

**FEBRUARY MEETING – LAGANVIEW ENTERPRISE CENTRE
THURSDAY 29TH FEBRUARY AT 2.00PM**

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

We will welcome Janet Wilson back to Lisburn u3a to talk about her trips to Kenya, supporting young people there.

Small Steps to Brighter Futures, Working with Communities in Kenya

Thank you to the Golf Group who will be at the sign-in desk and hosting the refreshments this month.

**March Monthly Meeting - Laganview Enterprise Centre at 2.00pm
Thursday 28th March 2024**

***** Membership Renewals *****

Your annual membership is due by 1st April 2024 and you'll be pleased to hear it is still £20.00. If you aren't paying by standing order, please arrange to pay by online bank transfer, including your full name as the reference (not just initials). Our account details are Lisburn u3a 09-01-27 86503657 Or you can bring a cheque for £20.00 made payable to Lisburn u3a to the monthly meeting in March.

****Gift aid****

If you are not already signed up for gift aid please consider completing a gift aid form which is available from the treasurer or membership secretary.

Contact details update

Thank you to all the members who replied to the email requesting your up to date contact details. If you haven't already replied please look out for a second email request in your in box/ junk folder soon.

NAME BADGES & MEMBERSHIP CARDS

Please collect both badges and cards from the new member's welcome desk

WELCOME TO THE FOLLOWING NEW MEMBERS

Kathy Steyn and Frank Flynn

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.
CLICK [GROUP LEADER CONTACT DETAILS](#)

ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

Next meeting Wednesday, 13th March Hillsborough Village Centre at 7.30pm.

“Art of Down” – we are delighted to welcome former Keeper of Collections at Down County Museum, Lesley Simpson, who will give an illustrated talk on some of the local art held by the Museum. Lesley will take us on a tour of County Down as seen through the eyes of local artists. Everybody welcome – non-members £3.

BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

The group met on 1st February at a member's house. As usual there was wonderful hospitality with coffee and lovely tray bakes. We discussed, The Camomile Lawn 'by Mary Wesley. This was published in 1984 and most of us had already read it so it was interesting to revisit this book. Most of the members enjoyed the book and we all had opinions about the characters portrayed. We agreed that most of them were very self-centred. We did find that their activities gave us plenty to chat about!! We all felt it was probably an accurate account of life in London at the start of WW2. Next month we are discussing A Passionate Sisterhood by Kathleen Jones.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

The Group will meet at 10.30am on Tue. 26th March when our book is 'Lessons in Chemistry' by Bonnie Gamus. Set in the USA of the 1960s a female research scientist is not treated equally at work. Forced to resign she reluctantly becomes a cookery show host where her innovative approach grabs the nation's attention and inspires a legion of housewives to question the domestic status quo.

BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Bowling continues at Kilmakee Activity Centre. Play will take place at 1.45pm to 4.00pm on Tuesdays and at 9.45am to 12.00 noon on Thursdays. New players are welcome but we would ask them to contact Fraser or Bill, and say which day/s they wish to play.

BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

We meet at The cafe upstairs at Smyth Patterson's. We are really grateful to have the luxury of comfortable surroundings with coffee and cake on tap! Please make yourselves known as u3a members when you visit. The staff are wonderful. We meet every Thursday at 3.00pm.

DINING OUT

GROUP LEADER – NORMA PATTERSON

We had another really enjoyable visit to Pizzarellys on the 8th February!! (in spite of the absolutely disgusting weather!!) Our next outing will be on Thursday 14th March at 6.45 pm at Pizzarellys. If you would like to join us, just send an email please!!.

FRENCH GROUP

GROUP LEADER – ZOE COLLINS

French Group continues to meet weekly and is progressing well with our textbook Façon de Parler.

CROCHET

GROUP LEADER – JEAN RYAN

Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn

NEWS/INFORMATION/ARTICLES FOR THE NEXT EDITION MUST REACH THE EDITOR AT LEAST ONE WEEK BEFORE THE NEXT MEETING.

GARDEN GROUP**GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON**

Nothing planned this month. Looking forward to better weather.

GOLF**GROUP LEADER MARGARET CALLAN**

Golf group members play at Aberdelghy on Mondays on an ad-hoc basis during the winter months and would be happy to welcome other members who wish to join them. Please contact the Group Leader if you would like to participate.

KARATE**GROUP LEADER WILLIAM GRANT**

Class meets every Tuesday 6.00pm to 7.30pm

LET'S GO**GROUP LEADER- GAIL POLLOCK**

Our next Let's Go will be to Suki Teas on Wednesday 20th March at 11.30. This is a free event and the visit will include tasting some of their teas. They are a small company, so numbers are limited. Those who won't be at the next meeting and wish to join the visit please email the Group Leader.

LU3A SINGERS**GROUP LEADER – JACQUI TOWNSLEY**

Meetings - Friday 8th March and Friday 22nd March at 2.00 pm in the Parish Room, Hillsborough Parish Church.

The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.

Looking forward to seeing you all!

NATIONAL TRUST**GROUP LEADER – LESLEY KIRK**

No meeting this month.

PAINTING**GROUP LEADER – TOMMY YARR**

The painting group meets every Tuesday. New members would be welcome. We meet in Village Centre Hillsborough from 10.30 to 12.30.

T'AI CHI – Mixed Ability Classes**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

We are very pleased to have two T'ai Chi classes up and running now in The Laganview Enterprise Centre. The first class is 11:00am - 12 noon and the second class is 12:15 - 1:15pm. It is good that we have been able to extend to two classes, giving more lu3a members the opportunity to enjoy the exercise and health benefits of T'ai Chi.

Anyone interested in Tai Chi may contact group leaders.

YOGALATES**GROUP LEADERS – BRENDA PALMER, FREDA BELL**

Yogalates continues on Wednesday afternoons and Thursday mornings under instruction from Asha. We are fairly full at the moment but are happy to put names on our waiting list for those who wish to remain supple and flexible in advancing years.

THEATRE & CONCERT GROUP**GROUP LEADER - JACQUI TOWNSLEY****Anastasia – The Musical**

Lagan Valley Island Centre, Lisburn, Thursday 7th March at 7.30pm. Booking closed – tickets available at February meeting or at the theatre on show night.

An Officer and a Gentleman the Musical

Grand Opera House Belfast, Thursday, 14th March at 2.30pm Booking closed – tickets available at February meeting or at the theatre before the show.

Mother's Day Vintage Afternoon Tea and Concert hosted by Lisburn Harmony Ladies Choir

Saturday 9th March 2.00pm – 4.00pm. St. Patrick's Parish Centre, Lisburn. Cost: £15 adult. Afternoon Tea plus LHLC will be singing their 50's repertoire. Signup sheet for tickets at February meeting.

Guys and Dolls - Lagan Valley Island Centre Lisburn, Thursday 18th April at 7.30 pm. Lisnagarvey Operatic and Dramatic Society are back with another all-action production, this time with Broadway Classic and current West-End must-see musical: Guys and Dolls! This vintage production promises to have you laughing throughout and singing all the way back home - let Lisnagarvey transport you to New York City for this evening of fine entertainment! Tickets £20 pp. Closing date for bookings Friday 1st March.

WALKING GROUPS – You Have A Choice Of Five Walking GROUPS With Five Different Levels Of Difficulty:**LEVEL 1: STROLLERS****GROUP LEADER – MARY HINE**

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS**GROUP LEADER - STANLEY PRENTICE****LEVEL 4: RAMBLERS PLUS****GROUP LEADERS – KEITH INESON, WILLIAM GRANT****LEVEL 5: SCRAMBLERS****GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

Any questions or for more information please contact Group Leader.

COMMITTEE MEMBERS – CONTACT DETAILS

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chair Person		
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		
Avril Hughes	Administrative Secretary		Info@lisburnu3a.org
Brenda Palmer	Catering and sign in Coordinator		
Peter Hunter	Speakers		
Fraser Shannon	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Joan Bryson	Convener of Group Leaders		

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		
Elodie Ellingsen	Webmaster		
Cynthia Kelly	Photo Supplement		

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email	
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		Info@lisburnu3a.org	
Archery	Every Tuesday	10-11:00am	1	John Sell			
Badminton	Every Wednesday	10:30am	2	Laura Molloy			
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston			
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson			
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston			
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston			
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam			
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts			
Crochet	Every Friday	10:30am	18	Jean Ryan			
Dining Out	Occasional	6:45pm	8	Norma Patterson			
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins			
Film Group	Most alternate Tues	Evening	8	Judith Prentice			
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton			
Golf	Most Mondays	Varied	8	Margaret Callan			
Karate	Every Tuesday	6pm-7:30pm	12	William Grant			
Let's Go	Occasional	Varied	8	Gail Pollock			
LU3A Singers	2 nd & 4 th Fridays	2:00pm	9	Jacqui Townsley			
National Trust	Varied	Varied	8	Lesley Kirk			
Painting	Every Tuesday	10:30am	3	Tommy Yarr			
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Lynda Brownlee Barbara Primrose			
Snooker	Every Tuesday	7:30pm	7	Neville Hicks			
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce			
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley			
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell			
Walking Groups – In increasing levels of difficulty							
Strollers	Every Monday	10:15am	8	Mary Hine			info@lisburnu3a.org
Saturday Ramblers	3 rd Sat of month	10:30am	8	Gil Colvin			
Ramblers	Every Monday	10:30 am	8	Stanley Prentice			
Ramblers Plus	2 nd Mon of month	10:30am	8	Keith Ineson William Grant			
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice			

VENUE* KEY

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrim Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = Everyday Cafe at Smyth Pattersons
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Parish Room Hillsborough Parish Church	18 = Happy Days