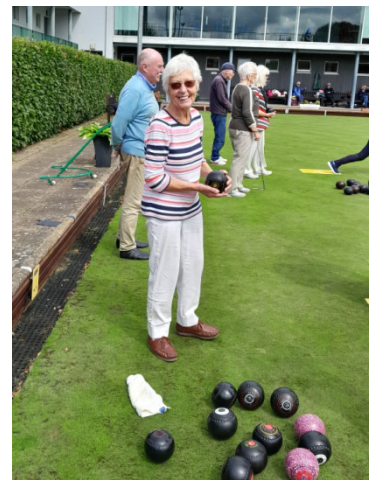


Lisburn U3A Colour Supplement

Out and About - August 2023

Bowlers played a return match with Belfast U3A



Scramblers
at Silent Valley



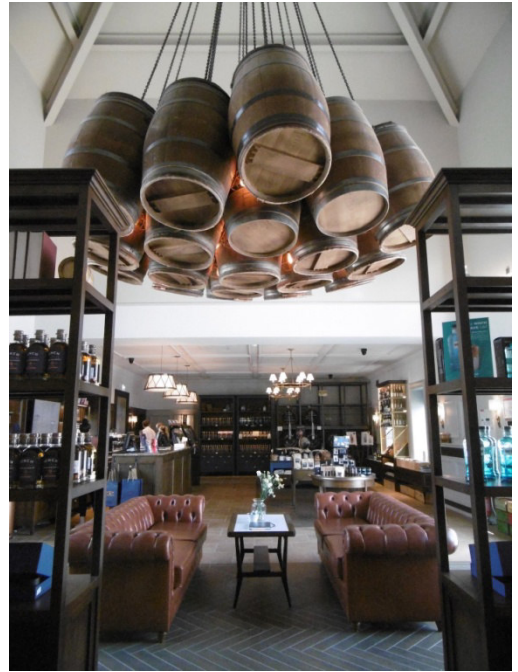
Ramblers out in force at Delamont



and at
Cavehill



'Let's Go' visit Hinch Distillery



A great turnout for the Garden Visit to Hazelbank



A different garden at Santa Pola, Spain



Scenes from Tollymore and Carlingford



*A good variety of excellent
photographs from:*

Ronnie Bell

Bill Grant

Bill Ingleston

Caruth Logan

Darrell Mawhinney

Gail Pollock