

## **AUGUST MEETING – LAGANVIEW ENTERPRISE CENTRE THURSDAY 31ST AUGUST AT 2.00PM**

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The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

Janet Wilson – A walk around Strangford Lough.

Janet will be taking us on a walk around Strangford Lough. This will be an interesting talk reminding us of the many scenic spots and historic places around what is the largest sea lough in the British Isles and one of Europe's key wildlife habitats.

Thank you to Book Group 1 who will be at the sign-in desk and hosting the refreshments this month.

## **SEPTEMBER MEETING – THURSDAY 28TH SEPTEMBER 2023 – 2.00pm**

Martin Todd – The Strangford Stone (also known as The Millennium Stone and The Delamont Stone) The imposing Strangford Stone is the tallest megalith in the British Isles. It was quarried from the Mourne Mountains and now stands tall in Delamont Country Park, Killyleagh facing the Mournes. Martin will tell us of the history of the Strangford Stone Project and how it was assembled and brought to the site in Delamont Park. A fascinating talk.

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**Please wear your name badge and bring your cup for tea/coffee.**

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**Items for Monthly Meeting Agenda** – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

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### **NAME BADGES & MEMBERSHIP CARDS**

Please collect both badges and cards from the new member's welcome desk.

### **WELCOME TO THE FOLLOWING NEW MEMBERS**

**Tony and Rita Glover**

## GROUP LEADER UPDATES

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PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.

CLICK [GROUP LEADER CONTACT DETAILS](#)

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### ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

Visit to the fascinating village of Greyabbey on Friday 1st September 2023. Meet in Hoops Coffee Shop at 10.30am for coffee and chat - then visit the collection of antique shops and assortment of other speciality shops in the village.

Afterwards why not sample one of the excellent cafes or restaurants for a lazy lunch!

Non-members welcome.

Wednesday 13th September 7.30pm – meet in Hillsborough Village Centre.

At this our first meeting after the summer break we will be learning about some of the Antiques Roadshow's greatest finds.

This includes a box of silver found under the bed! – so if you have any small items of silver, e.g. silver tea spoons, etc., please bring them along.

Looking forward to seeing you all again – new members are very welcome.

### BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

We met in August at a members home to discuss 'The Rose Code' by Kate Quinn. There was a lively discussion between a small group. (Holidays and childminding duties.) So many secrets! We learnt of the importance of keeping secrets in places like Bletchley Park and the work that went on there. The horror of the asylum and the ploys used to control the women were also part of the heated chats. We all enjoyed reading about the unlikely friendships forged during bleak times.

Our next book is 'This is Happiness' by Niall Williams.

### BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

In September we will meet on Tue 26th at 10.30am when our book will be 'Small Island' by Andrea Levy. This English born daughter of Jamaican parents chronicles the ties which bind Britain and the Caribbean and the impacts of immigration after WW2. Queenie's neighbours disapprove when she takes in Jamaican lodgers but money is tight and ex- RAF member Gilbert and his wife don't get the welcome they expect.

### BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

As the outdoor sessions will soon be drawing to a close, our focus will switch to Indoor sessions at Kilmakee Activity Centre.

Our winter season there starts at 1.45pm on Tuesday 5th September. Thursday indoor sessions start at 9.45am on 7th September. New players are welcome but we would ask them to contact Fraser or Bill, and say which day/s they wish to play.

### BOWLING: OUTDOOR

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Outdoor sessions will finish on Thursday 31st August as play for the winter season switches to Kilmakee Activity Centre.

### BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

A few of us met at our new venue for beginners bridge. The cafe upstairs at Smyth Patterson's. We are really grateful to have the luxury of comfortable surroundings with coffee and cake on tap! Please make yourselves known as u3a members when you visit. The staff are wonderful.

New season starts 14 September at 3pm and we have another 10 beginners.

## **DINING OUT**

**GROUP LEADER – NORMA PATTERSON**

We had another enjoyable evening again on 3rd August! Our next outing will be on 14th September at 6.45pm at Pizzarells!! Just send an email if you would like to join us. Looking forward to seeing everyone!!

## **FRENCH GROUP**

**GROUP LEADER – ZOE COLLINS**

Just a reminder that the first meeting of the Autumn term begins on Monday 18 September at 2.30 pm at my home. Class is at capacity.

## **CROCHET**

**GROUP LEADER – JEAN RYAN**

Classes are commencing again at Happy Days Lisburn on Friday 1st September 10.30-1200

## **GARDEN GROUP**

**GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON**

Visit to Linden, Killinchy on Tuesday 12th September at 2pm. A 2-acre garden with year-round interest. Admission, with refreshments, £8. Parking limited so car sharing essential - meeting point will be Dobbies car park.

To book your place please sign up at meeting or contact either of the Group Leaders

## **FLOWER ARRANGING**

**GROUP LEADERS – ROSIE CORRIGAN, CATHY SHAWE**

This Group will not resume meeting after the summer break. Our thanks to Cathy Shawe and Rosie Corrigan for running the Group and we hope all members continue to enjoy this beautiful and rewarding activity.

## **GOLF**

**GROUP LEADER MARGARET CALLAN**

**WEEKLY GOLF** continues on Monday mornings at Aberdelghy.

**SUMMER GOLF** on Thursday 14th September at Lurgan Golf Club - £30 for 18 holes and £20 for 9 holes. Plenty of tee-times available between 10am and 11am but we'll have to slot in around the Ladies Competition.

Restaurant services available afterwards.

Please advise asap via WhatsApp if you intend to play so that we can get the best tee-times. All golfing arrangements are made via WhatsApp. Please contact the Group Leader to get your name added to the WhatsApp groups

## **LET'S GO**

**GROUP LEADER- GAIL POLLOCK**

September's Let's Go will be very local, a visit to Lisburn Museum to see the British Museum's touring Exhibition on Egyptian Hieroglyphs. This will be on Wed 20th September at 12noon for a 1 hour tour, this is free.

<https://www.lisburnmuseum.com/whats-on-events/egyptian-hieroglyphs-unlock-the-mystery/>

There will be a sign up sheet at the meeting. Anyone not at the meeting, but who would like to go, please contact the Group Leader

## **LU3A SINGERS**

**GROUP LEADER – JACQUI TOWNSLEY**

Our next meeting will be on Friday 22nd September at 2.00 pm in the Parish Room, Hillsborough Parish Church.

The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre.

This will be our first meeting after the summer break and I look forward to seeing lots of new members.

## **NATIONAL TRUST**

**GROUP LEADER – LESLEY KIRK**

Why don't you join us for a Tremendous!! walk on Wednesday 20th September at Rowallane Gardens, meeting in the car park at 10.30? This is a self-guided walk taking a closer look at some of the gardener's favourite trees in autumn. I'm sure there will be a warming cuppa in the tearooms after the walk. Please sign the sheet at the monthly meeting or email Lesley the group leader if you would like to go.

## PAINTING

**GROUP LEADER – TOMMY YARR**

Awake all members of the Painting Group! We start back on Tuesday 12th September 10 30-12 30 in Hillsborough Village Centre. New members are welcome. Only place in Hillsborough where a cup of tea/coffee and a biscuit are £1.

## T'AI CHI – Mixed Ability Classes

**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

Tai Chi begins again on Monday 4th September in Laganview Enterprise Centre at 11:00am. At the moment our class has the full quota of members. However if you are interested in this activity and wish to be on the waiting list please contact one of the group leaders.

## THEATRE & CONCERT GROUP

**GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE**

### EVITA

Grand Opera House, Belfast, Thursday 21st September at 2.30pm

The Ulster Operatic Company returns to the Grand Opera House with this musical classic from Andrew Lloyd Webber and Tim Rice. Well-known numbers from this musical masterpiece include Don't Cry for Me Argentina, Oh What a Circus, Buenos Aires and Another Suitcase in Another Hall.

Tickets £30 pp – closing date for booking Monday 4th September.

## YOGALATES

**GROUP LEADER – BRENDA PALMER, FREDA BELL**

Classes will resume in September. Anyone who is interested should contact one of the Group Leaders.

We are happy to welcome anyone who wants to try it out to see if it suits free of charge for one class.

## WALKING GROUPS – You Have A Choice Of Five Walking GROUPS With Five Different Levels Of Difficulty:

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### LEVEL 1: STROLLERS

**GROUP LEADER – MARY HINE**

Carrying on as usual, contact Mary if you are interested in further information.

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### LEVEL 2: SATURDAY RAMBLERS

**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles.

For details contact Group Leader.

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### LEVEL 3: RAMBLERS

**GROUP LEADER - STANLEY PRENTICE**

### LEVEL 4: RAMBLERS PLUS

**GROUP LEADERS – KEITH INESON, WILLIAM GRANT**

### LEVEL 5: SCRAMBLERS

**GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

The Ramblers group hope to resume car sharing after Easter, assuming everyone is comfortable with it. Any questions or for more information please contact Group Leader.