

CHRISTMAS EDITION - 2024



HAPPY CHRISTMAS TO ALL OUR MEMBERS AND BEST WISHES FOR 2025

JANUARY MEETING ANNIVERSARY LUNCH - DUNMURRY GOLF CLUB
Thursday 30th January at 12.30pm for 1.00pm

Looking forward to seeing all members who have booked to attend the Anniversary Lunch on Thursday 30th January 2025 - 12.30 for 1.00pm at Dunmurry Golf Club. We will have a three-course meal and be entertained by the Lisburn and Banbridge Ukelele Group. The Cost: £27 - to include tip and entertainment.

If you have not yet signed up for the lunch and would like to go, please contact Jane Harris treasurer@lisburnu3a.org or Jane's mobile to arrange your choice of menu and payment.

Lisburn U3A Anniversary Lunch - Dunmurry Golf Club
Thursday 30th January 2025 - 12.30 for 1.00pm
Cost £27 (which includes tip) to be paid in advance

Starters

Soup of the Day with warm baked breads (gf available)
Chicken Tempura on dressed leaves & sweet chilli dressing
Prawn Salad on stone baked wheaten bread with rich Marie-rose sauce (gf available)

Mains

Daube of Beef with Yorkshire Pudding & pan roast gravy (gf)
Roast Stuffed Turkey & Ham with cranberry sauce (gf available)
Oven baked Fillet of Hake with wilted greens & white wine sauce (gf)
Vegetable stir-fry served with fragrant rice (gf)
Main course served with a selection of seasonal vegetables & chef's potatoes

Desserts

Mixed Berry Pavlova with Chantilly cream & mixed berry coulis (gf)
Sticky Toffee Pudding with butterscotch sauce & vanilla ice cream
White Chocolate Cheesecake with fresh cream & berry coulis

Tea, coffee & Dinner Mints to finish

February Meeting LAGANVIEW ENTERPRISE CENTRE at 2.00pm

Thursday 27th February 2025. We will welcome Dr. Ethel White who will be telling us about The Ballance House.

GROUP LEADER UPDATES

Please Contact Group Leaders Directly If You Don't See Below The Group In Which You Are Interested.

ANTIQUES AND COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

There will be no meeting in January - The next meeting will be **Wednesday 12th February 2025**

ARCHERY

GROUP LEADER - JOHN SELL

We have recommenced our Winter season's activities. We meet every Tuesday at 10am for an hour in the Kilmakee Activity Centre. All the equipment is provided and we have a very experienced archery coach, Damien, who will provide all the necessary tuition. New members are always welcome.



BOOK GROUP 1

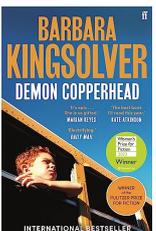
GROUP LEADER - HILARY PRESTON



Book Group 1 met at a members home on 5th December to discuss **'The Rumour'** by Lesley Kara . It was lovely to see a full turnout . All members entered the Christmas spirit with Christmas jumpers and our hostess provided delicious mince pies and other Christmas fair. There were very mixed opinions about the book . A few enjoyed a quick read but most did not like this book . Too many unnecessary characters and an unlikely storyline. Next month we will be discussing **'Taste'** by Stanley Tucci. **Please note** our meetings are now on the first Thursday of the month in the afternoon.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON



Best wishes for Christmas and the New Year to all Lisburn U3A members. May you find time to enjoy reading over the holidays. Our first meeting of 2025 will be on **Tue. 28th January at 10.30am**. We will be discussing **'Demon Copperhead'** by Barbara Kingsolver. It is set in a deprived community in the southern USA where Demon is born without any advantages except his quick wits and fighting spirit. He travels far seeking affection, safety and a view of the ocean. Will he succeed and we will gain enlightenment about the underside of America?

BOWLING

GROUP LEADERS - FRASER SHANNON - BILL INGLESTON



We continue bowling at Kilmakee Activity Centre, at 1.45 - 4.00 pm on Tuesday and at 9.45 am - noon on Thursday. May I remind bowlers to **please come in good time to allow mats and teams to be organised** for a punctual start to bowling. We are back up to full strength now that our intrepid group have returned (*with some success*) from their competitive holiday in Westport.

The final bowling dates before the festive season are **Tuesday 17th Dec & Thursday 19th Dec** re-starting again on **Thursday 2nd Jan** and **Tuesday 7th Jan**.

We intend to wind up the current season with a **“sociable cuppa and chat”** on **Thursday 19th**. Please bring your own cup. - We wish you all a happy and peaceful holiday.

CROCHET

GROUP LEADER - JEAN RYAN



Weekly meetings take place on Fridays 10.30-1200 at Happy Days Lisburn. Our final meeting of the year will be on **Friday 20 December** and we start the new year on **10 January** at the usual time. Merry Christmas and a Happy New Year to everyone!.

A bit of Christmassy crochet from one of our members.

DINING OUT

GROUP LEADER - NORMA PATTERSON

We meet at Pizzarellys in Lisburn once a month, usually on the second Thursday of the month. Our next outing will be on Thursday 9th January at 6.45pm! Pizzarellys has a varied menu of Italian and British Cuisine with prices to suit everyone and it's BYO wine. Please contact the Group leader, Norma Patterson if you would like to join us.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a Tuesday evening on a fortnightly basis (depending on suitable films being available) and a good number of members attending. If you are interested in this, please contact the group leader Judith Prentice to be added to her list. She will then advise you of films chosen, with date and time.

GOLF

GROUP LEADER - MARGARET CALLAN

5 members of the Weekly Golf Group played at Aberdelghy Golf Course on the first Monday in December. Unfortunately the course was closed the following week due to Storm Darragh. We plan to go out again before Christmas and hope to resume regular Monday morning outings in 2025. New members are always welcome and it would be great to see former players return to the course.

LU3A SINGERS

GROUP LEADER - JACQUI TOWNSLEY



Next meeting will be **Friday 24th January 2025** in the Parish Room, **Hillsborough Parish Church**. The Parish Room is the building on your right as you drive through the church gates, parking is available as you drive up to the Downshire Centre and also outside the Centre. Everyone welcome, no expertise required - just come, relax and sing!

T'AI CHI - Mixed Ability Classes

GROUP LEADERS - PAUL BOYCE - KATHLEEN INGLESTON

Tai Chi will break up for Christmas the last class was on Monday 16th Dec. restarting on **Monday the 6th January.**

THEATRE & CONCERT

GROUP LEADERS - JACQUI TOWNSLEY - KATHLEEN ROBINSON

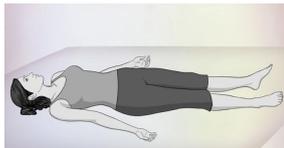
War Horse

Grand Opera House, Belfast, Thursday 13th February 2025 at 2.30 pm

Booking closed. - Tickets available at monthly meetings or at the theatre.

YOGA

GROUP LEADERS - BRENDA PALMER - FRED A BELL



Yoga continues on Wednesdays 4-5pm and Thursdays 11-12pm at Laganview.

Anyone interested in joining our classes with Asha our instructor should contact either Freda or myself.

Editors Comment -: *That Savasana doesn't look too difficult, I might have a go at that myself.*

WALKING GROUPS - You Have A Choice Of Five Walking Groups With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER - MARY HINE

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS - KEITH INESON - WILLIAM GRANT

Rambles continue every Monday with a Ramble Plus on the second Monday of the month. New members always welcome.

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Mountain walks/Scramblers take place every Thursday, predominantly in the Mourne's.

We join up with our fellow Scramblers from Belfast u3a for these walks.

Any questions or for more information, please contact the group convener .

LISBURN U3A COMMITTEE MEMBERS

NAME	POSITION	EMAIL
Elizabeth Fleming	Chair Person	Info@lisburnu3a.org
Vice Chairperson	Post Vacant	
Jane Harris	Treasurer	
Avril Hughes	Administrative Secretary	
Brenda Palmer	Catering and sign in Coordinator	
Fraser Shannon	Speakers	
Bill Ingleston	Membership Secretary	
Kathy Mclean	Assistant Membership Secretary	
Joan Bryson	Convener of Group Leaders	

ADDITIONAL POSITIONS

NAME	POSITION	EMAIL
Elodie Ellingsen	Webmaster	Info@lisburnu3a.org
Ray Fillmore	Newsletter Editor	
Cynthia Kelly	Photo Supplement	

VENUE* KEY	
1 = Kilmakee Activity Centre	10 = Lisnagarvey Bowling Club
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = Tesco, Bentrin Rd, Lisburn
3 = Hillsborough Village Community Centre	12 =
4 = Volunteer Member's Homes	13 =
5 = LaganView Enterprise Centre, Lisburn	14 = Hilden Brewery
6 = Happy Days	15 =
7 = Coach Snooker Club, Hillsborough	16 =
8 = Varied Venues	17 =
9 = Parish Room Hillsborough Parish Church	18 =

LISBURN U3A ACTIVITY GROUP LEADERS

GROUP	Day	Time	Venue	Group Leader	Contact Email
Antiques	2nd Wed of month	7:30pm	3	Jacqui Townsley	Info@lisburnu3a.org
Archery	Every Tuesday	10:00am	1	John Sell	
Badminton	Every Wednesday	10:30am	2	Laura Molloy	
Book Group 1	1st Thurs of month	afternoon	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4pm 09:45 - 12:15	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	09:45 - 12:15	10	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Tuesday	1:30pm	14	Fionnuala O'Callaghan Rosita Storey	
Crochet	Every Friday	10:30am	6	Jean Ryan	
Dining Out	2 nd Thurs of month	6:45pm	8	Norma Patterson	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Golf	Most Mondays	Varied	8	Margaret Callan	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Photography	Occasional	Varied	8	Keith Ineson William Grant Iain James	
Scrabble	1st & 3rd Thurs of each month	2:00pm	2	Lynda Brownlee Barbara Primrose	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi Mixed Ability Classes	Mondays	11:00 - 12:00	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Kathleen Robinson	
Yoga	Every Wednesday Every Thursday	4pm - 5pm 11am - 12	5	Brenda Palmer Freda Bell	
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Every Thursday	09:30am	8	Stanley Prentice	