

JUNE MEETING – BARBEQUE - THURSDAY 29TH JUNE 2023

12.30 for 1.00pm

MASONIC HALL, BELSIZE ROAD, LISBURN

Looking forward to seeing everyone who has signed up for the barbeque on Thursday 29 th June 2023. This is a members only event as it is being subsidised by lu3a. Mulholland's will be cooking the food and there is a bar available for those who wish to purchase alcoholic or soft drinks. As well as meats and sides - juice, tea, coffee and biscuits will be served.

The event will take place at the car park and in the hall.

ON ARRIVAL, PLEASE SIGN IN AGAINST YOUR NAME AND COLLECT YOUR BARBEQUE TICKET AT THE DESK.

Thank you to the Yogalates group who are hosting the sign in desk and serving the teas/coffees this month.

We will be holding a ceilidh during the afternoon with member Linda Harley showing us the moves! It should be a fun time to join in or just to watch.

Hoping for good weather and looking forward to seeing you there.

JULY MEETING – 27 th JULY 2023 – 2.00pm

LAGANVIEW ENTERPRISE CENTRE

For the lu3a July meeting we will back at Laganview Enterprise Centre. The meeting will start at 2.00pm but feel free to arrive from 1.40pm to have tea/coffee and chat with friends beforehand.

This month we will welcome Simon Walker who will be speaking about the Hill family and their connections around Hillsborough. This should be an interesting talk about our local history.

Please wear your name badge and bring your cup for tea/coffee.

Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

NAME BADGES & MEMBERSHIP CARDS

Please collect name badges from the new member's welcome desk and this year's membership cards from the sign in table.

WELCOME TO THE FOLLOWING NEW MEMBERS

**Billy and Kim Beck Margaret McMahon Gladys Alexander
Maurice McCollum Ita Caldwell**

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.

CLICK [GROUP LEADER CONTACT DETAILS](#)

ANTIQUES AND COLLECTABLES

GROUP LEADER – JACQUI TOWNSLEY

No meeting in July

BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

We met in June in a members garden and enjoyed the warm weather, hospitality and of course the 15s ! We discussed The Pull of the Stars by Emma Donoghue. We all enjoyed the book. We felt it was well researched, set in the 'Spanish Flu ' outbreak at the end of WW1. Feminism, Irish historical detail, war trauma and social issues of the time were all discussed. The characters and sense of claustrophobic space were well described. The members who knew Dublin were able to identify with the local geography. The only negative comments were with regard to the graphic, gory and grotesque descriptions of childbirth. This month we will be discussing Lessons in Chemistry by Bonnie Garmen.

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

Our meeting is at 10.30pm on Tuesday 25th July when our book is an Italian classic - 'All Our Yesterdays' by Natalia Ginzberg. Set in WW2 Italy and drawing on the author's own experiences it chronicles the choices and sacrifices ordinary people make as they navigate life under fascism. Experiences which both deepen and deaden existence. The narrative focuses on the marriage between a pregnant 16 year old girl and an older eccentric family friend.

BOWLING

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Indoor sessions at Kilmakee Activity Centre have finished for the majority of our bowlers but a small number continue to play at 1.45 pm on Tuesdays.

BOWLING: OUTDOOR

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

Outdoor bowling continues – in the recent lovely weather - at Lisnagarvey on Tuesdays at 1.45 to 4.00 pm and Thursdays at 10.15 to 12.00 noon. There are plenty of spaces so new players are welcome. To help us ascertain numbers we would ask new players to contact Fraser and tell him which day/s they wish to play. The fee for seniors is £26.50 for the season. Evidence of date of birth, for example a driving licence, is required.

DINING OUT

GROUP LEADER – NORMA PATTERSON

Our next visit to Pizzarellys is on Thursday 6th July at 6.45 pm. It's BYO wine/ beer. If you would like to join us just email me? Looking forward seeing you all!!

FRENCH GROUP

GROUP LEADER – ZOE COLLINS

The class will conclude at the end of June with the last class on 26th held as a fête. It will resume in September and Zoe will be in touch with members to confirm the date.

CROCHET

GROUP LEADER - JEAN RYAN

We are continuing our meetings on Fridays 10.30-12.00 at Happy Days, Lisburn until 30 June, when we'll be taking a summer break. We hope to meet again at the same venue in September.

GARDEN GROUP

GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON

The next garden visit is on 21st July to 61 Crawfordstown Road, Ballynahinch at 2.30pm. This 2 acre garden, has shrubs, roses and perennial plants as well as a woodland walk. Admission, with refreshments, £8. To book your place please contact Paul Boyce or Joan Hamilton

GOLF

GROUP LEADER MARGARET CALLAN

Weekly golf continues at Aberdelghy on Monday mornings.

The Summer Golf outing in June was at Down Royal. There's no outing in July as the second Thursday falls on 11th July. Aberdelghy Golf Course is the proposed venue for the August outing - Thursday 10th.

Arrangements for both groups are made via WhatsApp. Contact the Group Leader if you would like to join either or both WhatsApp groups.

LET'S GO

GROUP LEADER- GAIL POLLOCK

There will be no Let's Go for July, many people are away or doing family things. Hopefully things will resume in August, possibly a visit to Copeland distillery!

LU3A SINGERS



No meetings in July and August.

NATIONAL TRUST

GROUP LEADER – LESLEY KIRK

Sit back and relax in the beautiful Mountstewart Gardens listening to the Martello Jazz band. Bring your own chair and picnic or buy something to eat from the horsebox or BBQ there. This is on Sunday 30th July at 1.30 weather permitting. NT members are free and non members pay usual entrance fee.

Contact Lesley by email or text if you would like to go, or see her at the BBQ to put your name down.

PAINTING

GROUP LEADER – TOMMY YARR

The group continues to meet every Tuesday in the Village Centre Hillsborough 10.30-12.30. We work in oil, watercolour and pastels. New members welcome. Tea, coffee and biscuits available

T'AI CHI – Mixed Ability Classes

GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE

We have all enjoyed our Tai Chi classes this year-led by our excellent tutor Jane Burke. She has taught us so much and has kindly sent us videos each week to help us with Tai Chi practice at home.

Our classes stop for a Summer break during July and August. We look forward to a new season of Tai Chi beginning Monday 4 September. Happy holiday time and best wishes - to all class members and to our tutor Jane.

From Group leaders Paul Boyce and Kathleen Ingleston.

THEATRE & CONCERT GROUP

GROUP LEADERS JACQUI TOWNSLEY, REAH BROWNE

OLIVER! - Grand Opera House, Belfast, Friday 21 July 2023, 2.00 pm

Booking closed

YOGALATES

GROUP LEADER – BRENDA PALMER, FREDA BELL

Yogalates will be stopping for the summer at the end of June. Classes will resume in September.

Anyone who is interested should contact myself or Freda.

We are happy to welcome anyone who wants to try it out to see if it fits, free of charge for one class.

WALKING GROUPS – You Have A Choice Of Five Walking GROUPs With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

GROUP LEADER – MARY HINE

Carrying on as usual, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

GROUP LEADER - GIL COLVIN

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles.

For details contact Gil by email:

LEVEL 3: RAMBLERS

GROUP LEADER - STANLEY PRENTICE

LEVEL 4: RAMBLERS PLUS

GROUP LEADERS – KEITH INESON, WILLIAM GRANT

LEVEL 5: SCRAMBLERS

GROUP LEADER - STANLEY PRENTICE

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Ramblers and Scramblers continue to be well supported each month.

The Ramblers group hope to resume car sharing after Easter, assuming everyone is comfortable with it. Any questions or for more information please contact me at lu3aramblers@gmail.com

COMMITTEE MEMBERS – CONTACT DETAILS

Welcome to Brenda Palmer, Joan Bryson and Fraser Shannon who have joined the committee following the AGM in June.

Many thanks to out going members Keith Ineson, Bill Grant and Ceri Stalker for giving of their time and their contribution to the committee.

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chair Person		chairlu3a@hotmail.com
Volunteer Required	Vice Chairperson	--	
Joan Hamilton	Treasurer		treasurerlu3a@gmail.com
Avril Hughes	Administrative Secretary		Info@lisburnu3a.org
Brenda Palmer	Catering and sign in Coordinator		info@lisburnu3a.org
Peter Hunter	Speakers		speakersli3a@gmail.com
Fraser Shannon	Venues/Bookings	---	info@lisburnu3a.org
Lesley Kirk	Membership Secretary	---	membership6543@gmail.com
Joan Bryson	Convener of Group Leaders		info@lisburnu3a.org

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement	--	photosuplu3a@gmail.com

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email	
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		Info@lisburnu3a.org	
Archery	Every Tuesday	10-11:00am	1	John Sell			
Badminton	Every Wednesday	10:30am	2	Laura Molloy			
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston			
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson			
Bowling Indoor Seasonal: Winter Starts 5th Sept.	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston			
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston			
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam			
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts			
Crochet	Every Friday	10:30am	18	Jean Ryan			
Dining Out	Occasional	6:45pm	8	Norma Patterson			
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins			
Film Group	Most alternate Tues	Evening	8	Judith Prentice			
Flower Arranging	Every Thursday	10.30-12.30	5	Rosie Corrigan Cathy Shawe			
Fringe Group	Occasional	Varied	8	Sally Cunningham			
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton			
Genealogy	Occasional	Varied	8	Sally Cunningham			
Golf	Most Mondays	Varied	8	Margaret Callan			
Karate	Every Tuesday	6pm-7:30pm	12	William Grant			
Let's Go	Occasional	Varied	8	Gail Pollock			
LU3A Singers	2 nd & 4 th Fridays	2:00pm	9	Jacqui Townsley			
National Trust	Varied	Varied	8	Lesley Kirk			
Painting	Every Tuesday	10:30am	3	Tommy Yarr			
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee			
Snooker	Every Tuesday	7:30pm	7	Neville Hicks			
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce			
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne			
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell			
Strollers	Every Monday	10:15am	8	Mary Hine			Info@lisburnu3a.org
Saturday Ramblers	3 rd Sat of month	10:30am	8	Gil Colvin			
Ramblers	Every Monday	10:30 am	8	Stanley Prentice			
Ramblers Plus	2 nd Mon of month	10:30am	8	Keith Ineson William Grant			
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice			

VENUE* KEY

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrim Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = The Alchemy, Moira - (Formerly The Tannery)
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Barry Gallery Downshire Centre	18 = The Journey Church