

**SEPTEMBER MEETING – LAGANVIEW ENTERPRISE CENTRE
THURSDAY 28TH SEPTEMBER AT 2.00PM**

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

Martin Todd – The Strangford Stone (also known as The Millennium Stone and The Delamont Stone) The imposing Strangford Stone is the tallest megalith in the British Isles. It was quarried from the Mourne Mountains and now stands tall in Delamont Country Park, Killyleagh facing the Mournes. Martin will tell us of the history of the Strangford Stone Project and how it was assembled and brought to the site in Delamont Park. A fascinating talk.

Thank you to the Bridge Group who will be at the sign-in desk and hosting the refreshments this month.

OCTOBER MEETING - THURSDAY 26th OCTOBER 2023 – 2.00pm

Peter Vannucci – Italian Migration to Ireland Marconi, Forte, Fusco, Morelli and Caproni are a few of the Italian surnames well known to us all. Peter will tell us from where, when and why they, and others, came to Ireland, where they settled and the skills they brought with them.

Please wear your name badge and bring your cup for tea/coffee.

Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

NAME BADGES & MEMBERSHIP CARDS

Please collect both badges and cards from the new member's welcome desk.

WELCOME TO THE FOLLOWING NEW MEMBERS

Francesca Leyden Jean Murray Alice Phoenix Joan Croy

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.
CLICK [GROUP LEADER CONTACT DETAILS](#)

ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

Next meeting Wednesday 11th October at 7.30 pm, Hillsborough Village Centre

Our new programme is now underway and we will be pleased to welcome new members to the group. We meet on the 2nd Wednesday of each month at 7.30 pm in Hillsborough Village Centre.

BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

We met on 7th September in a members home to discuss 'This is Happiness' by Niall Williams. The book is set in Ireland in the 1950's in a remote part of County Clare. The story is set around the arrival of electricity to the village. However this is just a vehicle to describe characters, their problems, and their relationships. We all enjoyed the book, felt it was not too paddy Irish. We all recognised the way of life of old Ireland and for many of the group the stories reminded them of their grandparents. We all said that we would read another book by this author.

Next month we will be discussing 'The People on Platform 5' by Clare Pooley

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our October meeting is on Tues 31st at 10.30pm when our book is Nobel Prize winning author Pearl S. Buck's 'The Good Earth' (pub.1931). As China looms ever larger in world affairs we revisit this classic about family life and struggles in an early 20th century Chinese village as fortunes wax and wane as there are many natural and man made tribulations to face. Buck, the daughter of American missionaries, spent most of her early life in China and draws on her extensive knowledge of its language, culture and society.

BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

After two weeks since the restart, the winter indoor sessions are well underway at Kilmakee Activity Centre. Play takes place at 1.45pm to 4.00pm on Tuesdays and at 9.45am to 12.00 noon on Thursdays. New players are welcome but we would ask them to contact Fraser or Bill, and say which day/s they wish to play.

BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

A few of us met at our new venue for beginners bridge. The cafe upstairs at Smyth Patterson's. We are really grateful to have the luxury of comfortable surroundings with coffee and cake on tap! Please make yourselves known as u3a members when you visit. The staff are wonderful. We meet every Thursday at 3.00pm

DINING OUT

GROUP LEADER – NORMA PATTERSON

Our next outing will be at 6.45 on Thursday 12th October at Pizzarellys!! If you would like to join us, please email me?

FRENCH GROUP

GROUP LEADER – ZOE COLLINS

Group meets every Monday 2.30 – 3.30pm at Zoe's home.

CROCHET

Class meets at Happy Days Lisburn every Friday 10.30 – 12.00 .

GROUP LEADER – JEAN RYAN

GARDEN GROUP

No outings this month.

GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON

GOLF

GROUP LEADER MARGARET CALLAN

WEEKLY GOLF continues on Monday mornings at Aberdelghy.

All golfing arrangements are made via WhatsApp. Please contact the Group Leader to get your name added to the WhatsApp groups

LET'S GO

GROUP LEADER- GAIL POLLOCK

October's visit will be to the Bann Valley Heritage Centre on Fri 27th October at 10.30. Cost will be £10pp. We visited several years ago, but as we have many new members since then and they've added more artefacts, I think it warrants another visit as it was a really interesting experience. <https://bannvalleyheritage.co.uk/>

If you would like to go but won't be at this month's meeting, please contact Group Leader.

LU3A SINGERS

GROUP LEADER – JACQUI TOWNSLEY

Meetings will be on Friday 13th and Friday 27th October at 2.00 pm in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre. New members are very welcome.

NATIONAL TRUST

No meeting this month

GROUP LEADER – LESLEY KIRK

PAINTING

Painting resumed on Tuesday 12th September and we welcomed a new member Yvonne. Numbers were disappointing and we hope they improve or we shall have to consider our future.

GROUP LEADER – TOMMY YARR

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE

The Tai chi class has welcomed some new members for this session and now has a full complement of students. Anyone interested in joining is welcome to contact the group leaders as we are compiling a waiting list. Our practice is suitable for all levels of experience.

THEATRE & CONCERT GROUP

GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE

42ND STREET - Grand Opera House, Belfast, Thursday 26th October 2023 at 2.30 pm
Booking closed. Tickets available in the foyer before the show.

CASTING THE RUNES: TWO GHOST STORIES - Lyric Theatre, Belfast, Saturday 18th November at 3.00 pm
Montague Rhodes James [1862 – 1936] wrote his ghost stories to perform to friends in the years leading up to WW1. Today they have lost nothing of their power to terrify and amuse. Nunkie Theatre Company returns with two more of James's very best, in another thrilling one-man show. In Casting the Runes we meet the unforgettable 'Abbot of Lufford,' Mr. Karswell – magic lanternist, historian of the occult, and scourge of the academic establishment. The story is perhaps best known for being the source for the classic 1950s horror film 'Night of the Demon.' It is partnered here by one of James's most neglected masterpieces: The Residence at Whitminster in which a dark shadow is cast over the precinct of a peaceful English church...

Tickets £20. Closing date 28th September 2023.

TECHNOLOGY GROUP

My apologies to all those who have waited patiently for the Windows 10 course to start. This summer has been very busy and I have not had time to prepare material for this course. However I hope to run this course very soon, hopefully before the end of this year. The course will take four to six weeks, depending on the number of windows topics covered. The location will be the Laganview Enterprise Centre and the cost will be a single payment of £3 per person to cover the cost of paper and ink. A laptop with windows 10 installed will be required for this course. I will also arrange another Smartphone "Introduction to Mobile Phones" course to be run by Ali Harrison who took two phone courses earlier this year. The cost of this will be £13 per person and will also be held at the Laganview Enterprise Centre. Anybody interested in either of these two courses please email me at rayfillmore@gmail.com

Please specify WHICH of the courses you wish to attend. Also please let me know which mornings of the week - Mondays to Fridays you would be available. {Between 10am & 12pm} The Windows 10 course will be take place on the morning suited to the majority of people. (Subject to room availability) The mobile phone course will be subject to the availability of Ali Harrison. I suggest that people who did not attend the "Introduction to Technology" course which took place earlier this year should consider whether they have sufficient basic technology knowledge to attend the Windows10 course. You will need to have an understanding of general technology terms; common file extensions; file management and basic directory structure.

YOGALATES

GROUP LEADER – BRENDA PALMER, FREDA BELL

Classes continue on Wednesdays 4-5 pm and Thursdays 12am-12pm at Laganview Enterprise Centre under the tutelage of Asha. All new members are welcome and can try out a session free of charge. Anyone interested should contact one of the Group Leaders.

WALKING GROUPS – You Have A Choice Of Five Walking GROUPs With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER – MARY HINE

Carrying on as usual, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS – KEITH INESON, WILLIAM GRANT

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

Any questions or for more information please contact Group Leader.

COMMITTEE MEMBERS – CONTACT DETAILS

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chair Person		chairlu3a@hotmail.com
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		treasurerlu3a@gmail.com
Avril Hughes	Administrative Secretary		Info@lisburnu3a.org
Brenda Palmer	Catering and sign in Coordinator		info@lisburnu3a.org
Peter Hunter	Speakers		speakersli3a@gmail.com
Fraser Shannon	Venues/Bookings		info@lisburnu3a.org
Lesley Kirk	Membership Secretary		membershiplu3a@gmail.com
Joan Bryson	Convener of Group Leaders		info@lisburnu3a.org

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement	--	photosuplu3a@gmail.com

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		info@lisburnu3a.org
Archery	Every Tuesday	10-11:00am	1	John Sell		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston		
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	18	Jean Ryan		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Margaret Callan		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2 nd & 4 th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Lynda Brownlee Barbara Primrose		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
Walking Groups – In increasing levels of difficulty						
Strollers	Every Monday	10:15am	8	Mary Hine		info@lisburnu3a.org
Saturday Ramblers	3 rd Sat of month	10:30am	8	Gil Colvin		
Ramblers	Every Monday	10:30 am	8	Stanley Prentice		
Ramblers Plus	2 nd Mon of month	10:30am	8	Keith Ineson William Grant		
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice		

VENUE* KEY

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrim Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = Everyday Cafe at Smyth Pattersons
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Parish Room Hillsborough Parish Church	18 = Happy Days