

For contact details of [Committee Members](#) and [Group Leaders](#), please consult the lists on the last pages

**LU3A MONTHLY MEETING****PLEASE REMEMBER TO WEAR YOUR NAME BADGE.****u3a TURNS 40 YEARS OLD IN 2022!**

**Join us for Afternoon Tea on 30th June at 2PM  
at LaganView Enterprise Centre,  
69 Drumbeg Drive, BT28 1QJ, Lisburn.**

Enjoy a lovely afternoon of live music, friendship and laughter!

We're asking everyone bring some finger food to eat and share – it will be a bit of a "Potluck" Tea Party!

We'll be serving tea and coffee, and bakes.

We are aware that some people are still hesitant about resuming their pre-pandemic activities and lifestyles, so we will offer a Zoom link for those who prefer to attend the Tea online – make sure you have your tea and bakes to enjoy during the afternoon!

*If you forgot to RSVP by the 21st, you can still do so up to Tuesday 28th!*

**CLICK [HERE](#) TO RSVP.**

**Items for Monthly Meeting Agenda**

**Please Note** that group leaders and members wishing to speak at the monthly meeting must first notify the [chairperson](#) in advance of the meeting.

**\*\*\* There are still vacancies on the committee, which must be filled, VOLUNTEER AND MAKE A DIFFERENCE! \*\*\***

The current committee are having to fill multiple positions; volunteer and do your part to ensure Lisburn u3a thrives.

**WELCOME NEW MEMBERS!**

☆☆ John and Sheila Baker, Liz Murphy, Andrew Fallis, and Jim Cummings ☆☆

**NAME BADGES & MEMBERSHIP CARDS**

**Membership cards** for those who have renewed their membership for 2022/23 can be collected from the sign in desk. They will be in alphabetical order. If you can't attend the monthly meeting, please ask a friend to collect your membership card and/or name badge on your behalf.

**DATES FOR YOUR DIARY**

June Special Event	30 <sup>th</sup> June 2022 at 2pm	LaganView Enterprise Centre, Lisburn
July Meeting	28 <sup>th</sup> July 2022 at 2pm	LaganView Enterprise Centre, Lisburn
August Meeting	25 <sup>th</sup> August 2022 at 2pm	LaganView Enterprise Centre, Lisburn

**Any former members of the GARDENING GROUP, or prospective new ones, are invited to register their interest in a FREE guided tour of Hillsborough Castle gardens, dates to be arranged.**

Please contact Joan Hamilton ([info@lisburnu3a.org](mailto:info@lisburnu3a.org)) or Paul Boyce. (See [Group Leader Contact Details](#)).

**APPRENTICE EDITOR****Recruiting an Apprentice Editor!**

Are you that potential journalist that might be grateful for the opportunity to get something into print?

Or to round out your journalistic CV?

And, with a bit of luck, step into an Editor's shoes?

Contact **Newsletter Editor** at [editorlu3a@gmail.com](mailto:editorlu3a@gmail.com)

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**GROUP LEADER UPDATES**

Please contact Group Leaders directly if you don't see **below** the group in which you are interested. Click [Group Leader Contact Details](#)

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**ANTIQUES & COLLECTABLES****GROUP LEADER - JACQUI TOWNSLEY**

Our final meeting before the summer break will be a visit to **Ballinderry Antiques on Wednesday 6<sup>th</sup> July**.

**Meet at Vic-Ryn 10.30 am** for coffee and car share. Everyone is welcome to join us!

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**BADMINTON****GROUP LEADER - LAURA MOLLOY**

Badminton is played every **Wednesday at 10:30am** at **Lisburn Racquets Club**, Belfast Road, Lisburn.

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**BOOK GROUP 1****GROUP LEADER- HILARY PRESTON**

Our **June read** was *10 Minutes 38 Seconds in this Strange World* by Elif Shafak. This was a book of two parts. The main character is a prostitute in Istanbul, which came about through a series of circumstances, not of her own making. Leila is essentially a caring person with a group of five interesting, if odd, friends. The group enjoyed the book despite feeling that the last part was a bit bonkers, and totally unbelievable. Despite that, the feeling was that the writing evoked the sights, sounds and smells of Turkey, though two members who listened to the book were disappointed by the accents given to the characters.

For **July** we are visiting one of the books on the Jubilee List: *The Thorn Birds* by Coleen McCullough. I'm sure many of you will remember it and the resulting TV series.

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**BOOK GROUP 2****GROUP LEADER - JOAN BRYSON**

Our meetings continue to be well attended and we enjoy going to each other's homes. We meet year-round and always seem to have a majority of members present. We will meet on **28th June**; our book is 'Burnt Sugar' by Anvi Doshi. A rebellious girl defies every social expectation for a Good Indian Woman and pays little attention to her child's needs. Now she is old and her daughter, who has a conventional and apparently happy life, has become the mother's carer. Can the daughter care and love the mother who never seemed to care for her? That inner conflict forms the core of the book which is said to be cut through with caustic wit.

Our book for the meeting on **Tue. 26th July** is 'No one is Talking about This' by Patricia Lockwood. Recent winner of the Dylan Thomas - University of Swansea Prize for Literature. This debut novel went viral on social media and the sharp unregulated language mimics that of the internet. This format could be challenging for our generation. The narrator seems to live only online until a real-life tragedy interrupts. The damage done to the creative mind by excessive exposure to the internet is a core theme.

Recently some of the group enjoyed a behind the scenes trip to the Grand Opera House and would recommend these occasional trips to others.

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**BOWLING OUTDOOR SEASONAL SUMMER****GROUP LEADERS - FRASER SHANNON, BILL INGLESTON**

LU3A outdoor bowling continues **at 09.45 to 12.15 on Tuesday and Thursday in the LCCC Omniplex Bowling Green**. As 12<sup>th</sup> July is on a Tuesday this year, the greens will be closed on that day. There is plenty of room to accommodate new bowlers so any LU3A member wishing to join us should contact Fraser ([see contact list](#)). Our newest bowler, Alan, started as a complete novice last month and already is a competent bowler, enjoying the game and the craic.

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**CROCHET****GROUP LEADER - JEAN RYAN**

This month we will have had only one meeting in Lisburn Racquets Club as we took a break for the Platinum Jubilee bank holiday and met by Zoom on one occasion. On 10 June we had a very enjoyable and informative tour of Hillsborough Castle and would recommend it to other groups. Many thanks to Keith Ineson for organising the visit and accompanying us.

We plan to take a **break during July and August** but hope to meet up occasionally in Wallace Park or to go for coffee.

Arrangements will be made through WhatsApp. Meetings at Lisburn Racquets Club will resume in **September, on Fridays 10.30-12.00 in Lisburn Racquets Club**.

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**CREATIVE WRITERS****GROUP LEADER - SHIRLEY BORK**

Shirley Bork is interested in convening a group of creative writers/memoir-writers/family history collectors, on a Friday morning or afternoon once a fortnight. The group would meet initially in Shirley's house in Annahilt. If you are interested in such a group, please contact [Group Leader](#).

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**DINING OUT****GROUP LEADER - NORMA PATTERSON**

Our next dining outing is on **Thursday, 7th July at 6.45 pm at pizzarellys!!** It's £16.50 for 2 courses (which includes tip!) and you bring your own wine etc! Please [email Norma](#) if you would like to join us!!

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**FRENCH GROUP****GROUP LEADER - ZOE COLLINS**

Pleased to announce that the French Group is meeting again, every Monday from 2:30-3:30pm. Contact Zoe for more information.

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**FILM GROUP****GROUP LEADER - JUDITH PRENTICE**

We are continuing to visit Lisburn Omniplex on a fortnightly basis with a good number of members attending. If you wish to be added to the list, please contact the group leader.

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**FRINGE GROUP****GROUP LEADER – SALLY CUNNINGHAM****Widows Paradise - Belvoir Studio Theatre - Fri, 16 Sept. 2022**

One of the funniest of all Sam Cree's many plays, set in the 1960s. Described as a piece of comedy genius, Widows' Paradise, a three-act comedy, is action-packed and guaranteed to have the audience on the edge of their seats and in tears of laughter until the final curtain call.

The sign-up sheet will be available at the meetings, or contact [Sally](#) directly if you'd like to go.

**GOLF****GROUP LEADER - MADGE CALLAN**

The **weekly Monday morning golf outing continues at Aberdelghy**. Arrangements are made via WhatsApp and everyone is welcome to join the group.

The **next proposed Summer Golf outing is to Rockmount on the morning of Thursday July 14th**. Arrangements are made via WhatsApp and anyone interested in participating should join the WhatsApp group before 30th June.

Please contact the [Group Leader](#) if you would like to join either or both golf groups.

**KARATE****WILLIAM GRANT**

Karate is held every **Tuesday, from 6pm-7:30pm**, at St John's Hall in Dromara, but **will be closed on 5th and 12th July**. Contact William if you would like more information.

**LETS GO****GAIL POLLOCK**

The July outing is planned to be to Ballydugan Medieval Village near Downpatrick. Dates are either Sat 16th or 23rd July, cost still to be confirmed.

**LU3A SINGERS****GROUP LEADER - JACQUI TOWNSLEY**

We **finished on Friday 24<sup>th</sup> June** with a visit to Royal Hillsborough Castle and lunch in the Yellow Door at the Castle. We'll be **back again in September** and look forward to welcoming new members and all current members. *In the meantime, keep singing - it's good for you!*

**NATIONAL TRUST****GROUP LEADER – LESLEY KIRK**

The gardeners at Rowallane are leading rambles off the beaten track in the gardens on the **first Tuesday of the month** giving information on the garden's history and the plants in season. Bookings open 2 weeks before each event so we are probably too late to book for July but **if you would be interested in the August ramble contact Lesley by email or text before 20th July**. They take place at **11.30 to 13.00** and are free to NT members and standard admission charge for non-NT members.

**PAINTING****GROUP LEADER – TOMMY YARR**

The painting group has now closed until September. I hope everyone has a good summer break and look forward to seeing new and regular members again in September.

**T'AI CHI – MIXED ABILITY CLASSES****GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

T'ai Chi class will **finish on Monday the 27th June** for the summer break. We will **recommence on Monday the 5th September**.

Information will be available to anyone interested in joining at the August U3A meeting. Paul

**THEATRE / CONCERT****GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE****THE PIRATES OF PENZANCE – Summer 2022 Youth Production Grand Opera House, Belfast, 2.30 pm Saturday 23<sup>rd</sup> July 2022**

The best young talent Northern Ireland has to offer will sing, dance and act their way through the most energetic, funny and accessible of all the Gilbert and Sullivan titles. Romance, thrilling choreography, madcap comedy and sublime singing is guaranteed as Northern Ireland's biggest youth production takes you on a journey of fun, frolics and fantasy. **Tickets £25 – closing date for bookings 1<sup>st</sup> July/22**

**YOGA****GROUP LEADERS - BRENDA PALMER, FRED A BELL**

Yoga will be **taking a break in July and August**, but classes will **resume in September**. Details of start-up will be sent out nearer the time. We have places available and those interested in joining us are welcome! Contact Brenda or Freda.

**WALKING GROUPS – YOU HAVE A CHOICE OF FIVE WALKING GROUPS WITH FIVE DIFFERENT LEVELS OF DIFFICULTY:****LEVEL 1: STROLLERS****GROUP LEADER - MARY HINE****LEVEL 2: SATURDAY RAMBLERS****GROUP LEADER - GIL COLVIN****LEVEL 3: RAMBLERS****GROUP LEADER - STANLEY PRENTICE****LEVEL 4: RAMBLERS PLUS****GROUP LEADER - JUDITH PRENTICE****LEVEL 5: SCRAMBLERS****GROUP LEADER - STANLEY PRENTICE**

**IF THE GROUP YOU'RE INTERESTED IN WASN'T UPDATED, PLEASE CONTACT THE GROUP LEADER DIRECTLY.**

**SEE LAST PAGE FOR CONTACT INFORMATION.**

## COMMITTEE MEMBERS – CONTACT DETAILS

CHANGES ARE SHOWN IN GREEN:

NAME	POSITION	MOBILE	EMAIL
<b>Elizabeth Fleming</b>	<b>Chairperson</b>		<a href="mailto:info@lisburnu3a.org">info@lisburnu3a.org</a>
<b>Volunteer Required</b>	Vice Chairperson		
Trevor McKinney	Treasurer		
Joan Hamilton	Administrative Secretary		
<b>Bill Grant</b>	Minutes Secretary		
<b>Peter Hunter</b>	Speakers		
Bill Grant	Venues/Bookings		
Lesley Kirk	Membership Secretary		
Keith Ineson	Convener of Group Leaders		

## ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
<i>Elodie Ellingsen</i>	<i>Newsletter Editor</i> <b>Volunteer required!!</b>	<i>07769 324943</i>	<i>editorlu3a@gmail.com</i>
<i>Elodie Ellingsen</i>	<i>Webmaster</i>	<i>07769 324943</i>	<i>webmasterlu3a@gmail.com</i>
<i>Cynthia Kelly</i>	<i>Photo Supplement</i>	--	<i>photosuplu3a@gmail.com</i>

SEE CHANGES IN GREEN BELOW						
GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 <sup>nd</sup> Wed of month	7:30pm	3	Jacqui Townsley		<b>info@lisburnu3a.org</b>
Archery	Every Tuesday	10-11:00am	1	Pearl Chambers		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 <sup>st</sup> Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor <b>Seasonal Winter</b>	Every Tuesday Every Thursday	2:00 pm 10:00 am	1	Trevor McKinney		
Bowling Outdoor Seasonal Summer	Every Tues & Thurs Every Friday	10am - 12:30 1:30pm – 4	16	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	8:00pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	4	Jean Ryan		
Creative Writing	Last Thurs of month (After u3a Meeting)	Approx. 3:30	5	Shirley Bork		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Madge Callan		
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2 <sup>nd</sup> & 4 <sup>th</sup> Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Pen Pal Club	Occasional	Varied	8	Catherine Murdock		
Scrabble	1 <sup>st</sup> Thurs of month	2:00pm	2	Olive Campbell		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
<b>T'ai Chi – Mixed</b> Ability Classes	Mondays	10:30-11:30am 12-1:00pm	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yoga	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
<b>Walking Groups – In increasing levels of difficulty</b>						
Strollers	Every Monday	10:15am	8	Mary Hine		<b>info@lisburnu3a.org</b>
Saturday Ramblers	3 <sup>rd</sup> Sat of month	10:00am	8	Gil Colvin		
Ramblers	Every Monday	10:30 or 11:00 am	8	Stanley Prentice		
Ramblers Plus	2 <sup>nd</sup> Mon ea month	10:00am	8	Judith Prentice		
Scramblers	Alternate Thurs	10:30am	8	Stanley Prentice		

**VENUE\* KEY**

1 = Kilmakee Activity Centre	9 = Barry Gallery Downshire Centre
2 = Lisburn Racquets Club, Belfast Road, Lisburn	10 = Bridge Community Centre Railway Street
3 = Hillsborough Village Community Centre	11 = LeisurePlex Bowling Centre
4 = Volunteer Member's Homes	12 = St John's Hall Dromara
5 = LaganView Enterprise Centre, Lisburn	13 = Tesco, Bentrin Rd, Lisburn
6 = Convener's Home	14 = Turas centre, Newtownards Rd, Belfast
7 = Coach Snooker Club, Hillsborough	15 = The Alchemy, Moira - (Formerly The Tannery)
8 = Varied Venues	16 = LISNAGARVEY