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JANUARY MEETING THURSDAY 26<sup>th</sup> JANUARY 2023

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**ANNIVERSARY LUNCH THURSDAY 26<sup>th</sup> JANUARY 2023, 12.30PM FOR 1.00PM**  
**BALLYMAC HOTEL, ROCK ROAD, LISBURN BT28 3SU**



**Looking forward to seeing all members who have booked for the lunch.**



**FEBRUARY MEETING - LAGANVIEW ENTERPRISE CENTRE AT 2.00PM**

We will welcome Constable Grimes and Constable Dillon who will be giving us advice and tips on Crime Prevention. This should be an interesting and informative talk and worth coming to hear.

**Don't forget to wear your name badge and to bring your cup for tea/coffee.**

**Items for Monthly Meeting Agenda** – Please note that Group leaders and members wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

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**WELCOME TO THE FOLLOWING NEW MEMBERS**

Margaret Stirrup Anna Hunter Eileen Beamish Peter Blackman

Alvin and Yvonne Sunderland Alison Masters

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**NAME BADGES & MEMBERSHIP CARDS**

Please collect this year's membership card from the sign in table if you haven't already done so.

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**DATES FOR YOUR DIARY**

January Meeting - Anniversary Lunch	26 <sup>th</sup> January 2023 12.30 for 1.00pm	Ballymac Hotel, Lisburn
February Meeting	23 <sup>rd</sup> February 2023 at 2pm	Laganview Enterprise Centre, Lisburn
March Meeting	30 <sup>th</sup> March 2023 at 2pm	Laganview Enterprise Centre, Lisburn

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**FROM THE COMMITTEE**

☆ **PLEASE CONSIDER VOLUNTEERING TO BE THE LISBURN U3A NEWSLETTER EDITOR** ☆

**SPEAK TO A COMMITTEE MEMBER TO GET MORE DETAILS ABOUT WHAT IS INVOLVED**

**It is important that someone steps forward to take up this role asap, as it will not be possible for the committee to continue producing the Newsletter indefinitely.**

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**GROUP LEADER UPDATES**

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PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.  
CLICK [GROUP LEADER CONTACT DETAILS](#)

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**NEW FLOWER ARRANGING CLASS STARTING IN FEBRUARY**

GROUP LEADERS: Rosie Corrigan and Cathy Shawe.

Two places have become available for the new Flower Arranging Course starting on **Thursday 2<sup>nd</sup> February 2023**, from 10.30 – 12.30 in Laganview Enterprise Centre. We will be guided by Roberta Orr, who is an excellent teacher and is extremely knowledgeable, not only in flower arranging but also in the care of flowers and plants. The cost will be £5.00 per class, payable each 6 weeks in advance. For further details or to register contact the group leaders.

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**ANTIQUES AND COLLECTABLES****GROUP LEADER - JACQUI TOWNSLEY**

Wednesday, 8th February 2023 – 7.30 pm - Hillsborough Village Centre.

BLUE WILLOW CHINA - Developed at Stoke-on-Trent by Thomas Turner in 1779, the Blue Willow pattern eventually became a classic fixture on many tables around the world. The pattern is actually English, although it is based on similar blue landscape designs in Chinese porcelain. Come along and hear the love story behind Blue Willow Pattern China – and don't forget to bring lots of examples with you!

Everyone welcome – you don't have to be a member of the Group! Cost for non-members is £3 per meeting.

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**BADMINTON****GROUP LEADER - LAURA MOLLOY**

The Badminton players recommenced again on Wednesday 4 January.

New members are always welcome, and it would be good to see some new faces.

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**BEGINNERS BRIDGE****GROUP LEADER – PATRICIA RICKETTS**

Christmas outing for our beginner's bridge, as you see the photo was taken before the feasting began.....and afterwards we played some bridge!

If there is anyone wishing to learn bridge in great company, we start a new class in January 2023.

We play at The Alchemy, Moira on Thursdays from 1.45 to 3.45pm. Contact Patricia for details.

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**BOOK GROUP 1****GROUP LEADER- HILARY PRESTON**

Book group 1 met on 5th January at a member's home, and it was nice to welcome in the new year with lovely hospitality and warm mince pies.

We discussed 'Far from the Madding Crowd' by Thomas Hardy. The group felt, in hindsight, that it was too long and dense to be read over the Christmas period. However, many persevered and enjoyed the book. A few watched one of the two film versions available. There was an animated conversation about the characters in the book with mixed opinions on their likability.

We will be discussing 'Toast' by Nigel Slater at our February meeting.

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**BOOK GROUP 2****GROUP LEADER - JOAN BRYSON**

Our February meeting will take place on Tue. 28th at 10.30 am. Our book is 'Disgrace' by Nobel Prize winning author J.M. Coetzee. It won the 1999 Booker Prize and is set in post-apartheid S. Africa. A middle-aged academic is sacked for various misdemeanours and retreats to the countryside where family tensions and political violence surface. The book recounts a time when there are shifts in the balance of power and fractured relationships for both him and his country.

**BOWLING: INDOOR****GROUP LEADERS - FRASER SHANNON, BILL INGLESTON**

With the festive season over, bowling is well under way again at Kilmakee Activity Centre. Sessions are held on Tuesday afternoons 1.45 to 4.00 and Thursday mornings 9.45 to 12.00. Happy New Year everyone.

**CROCHET****GROUP LEADER - JEAN RYAN**

After a break for Christmas, we are now meeting again on Fridays 10.30-12.00 at our new venue: The Journey Church, Lisburn. Members are as busy as ever producing blankets and garments.

**DINING OUT****GROUP LEADER - NORMA PATTERSON**

Happy new year everyone!! There will be no dining out evening this month as our annual u3a anniversary meal will be on the 26th January!! But we will organise another one in February!! Hope this year is fantastic!!

**FLOWER ARRANGING****GROUP LEADERS - ROSIE CORRIGAN, CATHY SHAWE**

New Flower Arranging class starting on Thursday 2 February, 10:30-12:30, at the Laganview Enterprise Centre, Old Warren, Lisburn. **SEE MAIN NOTICE ABOVE FOR DETAILS**

**FRENCH GROUP****GROUP LEADER - ZOE COLLINS**

The Beginner's French group returned on Monday 9th January 2023. Contact [Zoe](#) for more information.

**GOLF****GROUP LEADER - MARGARET CALLAN**

The golfers have continued to battle the weather on Monday mornings at Aberdelghy, except for occasional course closure days.

**PAINTING****GROUP LEADER – TOMMY YARR**

The group continues to meet every Tuesday at 10.30 am in the Village Centre, Hillsborough. New members are welcome.

**LET'S GO****GROUP LEADER- GAIL POLLOCK**

Due to the weather conditions, the venue planned for our February visit has been closed so I have been unable to confirm a booking. I will send out an email to members as soon as I get confirmation. Hopefully I'll have a sign-up sheet at the lunch. Gail

**LU3A SINGERS****GROUP LEADER - JACQUI TOWNSLEY**

We meet on the 2nd and 4th Friday of each month from 2.00 pm – 4.00 pm in the Parish Room, Hillsborough Parish Church. Meetings in February on Friday 10th and Friday 24th February 2023 at 2.00 pm. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre and also outside the Centre. I look forward to seeing you all again – and particularly look forward to welcoming new members.

**NATIONAL TRUST****GROUP LEADER - LESLEY KIRK**

There are no planned National Trust visits for February.

**T'AI CHI – MIXED ABILITY CLASSES****GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

The Tai chi class on Monday mornings is going strong with 2 new members joining in January; we also were pleased to welcome back 2 former stalwarts to the group.

We are continuing to practice the International 24 form under the tutelage of our inspirational Teacher: -Jane Burke. Thanks are due to the Laganview centre and staff for their ongoing support in facilitating the class.

**TECHNOLOGY GROUP****GROUP LEADER - RAY FILLMORE**

A course began on the 11<sup>th</sup> January with twelve people. Possibly a more advanced course will take place in the spring if there is sufficient demand for one.

*For more information or to register your interest email Ray*

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**THEATRE / CONCERT****GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE****ROMEO & JULIET** - Lyric Theatre, Saturday 18 February 2023 at 14:30 pm

Shakespeare's classic tale of two star-crossed lovers and their feuding families. This contemporary setting of the story, with Shakespeare's original text, takes audiences to Verona in the summer of 2022 in the world of Italian high fashion, with Lady Montague and Lady Capulet propelled to the forefront as the leading designers of two rival fashion houses.

The play has been adapted by dramaturg Dr Anne Bailie to create a fresh and modern version of this classic tale of two star-crossed lovers and their feuding families.

Tickets £12 pp (for group of 10+). Closing date for booking Monday 30th January 2023.

**THE OCEAN AT THE END OF THE LANE** Grand Opera House, Belfast, Thursday 23rd March 2023 – 2.30 pm

This five-star spectacular from the producers of War Horse and The Curious Incident of the Dog in the Night-Time is a thrilling adventure of fantasy, myth and friendship, taking audiences on an epic journey to a childhood once forgotten and the darkness that lurks at the very edge of it.

Tickets £31.50 pp. Closing date for bookings Monday 30th January 2023.

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**YOGA****GROUP LEADERS - BRENDA PALMER, FREDA BELL**

Classes continue on Wednesday afternoons from 4-5 and Thursday mornings 11-12. We have spaces in both groups, and anyone interested in staying flexible in our advancing years, with our lovely instructor Asha, should contact Brenda or Freda.

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**WALKING GROUPS – YOU HAVE A CHOICE OF FIVE WALKING GROUPS WITH FIVE DIFFERENT LEVELS OF DIFFICULTY:****LEVEL 1: STROLLERS****GROUP LEADER - MARY HINE**

Carrying on as usual, contact [Mary](#) if you are interested in further information.

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**LEVEL 2: SATURDAY RAMBLERS****GROUP LEADER - GIL COLVIN**

Happy New year everyone. I hope some of you will have resolved to walk more and would consider joining us on the 3rd Saturday of each month meeting at the venue at 10.30 to walk approximately 4 miles.

Contact Gil by email.

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**LEVEL 3: RAMBLERS****GROUP LEADER - STANLEY PRENTICE****LEVEL 4: RAMBLERS PLUS****GROUP LEADERS – KEITH INESON, WILLIAM GRANT****LEVEL 5: SCRAMBLERS****GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

If you are interested or would like more information, please contact the group leader.

## COMMITTEE MEMBERS – CONTACT DETAILS

**CHANGES ARE SHOWN IN GREEN:**

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chairperson		info@lisburnu3a.org
<b>Volunteer Required</b>	<b>Vice Chairperson</b>		
Joan Hamilton	Treasurer		
Avril Hughes	Administrative Secretary		
Bill Grant	Minutes Secretary		
Peter Hunter	Speakers		
Bill Grant	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Keith Ineson	Convener of Group Leaders		

## ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
<b>Volunteer Required</b>	<b>Newsletter Editor</b>		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement	--	photosuplu3a@gmail.com

SEE CHANGES IN GREEN BELOW							
GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email	
Antiques	2 <sup>nd</sup> Wed of month	7:30pm	3	Jacqui Townsley		info@lisburnu3a.org	
Archery	Every Tuesday	10-11:00am	1	Pearl Chambers			
Badminton	Every Wednesday	10:30am	2	Laura Molloy			
Book Group 1	1 <sup>st</sup> Thurs of month	10:30am	4	Hilary Preston			
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson			
Bowling Indoor Seasonal: Winter Starts 6th Sept.	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston			
Bowling Outdoor Seasonal Summer Ends 1st Sept.	Every Tues & Thurs	9:45am-12:15	17	Fraser Shannon Bill Ingleston			
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam			
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts			
Crochet	Every Friday	10:30am	18	Jean Ryan			
Creative Writing	Last Thurs of month (After u3a Meeting)	Approx. 3:30	5	Shirley Bork			
Dining Out	Occasional	6:45pm	8	Norma Patterson			
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins			
Film Group	Most alternate Tues	Evening	8	Judith Prentice			
Flower Arranging	Every Thursday	10.30-12.30	5	Rosie Corrigan Cathy Shawe			
Fringe Group	Occasional	Varied	8	Sally Cunningham			
Genealogy	Occasional	Varied	8	Sally Cunningham			
Golf	Most Mondays	Varied	8	Margaret Callan			
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson			
Karate	Every Tuesday	6pm-7:30pm	12	William Grant			
Let's Go	Occasional	Varied	8	Gail Pollock			
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley			
National Trust	Varied	Varied	8	Lesley Kirk			
Painting	Every Tuesday	10:30am	3	Tommy Yarr			
Scrabble	1 <sup>st</sup> & 3 <sup>rd</sup> Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee			
Snooker	Every Tuesday	7:30pm	7	Neville Hicks			
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce			
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne			
Yoga	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell			
Walking Groups – In increasing levels of difficulty							
Strollers	Every Monday	10:15am	8	Mary Hine			
Saturday Ramblers	3rd Sat of month	10:30am	8	Gil Colvin			
Ramblers	Every Monday	10:30 am	8	Stanley Prentice			
Ramblers Plus	2nd Mon of month	10:30am	8	Keith Ineson William Grant			
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice			

**VENUE\* KEY**

1 = Kilmakee Activity Centre	10 = Bridge Community Centre Railway Street
2 = Lisburn Racquets Club, Belfast Road, Lisburn	11 = LeisurePlex Bowling Centre
3 = Hillsborough Village Community Centre	12 = St John's Hall Dromara
4 = Volunteer Member's Homes	13 = Tesco, Bentrin Rd, Lisburn
5 = LaganView Enterprise Centre, Lisburn	14 = Turas centre, Newtownards Rd, Belfast
6 = Convener's Home	15 = The Alchemy, Moira - (Formerly The Tannery)
7 = Coach Snooker Club, Hillsborough	16 = LISNAGARVEY
8 = Varied Venues	17 = LCCC Omnplex Bowling Green
9 = Barry Gallery Downshire Centre	18 = The Journey Church