony** are delighted to share the stage with guests **The Leading Ladies**, for a night of music from stage and screen. With songs spanning the decades from the classic "My Way" to the James Bond inspired "Skyfall" - from "Les Misérables" to "Pitch Perfect", there will be plenty to entertain and delight.

Tickets £10 pp. Closing date for bookings Monday 3rd March 2025.

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL

Yoga classes continue on Wednesdays 4-5pm and Thursdays 11am-12pm. Anyone interested in joining us to keep supple in our advancing years should contact Brenda or Freda.

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WALKING GROUPS - You Have A Choice Of **Five** Walking Groups With **Five** Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne. We join up with our fellow Scramblers from Belfast u3a for these walks. Any questions or for more information, please contact the group convener .

Monthly Meeting on the 27th February - Don't forget



Editors comment.

Would all **Group Leaders** please note. If you change **the location** or **the time** or **the day** of your activity, Please notify the Newsletter Editor editor@lisburnu3a.org so that I can update the information on page 6

ACTIVITY GROUP LEADERS - CONTACT DETAILS

Thank You.



LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chairperson	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Darrell Mawhinney	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Rd, Lisburn
3 = Hillsborough Village Community Centre	12 =
4 = Volunteer Member's Homes	13 =
5 = LaganView Enterprise Centre, Lisburn	14 = Hilden Brewery
6 = Happy Days	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	14	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	