


 **DECEMBER MEETING 15TH DECEMBER 2022 AT 2.00PM** 
LISBURN MASONIC HALL, 11 BELSIZE ROAD, LISBURN BT27 4AL.

PLEASE NOTE DATE AND VENUE

 This will be our Lisburn u3a Christmas Party so there will be mulled punch, mince pies, shortbread and Christmas cake (also tea/coffee as usual) 

☆ Optional !! - Feel free to wear your Christmas jumper or sparkly top !! ☆

We will welcome Stephanie Lavery of TIME STEPS who will be giving an entertaining Victorian Christmas talk. In full costume, and dressed in character as Mrs Smith, she will be preparing to put the Manor in order for the Victorian Christmas Celebrations. Using mannerisms and language of the time, Mrs Smith will tell us where our traditions started, the correct way to decorate a Christmas tree and enlighten us with other festive information. Stephanie is an excellent speaker – you will also enjoy her sense of humour.

Items for Monthly Meeting Agenda – Please note that Group leaders and members wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

☆ **WELCOME NEW MEMBERS** ☆

Deirdre Baldock Connie McConville Patricia Curry Joy Lewis Desmond Clayton

NAME BADGES & MEMBERSHIP CARDS

Don't forget to collect this year's membership card from the sign in table if you haven't already done so.

DATES FOR YOUR DIARY

December Meeting	15 th December 2022 at 2pm	Lisburn Masonic Hall, Belsize Rd, Lisburn
January Meeting - Anniversary Lunch	26 th January 2023 12.30 for 1.00pm	Ballymac Hotel, Lisburn
February Meeting	23 rd February 2023 at 2pm	Laganview Enterprise Centre, Lisburn

FROM THE COMMITTEE

☆ **PLEASE CONSIDER VOLUNTEERING TO BE THE LISBURN U3A [NEWSLETTER EDITOR](#)** ☆
SPEAK TO A COMMITTEE MEMBER TO GET MORE DETAILS ABOUT WHAT IS INVOLVED



**ANNIVERSARY LUNCH THURSDAY 26TH JANUARY 2023, 12.30PM FOR 1.00PM
BALLYMAC HOTEL, ROCK ROAD, LISBURN BT28 3SU**



WE WILL BE HAVING A 3 COURSE LUNCH WITH ENTERTAINMENT AFTERWARDS. COST £22.00 PER PERSON. TO FACILITATE SERVING THE FOOD QUICKLY WHEN WE ARRIVE, WE WILL BE PROVIDING THE HOTEL WITH PRE ORDERS.

PLEASE CHOOSE A STARTER, MAIN COURSE AND DESSERT FROM THE MENU BELOW AND COMPLETE THE SIGN-UP SHEETS FOR YOUR CHOICES AT THE DECEMBER MEETING.

PLEASE MAKE CHEQUES FOR £22.00 PER PERSON PAYABLE TO LISBURN U3A.

YOUR CHOICES CAN ALSO BE SENT TO JOAN HAMILTON. PLEASE INCLUDE PAYMENT.

ALL MENU CHOICES **AND** PAYMENTS **MUST** BE MADE NO LATER THAN FRIDAY 20TH JANUARY 2023.

MENU

Potato & Leek Soup with Wheaten Bread
Melon & Winter Fruit Cocktail



Pan Seared Chicken Fillet with Creamy Peppered Sauce or Rich Brown Gravy
Slow Roasted Silverside of Beef with Yorkshire Pudding
Roasted Vegetables Filo Pastry Basket with Tomato Pesto
Grilled Fillet of Seabass with Green Pepper and Pernod Cream
(Coeliac options available on request)
Above all served with seasonal vegetables, creamed potatoes and roast potatoes



Fresh Fruit Pavlova
Selection of Mixed Ice Cream
Warm Apple Tart with Custard
Bailey's & Orange Cheesecake with Ice Cream



Tea/Coffee

GROUP LEADER UPDATES

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE BELOW THE GROUP IN WHICH YOU ARE INTERESTED.
CLICK [GROUP LEADER CONTACT DETAILS](#)

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**NEW FLOWER ARRANGING CLASS STARTING IN FEBRUARY**

GROUP LEADERS ROSIE CORRIGAN AND CATHY SHAWE.



A limited number of places are available for a new Flower Arranging Course starting on **2nd February 2023**, from 10.30 – 12.30 in Laganview Enterprise Centre. Roberta Orr will be teaching the class once again. The cost will be £5.00 per class. For further details or to register contact the group leaders

ANTIQUES AND COLLECTABLES**GROUP LEADER - JACQUI TOWNSLEY**

No meetings in January.

BADMINTON**GROUP LEADER - LAURA MOLLOY**

The Badminton players will be taking a 2 week break for Christmas and New Year. There will be no play on Wednesday December 21 & 28. We will recommence again on Wednesday 4 January. New members are always welcome, and it would be good to see some new faces.

BEGINNERS BRIDGE**GROUP LEADER – PATRICIA RICKETTS**

If there is anyone wishing to learn bridge in great company, we start a new class in January 2023. We play at The Alchemy, Moira on Thursdays from 1.45 to 3.45pm. Contact Patricia for details.

BOOK GROUP 1**GROUP LEADER- HILARY PRESTON**

We met on 1st December at a member's home where we celebrated the start of the Christmas season with mulled wine and mince pies. We are starting to meet in member's homes again which is a cosier setting than Lisburn Racquet's Club. However, it must be said that the club was very accommodating and welcoming. We discussed Something to Hide by Deborah Moggach. The reading group all felt the story was disjointed and patchy and overall would not recommend it. The fact that Jeremy, the main male character, was not tall, dark and handsome but fat, bald and old was an appealing aspect of this book. We meet next month on 5th January to discuss Far from the Madding Crowd by Thomas Hardy.

BOOK GROUP 2**GROUP LEADER - JOAN BRYSON**

In keeping with our tradition, we combine our December meeting with Christmas Lunch. Everyone makes a contribution so that the enjoyment is shared, and the individual work is minimal. We meet year-round and most months have an informal mid-month Coffee and Chat in a local cafe as well as our formal monthly meeting. Our January meeting is at 10.30 on Tuesday 31st when our book will be 'Falling for a Dancer' by Deidre Purcell. In 1930's Ireland a pregnant girl is married off to a much older widower, a farmer in West Cork. Life is harsh but there are some compensations. Happy Christmas to Everyone

BOWLING: INDOOR**GROUP LEADERS - FRASER SHANNON, BILL INGLESTON**

As we approach the festive season our Tuesday indoor bowling sessions will stop on December 20th and Thursday sessions will stop on December 22nd. After the break we will resume playing at Kilmakee Activity Centre with sessions on Tuesday afternoons 1.45 to 4.00, starting January 3rd and Thursday mornings 9.45 to 12.00, starting January 5th. We wish you a Happy Christmas and look forward to playing with you again in 2023.

CROCHET**GROUP LEADER - JEAN RYAN**

The Crochet Group has been meeting on Fridays 10.30-12.00 in Lisburn Racquets Club. As well working on individual projects and gifts we have been busy making blankets to be sent to Ukraine and to be distributed to the needy through Society of St Vincent de Paul. Our last meeting of the year will be on Friday 16 December followed by lunch at The Courtyard Cafe. We are considering changing to a different venue in the New Year. Members should check our WhatsApp group for updates

DINING OUT**GROUP LEADER - NORMA PATTERSON**

We had our very enjoyable Christmas outing on 1st December. Our January outing has not been booked yet, but I will let everyone know when it is !! If anyone new would like to join us just email me and I will keep them informed!! Merry Christmas everyone! Have a lovely time! Bah! Humbug!!

FRENCH GROUP**GROUP LEADER - ZOE COLLINS**

The Beginner's French group will be breaking up for Christmas after a little Christmas party on Monday 19th December, returning on Monday 9th January 2023. Bonne fête! Contact [Zoe](#) for more information.

GOLF**GROUP LEADER - MARGARET CALLAN**

Weekly golf continues at Aberdelghy but Down Royal has become a fair-weather event. Both courses are open on 26th December and 2nd January so play can continue if family commitments and the weather allow. Arrangements are made via WhatsApp. Please contact the Group Leader if you would like to join the WhatsApp group

Happy Christmas Everyone. Get fit in 2023 - play golf 

PAINTING**GROUP LEADER – TOMMY YARR**

Painting for Pleasure The group have had a very enjoyable Christmas lunch and are now finishing Christmas shopping. We will resume on 10th January and look forward to some masterpieces in 2023. Wishing everyone a very happy Christmas and New Year.

LET'S GO**GROUP LEADER- GAIL POLLOCK**

January's Let's Go will be a visit to Navan Centre and Fort on Thurs 19th Jan at 10.30. The visit will include a talk about this important historic site, a visit to an Iron Age dwelling to find out about the daily lives of people 2000 years ago. We will also visit the Fort which dates back to 95BC and is the subject of many myths and legends as well as facts. Then there is the display in the Centre to learn more about the Fort and the archaeological excavations and finds. We'll start with tea/coffee and scones in their Ancient Grounds coffee shop.

Cost for tour and t/c, scones £10.95.

If you won't be at the meeting, email Gail for information

LU3A SINGERS**GROUP LEADER - JACQUI TOWNSLEY**

There will be no meetings in January.

T'AI CHI – MIXED ABILITY CLASSES**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

At present we are all working hard at the 24 Form. Our tutor Jane is slowly taking us through the first five sections, and we shall progress further after the Christmas break.

We end our classes on Monday 12 December and recommence on Monday 9 January at 11:00 am.

A very happy Christmas and a Happy New Year to our tutor and class members. Look forward to seeing you all returning to our Tai Chi class in January.

TECHNOLOGY GROUP**GROUP LEADER - RAY FILLMORE**

The next course begins on the 11th January with twelve people. Possibly a more advanced course will take place in the spring if there is sufficient demand for one.

For more information or to register your interest email Ray

THEATRE / CONCERT**GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE**

CINDERELLA – Grand Opera House, Thursday 4th January 2023, at 13.30.

Booking closed – tickets available at next meeting or on the day.

BIG BURNS NIGHT CONCERT - Lagan Valley Island – Saturday 21st January 2023 at 7.30pm

Lisburn Harmony Ladies Choir return to the Island Hall for night of song with special guests - Songs for All - from Ayrshire, Campbell College Pipe Band and Lisburn Scottish Dancers. Show finishes 9.45pm approx. Price £12 pp. Booking closed – information regarding tickets available at the next meeting.

YOGA**GROUP LEADERS - BRENDA PALMER, FREDA BELL**

Yoga classes continue Wednesday afternoons from 4-5 and Thursday mornings 11-12 with our instructor Asha.

We have spaces and anyone interested in staying flexible in our advancing years, should contact [Brenda or Freda](#)

NATIONAL TRUST**GROUP LEADER – LESLEY KIRK**

After the excesses of Christmas and New Year why not join us for a ramble with one of the gardeners on a tour of Rowallane Gardens. It is on Tuesday 3rd of January from 11.30 to 12.30. There is no need for online booking this time but if you would like to go, please contact Lesley by Friday 30th December.

WALKING GROUPS – YOU HAVE A CHOICE OF FIVE WALKING GROUPS WITH FIVE DIFFERENT LEVELS OF DIFFICULTY:**LEVEL 1: STROLLERS****GROUP LEADER - MARY HINE**

Carrying on as usual, contact [Mary](#) if you are interested in further information.

LEVEL 2: SATURDAY RAMBLERS**GROUP LEADER - GIL COLVIN**

Saturday Ramblers meet at 10:30 am. Come out and join us! Contact [Gil](#) for more information.

LEVEL 3: RAMBLERS**GROUP LEADER - STANLEY PRENTICE****LEVEL 4: RAMBLERS PLUS****GROUP LEADERS – KEITH INESON, WILLIAM GRANT****LEVEL 5: SCRAMBLERS****GROUP LEADER - STANLEY PRENTICE**

Rambles continue every Monday with a Ramble Plus on the second Monday of the month.

New members always welcome.

Mountain walks/Scramblers are every Thursday with an easier walk on the third Thursday of the month, which we hope will attract some new Scramblers.

If you are interested or would like more information, please contact the group leader



COMMITTEE MEMBERS – CONTACT DETAILS

CHANGES ARE SHOWN IN GREEN:

NAME	POSITION	MOBILE	EMAIL
Elizabeth Fleming	Chairperson		
Volunteer Required	Vice Chairperson		
Joan Hamilton	Treasurer		
Avril Hughes	Administrative Secretary		info@lisburnu3a.org
Bill Grant	Minutes Secretary		
Peter Hunter	Speakers		
Bill Grant	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Keith Ineson	Convener of Group Leaders		

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
Volunteer Required	Newsletter Editor		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement	--	photosuplu3a@gmail.com

SEE CHANGES IN GREEN BELOW						
GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		
Archery	Every Tuesday	10-11:00am	1	Pearl Chambers		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor Seasonal: Winter Starts 6th Sept.	Every Tuesday Every Thursday	1:45 - 4 pm 9:45 am - 12	1	Fraser Shannon Bill Ingleston		
Bowling Outdoor Seasonal Summer Ends 1st Sept.	Every Tues & Thurs	9:45am-12:15	17	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	7:30pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	4	Jean Ryan		
Creative Writing	Last Thurs of month (After u3a Meeting)	Approx. 3:30	5	Shirley Bork		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Margaret Callan		
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		info@lisburnu3a.org
LU3A Singers	2 nd & 4 th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Scrabble	1 st & 3 rd Thurs of month	2:00pm	2	Olive Campbell Lynda Brownlee		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	11.00am - 12:00 noon	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yoga	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
Walking Groups – In increasing levels of difficulty						
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3 rd Sat of month	10:30am	8	Gil Colvin		
Ramblers	Every Monday	10:30 am	8	Stanley Prentice		
Ramblers Plus	2 nd Mon of month	10:30am	8	Keith Ineson William Grant		
Scramblers	Alternate Thurs	09:30am	8	Stanley Prentice		

VENUE* KEY

1 = Kilmakee Activity Centre	9 = Barry Gallery Downshire Centre
2 = Lisburn Racquets Club, Belfast Road, Lisburn	10 = Bridge Community Centre Railway Street
3 = Hillsborough Village Community Centre	11 = LeisurePlex Bowling Centre
4 = Volunteer Member's Homes	12 = St John's Hall Dromara
5 = LaganView Enterprise Centre, Lisburn	13 = Tesco, Bentrin Rd, Lisburn
6 = Convener's Home	14 = Turas centre, Newtownards Rd, Belfast
7 = Coach Snooker Club, Hillsborough	15 = The Alchemy, Moira - (Formerly The Tannery)
8 = Varied Venues	16 = LISNAGARVEY
	17 = LCCC Omniplex Bowling Green