

**WISHING YOU ALL A VERY HAPPY CHRISTMAS AND BEST WISHES FOR 2024**

**JANUARY 2024 MEETING**

Thursday 25th January 2024, Lisburn u3a Anniversary Lunch

Dunmurry Golf Club 12.30 for 1.00pm

Cost £25.00 (including tip) for 3 course lunch and entertainment.

If you would like to attend the lunch, please contact Joan Hamilton or any committee member as soon as possible.  
Menu choices and payment must be submitted by Thursday 18th January 2024

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**FEBRUARY 2024 MEETING** Laganview Enterprise Centre at 2.00pm Thursday 29th February 2024

We will welcome Janet Wilson back to Lisburn u3a talking about her trips to Kenya supporting young people there.  
Small Steps to Brighter Futures, Working with Communities in Kenya

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**Items for Monthly Meeting Agenda** – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

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**NAME BADGES & MEMBERSHIP CARDS**

Please collect both badges and cards from the new member's welcome desk

**WELCOME TO THE FOLLOWING NEW MEMBERS**

Polly Rogers Mary Holmes Julia Simpson Pamela Kirkwood

## GROUP LEADER UPDATES

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PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.

CLICK [GROUP LEADER CONTACT DETAILS](#)

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### ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

No meeting in January – next meeting 14th February 2024.

### BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

We met on 7th December at a members home to discuss 'The Herd' by Emily Edwards. The book is about two women, Bry and Elizabeth, once close friends who find themselves at opposite sides of a courtroom. This is brought about by differing opinions about children's MMR vaccinations. Andrew Wakefield's flawed research was very clearly documented in this book. We had a lively discussion about immunisations and our experiences of people with autism. We all thought that the author described the feeling of Bry's mother very well. The group particularly liked the neighbour, Rosalyn. The ending of the book was a surprise for all of us.

We meet again on 4th January to discuss The Other Bennet Sister by Janice Hadlow.

### BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

We look forward to continuing our literary explorations in 2024. Our first meeting will be on 30th January at 10.30am when our book is 'Under Occupation' by Alan Furst which is set in 1942 Paris. A vicious fight between the invaders and the Resistance is taking place when an escapee from the Gestapo gives important information to a novelist who must get it to the Resistance. In doing so he becomes embroiled with both the Resistance and a beautiful woman.

### BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

After another successful session of bowling we finish on Thursday 21st December for the Christmas break. A sociable send-off with refreshments and chat is planned. The next session will begin on Tuesday 2nd January 2024, as before at Kilmakee Activity Centre. Play will take place at 1.45pm to 4.00pm on Tuesdays and at 9.45am to 12.00 noon on Thursdays. New players are welcome but we would ask them to contact Fraser or Bill, and say which day/s they wish to play.

### BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

We meet at The cafe upstairs at Smyth Patterson's. We are really grateful to have the luxury of comfortable surroundings with coffee and cake on tap! Please make yourselves known as u3a members when you visit. The staff are wonderful. We meet every Thursday at 3.00pm.

### DINING OUT

GROUP LEADER – NORMA PATTERSON

No outing this month

### **FRENCH GROUP**

**GROUP LEADER – ZOE COLLINS**

Group meets every Monday 2.30 – 3.30pm at Zoe's home.  
The Group will meet again on Monday 8th January at 2.30 pm.

### **CROCHET**

**GROUP LEADER – JEAN RYAN**

We are taking a break for the Festive Season. Weekly meetings recommence on Friday 5 January from 10.30-12.00 at Happy Days Lisburn.

### **GARDEN GROUP**

**GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON**

No formal meeting this month as all our members are very busy with their seed catalogues and planting up Spring bulbs!

### **GOLF**

**GROUP LEADER MARGARET CALLAN**

Golf group members play at Aberdelghy on Mondays on an ad-hoc basis during the winter months and would be happy to welcome other members who wish to join them. Please contact the Group Leader if you would like to participate.

### **KARATE**

**GROUP LEADER WILIAM GRANT**

The class will restart on Tuesday 9th January, 6 to 7.30 pm.

### **LET'S GO**

**GROUP LEADER- GAIL POLLOCK**

Nothing has been organised yet for an outing in January, once something is, I will ask Avril to let everyone know the details. Hope you all have a very enjoyable holiday.

### **LU3A SINGERS**

**GROUP LEADER – JACQUI TOWNSLEY**

One meeting is on Friday 26th January at 2.00 pm in the Parish Room, Hillsborough Parish Church.  
The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.  
Looking forward to seeing everyone again next year!

### **NATIONAL TRUST**

**GROUP LEADER – LESLEY KIRK**

No meeting this month

### **PAINTING**

**GROUP LEADER – TOMMY YARR**

The painting group meets weekly on Tuesdays at 10.30 am in the Village Centre Hillsborough. We use varied mediums and enjoy seeing the finished results (sometimes!).

### **T'AI CHI – Mixed Ability Classes**

**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

Classes recommence on Monday the 8th of January. Due to popular demand a new class is being held at 12.15 - 1.15 pm. A few places are still available. Anyone interested in securing a place in this new class please contact a group leader.

Merry Christmas and Happy New Year



## **THEATRE & CONCERT GROUP**

**GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE**

**SNOW WHITE** – Grand Opera House, Belfast – Tuesday 9th January 2024

Curtain up 13.30 hrs.

Booking closed – tickets available at the theatre before the show.

## **YOGALATES**

**GROUP LEADER – BRENDA PALMER, FREDA BELL**

Classes will resume after the Christmas break on the 10th and 12th of January. Our classes are fairly full at the moment but we are happy to put names, of anyone interested in joining, on our waiting list.

Just contact Brenda or Freda for enquiries.

Wishing everyone a very happy Christmas and a peaceful New Year

**WALKING GROUPS** – You Have A Choice Of Five Walking GROUPs With Five Different Levels Of Difficulty:

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### **LEVEL 1: STROLLERS**

**GROUP LEADER – MARY HINE**

Carrying on as usual on Mondays, contact Mary if you are interested in further information.

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### **LEVEL 2: SATURDAY RAMBLERS**

**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles.

For details contact Group Leader.

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### **LEVEL 3: RAMBLERS**

**GROUP LEADER - STANLEY PRENTICE**

### **LEVEL 4: RAMBLERS PLUS**

**GROUP LEADERS – KEITH INESON, WILLIAM GRANT**

### **LEVEL 5: SCRAMBLERS**

**GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

Any questions or for more information please contact Group Leader.