

Charitable Status No NI103276

MAY 2023

MAY MEETING – AGM - LAGANVIEW ENTERPRISE CENTRE THURSDAY 25TH MAY AT 2.00PM

Our AGM is taking place at the meeting on Thursday, and it would be great to see as many members as possible attending. The AGM gives members the opportunity to hear the Annual Reports and to vote for the committee for the coming year. Nominations have been received but there is still the time if any member would like to put their name forward (with a proposer and seconder) The business part of the meeting should be quite short after which we will welcome NI. Screen who will be showing us archive footage of the Lisburn area. This has proved popular in the past and we will surely see something which will flag up memories. Refreshments on arrival as usual, which this month is hosted by the Antiques group.

Please wear your name badge and bring your cup for tea/coffee.

Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting

JUNE MEETING - BBQ - THURSDAY 29TH JUNE 2023

Please note change of venue for this month's meeting.

Barbeque - Thursday 29th June 2023 at Lisburn Masonic Hall, Belsize Road 12.30 for 1.00pm. Cost £10 per head. This is a members only event as it is being subsidised by lu3a. Mulhollands will be cooking the food and there is a bar available for those who wish to purchase alcoholic or soft drinks. As well as meats and sides, tea and coffee will be served. If you have any dietary requirements, please indicate this when signing up.

A sign-up sheet will be available at the meeting on Thursday for members to add their names. If unable to come on Thursday and you wish to attend, please contact Joan Hamilton

email: info@lisburnu3a.org.

Last day for sign up and payment is Monday 26thJune 2023.

We will be holding a ceilidh during the afternoon with member Linda Harley showing us the moves. It should be a fun time to join in or just to watch. Looking forward to seeing you there.

*** Membership Renewals ***

Thank you to all those who have already renewed their membership for 2023/2024. There are still quite a few people who have yet to renew and the membership secretary will have sent emails to them. If you think you haven't paid please check your junk/spam folder as the email may well be there. The email will be from

Lesley Kirk via Lisburn u3a and the reply address is <u>membership6543@gmail.com</u>

The annual membership of £20 was due by 1st April and can be paid by standing order or online bank transfer to Lisburn u3a - Sort code 09-01-27 Account number 86503657 Please include your full name as the reference (not just the initials). If you prefer you can bring a cheque for £20 made payable to Lisburn u3a to the monthly meeting in May.

NAME BADGES & MEMBERSHIP CARDS

Please collect name badges from the new member's welcome desk and this year's membership cards from the sign in table. WELCOME TO THE FOLLOWING NEW MEMBERS

Margaret SonesKeith DuncanAnne McCordElizabeth BrownRosita StoreyLynn BuntingRita RussellMechelle BrownWelcome back to Phyllis Dobbin

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED. CLICK <u>GROUP LEADER CONTACT DETAILS</u>

ANTIQUES AND COLLECTABLES

Wednesday 14th June 2023 – Hillsborough Village Centre Collecting Napkin Rings - Today antique napkin rings are highly sought after. As with all collectables, rare or exceptional napkin rings can command high prices, even if they're not antique. Margaret and Denis Thatcher's napkin rings engraved with their names and birth dates fetched £11,875 at Christie's in 2019! Are you still using yours?

BOOK GROUP 1

We met at a members house on Thursday 4th May . There were 8 members present who enjoyed the hospitality provided. There were mixed feelings about 'The Dark Tourist' by Dom Jolie . A few found it boring, depressing, and not humorous. The majority learnt about countries they probably won't visit. A few said it was LOL. There was a lively discussion about how travel broadens the mind. We agreed that 'Dark Tourism' is not confined to travel abroad or an exotic setting. Most agreed that Dom Jolie was sharply observant at times. Our next meeting is on Thursday 1st June and we will be discussing 'The Pull of the Stars' by Emma Donaghue .

BOOK GROUP 2

This month we meet on Tues. 30th at 10.30am. Our book is 'The Atom Station' by Nobel prize winning author Halldor Laxman. Immediately after WW2 Iceland is traumatised by the British-American Occupation including US pressure to acquire land for a NATO base. The traditional culture and values are being challenged as politicians manoeuvre. A country girl steeped in the Icelandic Sagas comes to Reykjavik to work as a maid in a politician's house while she studies music and encounters different values. Despite its specific setting the themes of traditional rural culture against urban sophistication and foreign influences are universal.

BOWLING

Indoor sessions at Kilmakee Activity Centre have finished for the majority of our bowlers but a small number continue to play at 1.45 pm on Tuesdays.

BOWLING: OUTDOOR

Outdoor bowling is underway at Lisnagarvey on Tuesdays at 1.45 to 4.00 pm and Thursdays at 10.15 to 12.00 noon. There are plenty of spaces so new players are welcome. To help us ascertain numbers we would ask all players to contact Fraser and tell him which day/s they wish to play. The fee for seniors is £26.50 for the season. Evidence of date of birth, for example a driving licence, is required.

DINING OUT

GROUP LEADER - JOAN BRYSON

GROUP LEADERS FRASER SHANNON, BILL INGLESTON

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GROUP LEADER – NORMA PATTERSON

GROUP LEADER – JACQUI TOWNSLEY

GROUP LEADER- HILARY PRESTON

4.00 pm and Thursdays at 10.15 to 12.00 page. There

LISBURN U3A NEWSLETTER

Our next visit to Pizzarellys will be on Thursday 1st June at 6.45. It's still BYO wine/ beer etc. Just email if you would like to join us!

FRENCH GROUP

Our classes in May have been somewhat impacted by the bank holidays which we are all enjoying. The last class of this term will be held on Monday 26th June and will be a little summer party outside if the weather allows. "Portez-vous bien et passez de bonnes vacances d'été".

CROCHET

Meetings are currently held on Fridays 10.30-12.00 at The Journey Church, Lisburn.

GARDEN GROUP

GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON

Looking forward to our visit to Cherry Townsends on Wednesday 24th -still a few places available. Next visit is to Adrian Walsh's award winning Belfast Garden on 21st June. In July we go to a newly opened garden at Crawfordstown Road Ballynahinch to a 2 acre country garden. To book contact Joan Hamilton or Paul Boyce.

GOLF

WEEKLY GOLF continues on Monday mornings around 10am. SUMMER GOLF outing to Down Royal, Maze on Thursday 8th June around 10:30am 9 hole course £15 (to be confirmed) 18 hole course £20 (to be confirmed) Golfing arrangements are made via WhatsApp. Contact the Group Leader to join the WhatsApp groups

LET'S GO

June's visit will be to Exploris Aquarium in Portaferry on Thurs 22nd June at 11am, cost will be £9 for a guided tour plus £3.50 for tea/coffee and scone, total £12.50pp. The tour will take place at 12noon. They require payment in advance, so if you could have the correct change at the meeting. If you won't be at the meeting but would like to go, email me at

each month from 2.00 pm – 4.00 pm in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside

Meetings in June on Friday 9th and Friday 23rd June 2023 at 2.00 pm.We meet on the 2nd and 4th Friday of

LU3A SINGERS

NATIONAL TRUST

No events this month,

PAINTING

GROUP LEADER – TOMMY YARR

The group continues to meet every Tuesday in the Village Centre Hillsborough 10.30-12.30. We work in oil, watercolour and pastels. New members welcome. Tea, coffee and biscuits available

T'AI CHI – Mixed Ability Classes

the Centre. I look forward to seeing you all

GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE

A group of us from the Tai Chi class met in Castle Gardens, Lisburn on World Tai Chi Day on Saturday 29th April. We all enjoyed being outdoors practising Tai Chi. We were delighted that our tutor, Jane Burke, was able to attend - which boosted our confidence greatly! Afterwards we all enjoyed a warm drink in Percival's Coffee Bar, Railway Street which is a really welcoming place to go. We resumed our Tai Chi classes on 15th May and these will continue now with no more breaks until Monday 26th June. So lots to learn before the Summer break in July and August.

NEWS/INFORMATION/ARTICLES FOR THE NEXT EDITION MUST REACH THE EDITOR AT LEAST ONE WEEK BEFORE THE NEXT MEETING.

GROUP LEADER – ZOE COLLINS

GROUP LEADER - JEAN RYAN

GROUP LEADER MARGARET CALLAN

GROUP LEADER- GAIL POLLOCK

GROUP LEADER – LESLEY KIRK

THEATRE & CONCERT GROUP

OLIVER! - Grand Opera House, Belfast, Friday 21st July 2023, 2.00 pm. Dickensian London is the setting for the celebrated musical theatre masterpiece, Oliver! This is a Grand Opera House Trust Summer Youth Production - full of energy, colour and vibrancy and accompanied by a large, dynamic orchestra. Songs include Food, Glorious Food, Where is Love?, Consider Yourself and I'd Do Anything. Over 100 young people will have the opportunity to be part of Northern Ireland's biggest musical theatre event, and be part of a guaranteed summer to remember. Tickets £25 pp Closing date Monday 1st May 2023

YOGALATES

We are now practising Yogalates at our classes. This is a mix of Yoga and Pilates. All very good for keeping us stretched and supple as we age. Classes are Wednesdays. 4-5pm and Thursdays. 11am-12pm If anyone is interested in joining our classes please contact Brenda or Freda for details

WALKING GROUPS – You Have A Choice Of Five Walking GROUPs With Five Different Levels Of Difficulty:

LEVEL 1: STROLLERS

Carrying on as usual, contact Mary if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles. For details contact Gil by email:

LEVEL 3: RAMBLERS LEVEL 4: RAMBLERS PLUS LEVEL 5: SCRAMBLERS

GROUP LEADERS – KEITH INESON, WILLIAM GRANT GROUP LEADER - STANLEY PRENTICE

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Ramblers and Scramblers continue to be well supported each month.

The Ramblers group hope to resume car sharing after Easter, assuming everyone is comfortable with it. Any questions or for more information please contact me at <u>lu3aramblers@gmail.com</u>

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GROUP LEADER – BRENDA PALMER, FREDA BELL

GROUP LEADERS JACQUI TOWNSLEY, REAH BROWNE

GROUP LEADER – MARY HINE

GROUP LEADER - GIL COLVIN

GROUP LEADER - STANLEY PRENTICE

UUF LEADER – DRENDA PALMEK, FREDA BELL

COMMITTEE MEMBERS – CONTACT DETAILS

ΝΑΜΕ	Position	Mobile	EMAIL
Elizabeth Fleming	Chairperson		chairlu3a@hotmail.com
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		treasurerlu3a@gmail.com
Avril Hughes	Administrative Secretary		info@lisburnu3a.org
Ceri Stalker	Minutes Secretary		info@lisburnu3a.org
Peter Hunter	Speakers		speakerslu3a@gmail.com
Bill Grant	Venues/Bookings		info@lisburnu3a.org
Lesley Kirk	Membership Secretary		membership6543@gmail.com
Keith Ineson	Convener of Group Leaders		info@lisburnu3a.org

ADDITIONAL POSITIONS

NAME	Position	Mobile	Email
Margaret Walker	Temporary Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement		photosuplu3a@gmail.com

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		
Archery	Every Tuesday	10-11:00am	1	John Sell		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		

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LISBURN U3A NEWSLETTER

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Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston	
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson	
Bowling Indoor Seasonal: Winter Starts 6th Sept.	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston	
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	17	Fraser Shannon Bill Ingleston	
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam	
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts	
Crochet	Every Friday	10:30am	18	Jean Ryan	
Dining Out	Occasional	6:45pm	8	Norma Patterson	
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins	
Film Group	Most alternate Tues	Evening	8	Judith Prentice	
Flower Arranging	Every Thursday	10.30-12.30	5	Rosie Corrigan Cathy Shawe	
Fringe Group	Occasional	Varied	8	Sally Cunningham	
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton	
Genealogy	Occasional	Varied	8	Sally Cunningham	
Golf	Most Mondays	Varied	8	Margaret Callan	
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson	
Karate	Every Tuesday	6pm-7:30pm	12	William Grant	
Let's Go	Occasional	Varied	8	Gail Pollock	
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley	
National Trust	Varied	Varied	8	Lesley Kirk	
Painting	Every Tuesday	10:30am	3	Tommy Yarr	
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee	
Snooker	Every Tuesday	7:30pm	7	Neville Hicks	
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce	
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne	
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell	
Walking Groups – In i	ncreasing levels of diffi	culty			
Strollers	Every Monday	10:15am	8	Mary Hine	
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin	
Ramblers	Every Monday	10:30 am	8	Stanley Prentice	
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant	
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice	

VENUE* KEY				
1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street			
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre			
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara			
4 = Volunteer Member's Homes	13 = Tesco, Bentrim Rd, Lisburn			
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast			
6 = Convener's Home	15 = The Alchemy, Moira - (Formerly The Tannery)			
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY			
8 = Varied Venues	17 = LCCC Omniplex Bowling Green			
9 = Barry Gallery Downshire Centre	18 = The Journey Church			