

## WISHING EVERYONE A VERY HAPPY NEW YEAR

### JANUARY 2024 MEETING

Thursday 25th January 2024, Lisburn u3a Anniversary Lunch  
Dunmurry Golf Club 12.30 for 1.00pm

Cost £25.00 (including tip) for 3 course lunch and entertainment.

Looking forward to seeing all members who have booked for the lunch.

If you would like to attend the lunch and have not already booked, please contact Joan Hamilton or any committee member as soon as possible.

(See menu in November 2023 Newsletter)

Menu choices and payment must be submitted by Friday 19th January 2024

### February 2024 Meeting Laganview Enterprise Centre at 2.00pm

Thursday 29th February 2024

We will welcome Janet Wilson back to Lisburn u3a to talk about her trips to Kenya, supporting young people there. Small Steps to Brighter Futures, Working with Communities in Kenya

#### MESSAGE FROM SECRETARY

I continue to send emails to all our members but once again am receiving “undeliverable reports” from Gmail and BTconnect users. There does not seem to be any pattern to this as some emails deliver and some don't. If you have any friends in Lu3a please mention this to them as it is possible that they will not be receiving their Newsletter, Colour Supplement, and other information regarding events.

The monthly Newsletter is posted on Lisburn u3a website each month, but this is a **redacted** version and might help reach more of our members and keep them informed of what's happening.

If anyone does require contact details not published online, then please contact me at [info@lisburnu3a.org](mailto:info@lisburnu3a.org) and I will be more than happy to provide them to our members.

#### NAME BADGES & MEMBERSHIP CARDS

Please collect both badges and cards from the new member's welcome desk

#### WELCOME TO THE FOLLOWING NEW

#### MEMBERS

Colette Anderson and Beth Hamilton

## GROUP LEADER UPDATES

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PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.  
CLICK [GROUP LEADER CONTACT DETAILS](#)

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### ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

Next meeting Wednesday 14th February, Hillsborough Village Centre at 7.30pm.  
Details to be circulated before the meeting..

### BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

This group meets on the first Monday of each Month

### BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our February meeting will take place on Tue. 27th at 10.30am. Recently American author Barbara Kingsolver has received much acclaim for her book 'Damon Copperhead' but we have decided to read her earlier work 'The Poisonwood Bible' instead. In 1959 a missionary takes his family to the Belgian Congo which is fighting for independence. Three decades in post-colonial Africa have tragic consequences for them. Themes include human rights, culture, outside interference in politics and economic development and whether humanitarian intervention is just an excuse to impose Western values.

### BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Bowling has restarted again at Kilmakee Activity Centre. Play will take place at 1.45pm to 4.00pm on Tuesdays and at 9.45am to 12.00 noon on Thursdays. New players are welcome but we would ask them to contact Fraser or Bill, and say which day/s they wish to play.

### BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

We meet at The cafe upstairs at Smyth Patterson's. We are really grateful to have the luxury of comfortable surroundings with coffee and cake on tap! Please make yourselves known as u3a members when you visit. The staff are wonderful. We meet every Thursday at 3.00pm.

### DINING OUT

GROUP LEADER – NORMA PATTERSON

Happy new year everyone!! There is no outing to Pizzarellys this month as we have the u3a anniversary meal at the Dunmurry golf club on 25th January. Our next Pizzarellys outing will be on Thursday 8th February at 6.45pm. Looking forward to seeing you all at both meals??!!

### FRENCH GROUP

GROUP LEADER – ZOE COLLINS

Group meets every Monday 2.30 – 3.30pm at Zoe's home.

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## **CROCHET**

**GROUP LEADER – JEAN RYAN**

Weekly meetings take place on Fridays 10:30-12:00 at Happy Days Lisburn.

## **GARDEN GROUP**

**GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON**

All members interested in a free course in basic Horticultural techniques run by Lisburn City Council (C-SAW Project) please let Paul know by end of January to secure a place.

## **GOLF**

**GROUP LEADER MARGARET CALLAN**

Golf group members play at Aberdelghy on Mondays on an ad-hoc basis during the winter months and would be happy to welcome other members who wish to join them. Please contact the Group Leader if you would like to participate.

## **KARATE**

**GROUP LEADER WILLIAM GRANT**

Class meets every Tuesday 6.00pm to 7.30pm

## **LET'S GO**

**GROUP LEADER- GAIL POLLOCK**

February's Let's Go will be to Ballyscullion House and Park on Thurs 22nd at 10.30am. Cost is £12pp, including tea/coffee and scones (if we can gather 20 people to visit).

Ballyscullion Park is just outside Toomebridge near Bellaghy, the present house was built in 1840 and is situated amid ancient woodland. Richard Mulholland gives a fascinating talk about the history of Ballyscullion Park and the Mulholland family, followed by a house and garden tour.

<https://www.ballyscullionpark.com/tours/>

If you wish to go but won't be at the lunch on 25th email me.

## **LU3A SINGERS**

**GROUP LEADER – JACQUI TOWNSLEY**

Next meeting - Friday 26th January at 2.00pm in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.

Looking forward to seeing everyone again and maybe some new faces!

## **NATIONAL TRUST**

**GROUP LEADER – LESLEY KIRK**

No meeting this month.

## **PAINTING**

**GROUP LEADER – TOMMY YARR**

The painting group resumed on Tuesday 9th January. New members would be welcome. We meet in Village Centre Hillsborough from 10.30 to 12.30.

## **T'AI CHI – Mixed Ability Classes**

**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

Tai chi class has been rescheduled to start on Monday 22nd January as unfortunately our tutor is currently indisposed.

## **YOGALATES**

**GROUP LEADERS – BRENDA PALMER, FREDA BELL**

Yogalates resumed on Wednesday 10th January. Our classes are full at the moment but we are happy to put names on our waiting list if anyone is interested in joining our group of supple seniors. Just contact Brenda or Freda.

## **THEATRE & CONCERT GROUP**

**GROUP LEADERS - JACQUI TOWNSLEY**

### **Anastasia – The Musical**

Lagan Valley Island, Lisburn, Thursday 7th March at 7.30pm. Fusion Theatre is back to in the Island Hall once again to take us on a journey to the past with this Disney classic. Anastasia transports us from the twilight of the Russian Empire to the euphoria of Paris in the 1920s – come and experience this beautiful musical. Tickets £16 pp. Closing date for bookings Monday 29th January.

### **An Officer and a Gentleman the Musical**

Grand Opera House Belfast, Thursday, 14th March 2024 at 2.30pm. Prepare to be swept off your feet with An Officer and a Gentleman the Musical. This timeless story of love, courage, and redemption will make your heart soar and leave you breathless, longing for more!! Tickets £38 pp. Closing date for bookings Monday 29th January.

## **WALKING GROUPS** – You Have A Choice Of Five Walking GROUPS With Five Different Levels Of Difficulty:

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### **LEVEL 1: STROLLERS**

**GROUP LEADER - MARY HINE**

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

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### **LEVEL 2: SATURDAY RAMBLERS**

**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

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### **LEVEL 3: RAMBLERS**

**GROUP LEADER - STANLEY PRENTICE**

### **LEVEL 4: RAMBLERS PLUS**

**GROUP LEADERS - KEITH INESON, WILLIAM GRANT**

### **LEVEL 5: SCRAMBLERS**

**GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

Any questions or for more information please contact Group Leader.

### COMMITTEE MEMBERS – CONTACT DETAILS

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chair Person		
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		
Avril Hughes	Administrative Secretary		<a href="mailto:Info@lisburnu3a.org">Info@lisburnu3a.org</a>
Brenda Palmer	Catering and sign in Coordinator		
Peter Hunter	Speakers		
Fraser Shannon	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Joan Bryson	Convener of Group Leaders		

### ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		
Elodie Ellingsen	Webmaster		
Cynthia Kelly	Photo Supplement		

### ACTIVITY GROUP LEADERS -CONTACT DETAILS

### LISBURN U3A CONTACT INFORMATIO

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
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Antiques	2 <sup>nd</sup> Wed of month	7:30pm	3	Jacqui Townsley		
Archery	Every Tuesday	10-11:00am	1	John Sell		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 <sup>st</sup> Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston		
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	18	Jean Ryan		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton		
Golf	Most Mondays	Varied	8	Margaret Callan		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2 <sup>nd</sup> & 4 <sup>th</sup> Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Scrabble	1 <sup>st</sup> & 3 <sup>rd</sup> Thurs of month	2:00pm	2	Lynda Brownlee Barbara Primrose		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce		
Theatre / Concer	Occasional	Varied	8	Jacqui Townsley		
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3 <sup>rd</sup> Sat of month	10:30am	8	Gil Colvin		
Ramblers	Every Monday	10:30 am	8	Stanley Prentice		
Ramblers Plus	2 <sup>nd</sup> Mon of month	10:30am	8	Keith Ineson William Grant		
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice		

**VENUE\* KEY**

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrin Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = Everyday Cafe at Smyth Pattersons
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Parish Room Hillsborough Parish Church	18 = Happy Days