



**MARCH MEETING - LAGANVIEW ENTERPRISE CENTRE
THURSDAY 30TH March AT 2.00PM**

Our speaker on Thursday is Maeve Moreland from Maritime Belfast who will be speaking about the Maritime Mile, an initiative developed by Maritime Belfast Trust, with the support of Belfast Harbour, Titanic Quarter Limited and the Odyssey Trust. Maritime Belfast Trust is the charity responsible for preserving Belfast's maritime heritage initially set up to deliver the Titanic Belfast visitor attraction.

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Please wear your name badge and bring your cup for tea/coffee.

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Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting should notify the chairperson in advance of the meeting.

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APRIL MEETING – THURSDAY 27TH APRIL 2023

***** Membership Renewals *****

Thank you to all who have renewed their membership for 2023/2024 to date.

Annual membership of £20.00 is due by 1st April 2023.

If you aren't paying by standing order, please arrange to pay by online bank transfer to

Lisburn u3a - Sort code 09-01-27 - Account number 86503657.

Please include your name as the reference (not just initials).

Or you can bring a cheque for £20.00 made payable to Lisburn u3a to the monthly meeting in March.

NAME BADGES & MEMBERSHIP CARDS

Please collect this year's membership cards from the sign in table and name badges from the new member's welcome desk.

DATES FOR YOUR DIARY

March Meeting	30 th March 2023 at 2pm	Laganview Enterprise Centre, Lisburn
April Meeting	27 th April 2023 at 2pm	Laganview Enterprise Centre, Lisburn
May Meeting	25 th May 2023 at 2pm	Laganview Enterprise Centre, Lisburn

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.
CLICK [GROUP LEADER CONTACT DETAILS](#)

ANTIQUES AND COLLECTABLES**GROUP LEADER - JACQUI TOWNSLEY**

No meeting this month due to Easter holidays – next meeting will be Wednesday 10th May 2023 at Ballinderry Antiques.

BOOK GROUP 1**GROUP LEADER- HILARY PRESTON**

We met on 2nd March at a member's home to discuss Louise Kennedy's first novel Trespasses. which was set in Northern Ireland in the mid 1970's. We all agreed that the background to the love story was very accurate. Some members did not like returning to that time as many had their own sometimes harrowing memories of those times. This accurate portrayal of the time led to a few members not enjoying the book at all. There was much discussion about the trespasses of the books title. The love story was about Michael, an older Protestant and upper-class barrister, and Cushla, a younger publican's daughter and a primary school teacher. The narration felt real with authentic characters.

For April's meeting we are reading The Lincoln Highway by Amor Towles.

May's read is The Dark Tourist by Dom Joly.

BOOK GROUP 2**GROUP LEADER - JOAN BRYSON**

Our April meeting is at 10.30 am on Tuesday 25th when our book is 'Middle England' by Jonathan Coe (pub.2019). A 'State of the Nation Novel' from a writer regarded as the best chronicler of modern England whose underlying preoccupations are with political issues and the conflict between his native Midlands and the metropolitan elitism of the South. The book centres on the Brexit Referendum and its aftermath. The clinical dissection of events and people is often comically expressed, revealing both deep sadness and sweet memories through a random cast of characters. Ultimately this is a book about people and why they act as they do.

BOWLING: INDOOR**GROUP LEADERS - FRASER SHANNON, BILL INGLESTON**

Our current indoor sessions, Tuesday 1.45 and Thursday 9.45 at Kilmakee Activity Centre, will finish on Thursday 6th April. It has been a successful and enjoyable season. The match we hosted against Belfast U3A was particularly sociable and enjoyable, especially as we won convincingly.

We hope to start outdoor bowling at Lisnagarvey on Tuesday 25th April at 1.45 to 4.00 pm and Thursday 27th April at 10.15 am to 12.30 pm. There is plenty of space, so new players are welcome. To help us ascertain numbers we would ask all players to contact Fraser and tell him which day/s they wish to play.

The fee for seniors is £26.50 for the season. Evidence of date of birth, for example a driving licence, is required.

Arrangements for payment will be explained in due course.

CROCHET**GROUP LEADER - JEAN RYAN**

Meetings are currently held on Fridays 10.30-12.00 at The Journey Church, Lisburn.

DINING OUT**GROUP LEADER - NORMA PATTERSON**

Hi ! Our next visit to Pizzarellys will be on Thursday 30th March at 6.45 pm. It will be £16.50 for 2 courses and you BYO wine, beer etc. If you would like to join us, just send me an email before then? Looking forward to seeing you all there!!

FRENCH GROUP**GROUP LEADER – ZOE COLLINS**

The Beginner's French group returned on Monday 9th January 2023. Contact Zoe for more information

GARDEN GROUP**GROUP LEADERS – PAUL BOYCE, JOAN HAMILTON**

The new gardening group is joining up with Let's Go for our first outing of the season. We are visiting Glenarm Castle and Gardens for their Tulip Festival on Thursday 20th April 10.30 am. Cost is £15. Travel arrangements tbc.

Please confirm your attendance by contacting Joan Hamilton or Paul Boyce by 7th April.

GOLF**GROUP LEADER - MARGARET CALLAN**

Weekly golf continues on Monday mornings. Summer golf will resume in April. Details and arrangements via WhatsApp.

Please supply your mobile phone number to the Group Leader if you would like to join the WhatsApp groups.

LET'S GO**GROUP LEADER- GAIL POLLOCK**

April's Let's Go will be with the Garden Group, to Glenarm Castle and Walled Garden on Thursday 20th April at 10.30 @ £15pp. There will be a tour of the Castle and an audio tour of the Walled Garden. For any dog owners who would like to come, while dogs are not allowed in the Walled Garden or Woodland Walk, there is a dog walking area near the car park.

If you won't be at the next meeting, email the group leader

LU3A SINGERS**GROUP LEADER - JACQUI TOWNSLEY**

We meet on the 2nd and 4th Friday of each month from 2.00 pm – 4.00 pm in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre. I look forward to seeing you all – and particularly look forward to welcoming new Members.

NATIONAL TRUST**GROUP LEADER – LESLEY KIRK**

Alwyn Sinnamon, head gardener of Castlewellan will be hosting a guided tour of the daffodils at Rowallane on Wednesday 5th April from 11.30- 12.30.

Places need to be booked so if you would like to go, please email or text Lesley by Friday 31st March

PAINTING**GROUP LEADER – TOMMY YARR**

The group continues to meet every Tuesday in the Village Centre Hillsborough 10.30-12.30. We work in oil, watercolour and pastels. We were pleased to welcome a new member recently. Tea, coffee and biscuits available.

T'AI CHI – Mixed Ability Classes**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

Tai Chi classes continue to be well attended as we progress with The Twenty - four Form and other interesting short forms and exercises. We are ably encouraged by our excellent tutor Jane Burke. We will have a break on Easter Monday 10th April, resuming again on Monday 17th April. Our classes will continue through May and June and there will then be a break during July and August. World Tai Chi Day is on Saturday 29th April when we hope that a group of us will meet in Castle Gardens, Lisburn at 10.00am . We hope for sunshine that day as we practise our Tai Chi outdoors.

Any Lu3a members with enquiries about Tai Chi please contact Paul Boyce or Kathleen Ingleston (Group Leaders)

THEATRE/CONCERT**GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE**

TARTUFFE - Lyric Theatre, Belfast, Saturday 29th April 2023 – 2.30 pm Booking closed.

THE BEST EXOTIC MARIGOLD HOTEL – Grand Opera House, Belfast, Thursday, 8th June, 2.30 pm. Starring Belinda Lang, Paul Nicholas, Tessa Peake-Jones and Graham Seed. The Best Exotic Marigold Hotel is a joyous comedy about taking risks, finding love and embracing second chances, even in the most surprising of places. Get ready for the journey of a lifetime! Tickets £38.50 pp. Closing date Monday 3rd April 2023

YOGALATES**GROUP LEADER - BRENDA PALMER, FRED A BELL**

We are now practising Yogalates at our classes. This is a mix of Yoga and Pilates. All very good for keeping us stretched and supple as we age.

Classes are Wednesdays 4pm - 5pm and Thursdays 11am - 12pm

If anyone is interested in joining our classes, please contact Brenda or Freda for details.

WALKING GROUPS – You have a choice of Five Walking Groups with Five Different Levels of Difficulty:

LEVEL 1: STROLLERS**GROUP LEADER – MARY HINE**

Carrying on as usual. Contact Mary if you are interested in further information

LEVEL 2: SATURDAY RAMBLERS**GROUP LEADER - GIL COLVIN**

Consider joining us on the 3rd Saturday of each month, meeting at the venue at 10.30, to walk approximately 4 miles.

For details contact Gil

LEVEL 3: RAMBLE**GROUP-LEADER STANLEY PRENTICE****LEVEL 4: RAMBLERS PLUS****GROUP LEADERS – KEITH INESON, WILLIAM GRANT****LEVEL 5: SCRAMBLERS****GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

Ramblers and Scramblers continue to be well supported each month.

The Ramblers group hope to resume car sharing after Easter, assuming everyone is comfortable with it.

Any questions or for more information please contact the group leader.

COMMITTEE MEMBERS – CONTACT DETAILS

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chairperson		
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		
Avril Hughes	Administrative Secretary		info@lisburnlu3a.org
Ceri Stalker	Minutes Secretary		
Peter Hunter	Speakers		
Bill Grant	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Keith Ineson	Convener of Group Leaders		

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Margaret Walker	Temporary Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement		photosuplu3a@gmail.com

ACTIVITY GROUP LEADERS -CONTACT DETAILS

LISBURN U3A CONTACT INFORMATION

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		info@lisburnu3a.org
Archery	Every Tuesday	10-11:00am	1	John Sell		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor Seasonal: Winter	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston		
Bowling Outdoor Seasonal Summer	Every Tues & Thu	9:45am-12:15	16	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	18	Jean Ryan		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Flower Arranging	Every Thursday	10.30-12.30	5	Rosie Corrigan Cathy Shawe		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Garden Group	Occasional	Varied	8	Paul Boyce Joan Hamilton		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Margaret Callan		
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yogalates	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
Walking Groups – In increasing levels of difficulty						
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin		
Ramblers	Every Monday	10:30 am	8	Stanley Prentice		
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant		
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice		

VENUE* KEY

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrims Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = The Alchemy, Moira - (Formerly The Tannery)
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omniplex Bowling Green
9 = Barry Gallery Downshire Centre	18 = The Journey Church