

**JULY MEETING – LAGANVIEW ENTERPRISE CENTRE
THURSDAY 27TH JULY AT 2.00PM**

For the lu3a July meeting we will be back at Laganview Enterprise Centre.

The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

This month we will welcome Simon Walker who will be speaking about the Hill family and their connections around Hillsborough. This should be an interesting talk about our local history.

Thank you to the Badminton group who will be at the sign-in desk and hosting the refreshments this month

AUGUST MEETING – THURSDAY 31st AUGUST 2023 – 2.00pm

Janet Wilson – A walk around Strangford Lough.

Please wear your name badge and bring your cup for tea/coffee.

Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

NAME BADGES & MEMBERSHIP CARDS

Please collect name badges from the new member's welcome desk and this year's membership cards from the sign in table.

WELCOME TO THE FOLLOWING NEW MEMBERS

Barbara Abraham – John Kenny - Gaile Smyth

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.

CLICK [GROUP LEADER CONTACT DETAILS](#)

ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

Visit to the fascinating village of Greyabbey on Friday 1st September 2023. Meet in Hoops Coffee Shop at 10.30 am for coffee and chat - then visit the collection of antique shops and assortment of other speciality shops in the village. Afterwards why not sample one of the excellent cafes or restaurants for a lazy lunch! Non-members welcome.

BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

We met in a member's home to discuss Lessons in Chemistry by Bonnie Garmin. We all enjoyed the book and some had a few 'laugh out loud' moments at some of the incidents described. The book follows a female chemist in the 1960's who doesn't get the respect she deserves. The book is witty and full of female empowerment. The antics of the dog that featured were particularly enjoyed by all. There was then a lively discussion about feminism in the 1960's and members own recollections of that time. Next month we are reading The Rose Code by Kate Quinn.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our August meeting is on Tue. 29th at 10.30am when our book is 'The Trees' by Percival Everett. There are a series of murders in a small Mississippi town where a second body has been left at the scene of each crime and nobody including the local sheriff seems able to help the detectives brought in to investigate. Is this retribution for long ago crimes being carried out at last and when will the killings stop? Not just a detective novel, but also a critique of police violence and racism.

BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Indoor sessions at Kilmakee Activity Centre have finished for the majority of our bowlers until the winter season starts on 6th September. The small number who still play at 1.45 pm on Tuesdays have restarted after the July holiday.

BOWLING: OUTDOOR

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Outdoor bowling continues at Lisnagarvey on Tuesdays at 1.45 to 4.00 pm and Thursdays at 10.15 to 12.00 noon. There are plenty of spaces so new players are welcome but they should contact Fraser and tell him which day/s they wish to play.

The fee for seniors is £26.50 for the season. Evidence of date of birth, for example a driving licence, is required.

Belfast U3A have invited us to play an outdoor game on Tuesday 1st August at Musgrave Park. Please contact Fraser asap if you are able to play then.

BEGINNERS BRIDGE

GROUP LEADER – PATRICIA RICKETTS

Sad to report that The Alchemy closed and our group is now looking for a new home.

We have feelers out for various venues. Mainly our requirements are Thursdays 2 to 4 and good parking. Close to public transport would also be good. If u3a members have any suggestions please let me know.

DINING OUT

GROUP LEADER – NORMA PATTERSON

Our next outing to Pizzarellys will be on Thursday 3rd August at 6.45pm. It's BYO wine/ beer etc. Please contact me if you would like to join us?? Norma

FRENCH GROUP

GROUP LEADER – ZOE COLLINS

The Beginners' French Group will recommence for the 2023/4 term on Monday 18th September at the usual time of 2.30 pm at Zoe's home.

We are keeping in touch over the summer with news and photos of anything French related, like Bastille Day and films.

CROCHET

GROUP LEADER – JEAN RYAN

We are taking a break for the summer and plan to meet again at Happy Days Lisburn on Friday 1 September 10.30-1200

GARDEN GROUP

GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON

Anyone interested in the gardening group can contact either of the group leaders to have their details added to contact list

GOLF

GROUP LEADER MARGARET CALLAN

WEEKLY GOLF continues at Aberdelghy most Monday mornings.

SUMMER GOLF in August is also a morning outing to Aberdelghy on Thursday 10th.

Arrangements are made via WhatsApp. Please contact the group leader to have your name added to the WhatsApp groups

LET'S GO

GROUP LEADER- GAIL POLLOCK

Our next outing will be to The Hinch Distillery near Ballynahinch on Thurs 24th August at 12.00. Cost is £21.50pp. It includes a tour and tasting of their whiskey.

LU3A SINGERS



No meetings in July and August.

GROUP LEADER – JACQUI TOWNSLEY

NATIONAL TRUST

GROUP LEADER – LESLEY KIRK

Nothing arranged for National Trust this month.

PAINTING

GROUP LEADER – TOMMY YARR

We are taking a break for July and August and will commence again in September.

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE

Our classes stop for a Summer break during July and August. We look forward to a new season of Tai Chi beginning Monday 4 September. Happy holiday time and best wishes - to all class members and to our tutor Jane.

THEATRE & CONCERT GROUP

GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE

OLIVER! - Grand Opera House, Belfast, Friday 21 July 2023, 2.00 pm
Booking closed

YOGALATES

GROUP LEADER – BRENDA PALMER, FREDA BELL

Yogalates have stopped for the summer. Classes will resume in September.
Anyone who is interested should contact myself or Freda.
We are happy to welcome anyone who wants to try it out to see if it suits free of charge for one class.

WALKING GROUPS – You Have A Choice Of Five Walking GROUPs With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER – MARY HINE

Carrying on as usual, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles.
For details contact Group Leader.

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS – KEITH INESON, WILLIAM GRANT

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Rambles and Scramblers continue to be well supported each month.

The Ramblers group hope to resume car sharing after Easter, assuming everyone is comfortable with it. Any questions or for more information please contact Group Leader.

COMMITTEE MEMBERS – CONTACT DETAILS

Welcome to Brenda Palmer, Joan Bryson and Fraser Shannon who have joined the committee following the AGM in May.

Many thanks to our outgoing members Keith Ineson, Bill Grant and Ceri Stalker for giving of their time and their contribution to the committee.

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chair Person		chairlu3a@hotmail.com
Volunteer Required	Vice Chairperson	--	
Joan Hamilton	Treasurer		treasurerlu3a@gmail.com
Avril Hughes	Administrative Secretary		Info@lisburnu3a.org
Brenda Palmer	Catering and sign in Coordinator		info@lisburnu3a.org
Peter Hunter	Speakers		speakersli3a@gmail.com
Fraser Shannon	Venues/Bookings	---	info@lisburnu3a.org
Lesley Kirk	Membership Secretary	---	membership6543@gmail.com
Joan Bryson	Convener of Group Leaders		info@lisburnu3a.org

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement	--	photosuplu3a@gmail.com

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		
Archery	Every Tuesday	10-11:00am	1	John Sell		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor Seasonal: Winter Starts 5th Sept.	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston		
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	18	Jean Ryan		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Flower Arranging	Every Thursday	10.30-12.30	5	Rosie Corrigan Cathy Shawe		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Margaret Callan		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
info@lisburnu3a.org						
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin		
Ramblers	Every Monday	10:30 am	8	Stanley Prentice		
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant		
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice		
info@lisburnu3a.org						

VENUE* KEY

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrin Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = The Alchemy, Moira - (Formerly The Tannery)
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Barry Gallery Downshire Centre	18 = The Journey Church