
For contact details of Committee Members and Group Leaders, please consult the lists on the last pages

LU3A MONTHLY MEETING**PLEASE REMEMBER TO WEAR YOUR NAME BADGE.**

Beginning at **2:00pm**, on the **last Thursday** of the month in LaganView Enterprise Centre, 69 Drumbeg Drive, Old Warren. We are aware that some people are still hesitant about resuming their pre-pandemic activities and lifestyles. Accordingly, while we have resumed our monthly meetings at LaganView Enterprise Centre, we continue to offer a Zoom link for those prefer to attend online.

The next meeting is on Thursday, 26th May 2022 at 2pm. **Items for Monthly Meeting Agenda** – Please note that group leaders and members wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

May's meeting will combine our AGM and a presentation by Elizabeth Fleming, our next Chairperson.

***** There are still vacancies on the committee, which must be filled, and there is still time for your nominations. *****

Here is your **Zoom link** for those who would like to attend the meeting but are unable to be there in person:

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

Meeting ID: XXXXXXXXXXXXXXX

Passcode: XXXXXXXXXXXXXXX

WELCOME NEW MEMBERS!

David Brew, Carol Boyd, Ken Preston, Diane Armstrong, Maxine Lilburn

Welcome back: Chris Davis and Susan Milburne

NAME BADGES & MEMBERSHIP CARDS

If you have joined Lisburn u3a since March 2020, please collect your **name badge** from Lesley at the **Welcome/New Members desk** as you come into the monthly meeting. **Membership cards** for those who have renewed their membership for 2022/23 can be collected from the sign in desk. They will be in alphabetical order. If you can't attend the monthly meeting, please ask a friend to collect your membership card and/or name badge on your behalf.

DATES FOR YOUR DIARY

May Monthly Meeting
June Special Event

26th May 2022 at 2pm
30th June 2022 at 2pm

Laganview & Zoom
Details to follow, mid-June





THE NEWSLETTER IS LOOKING FOR A NEW EDITOR.

ARE YOU INTERESTED?

CONTACT Newsletter Editor at editorlu3a@gmail.com

LISBURN u3a RECIPE BOOK

We are appealing again for recipes; we've received only a dozen or so, mostly chicken dishes.

  We need more foods of all varieties please!  



☆ The brightest stars are those that shine for others ☆
We know we have clever and talented members; remember that "retired" doesn't mean your skills are no longer needed! Lisburn u3a needs people to volunteer or to be nominated for the Committee!
Bring those talents, interests, and skills out of the closet and show them off.

You are needed, you are wanted, and you will be the lifesaving transfusion needed to bring us back to life after the pandemic.

Do you enjoy meeting people?
Do you love working with amazing people?
Enrich your life experience, be inspired, share your wisdom with others, and get more out of life than you give.

Remember:
Lu3a won't exist without a working committee

PLEASE CONTACT GROUP LEADERS DIRECTLY IF YOU DON'T SEE THE GROUP IN WHICH YOU ARE INTERESTED.

SEE BACK PAGES FOR GROUP LEADER CONTACT DETAILS

ANTIQUES & COLLECTABLES

GROUP LEADER - JACQUI TOWNSLEY

The next meeting will be **Wednesday 8th June at 7.30 pm** in Hillsborough Village Centre.

BADMINTON

GROUP LEADER - LAURA MOLLOY

Badminton is played every **Wednesday at 10:30am** at **Lisburn Racquets Club**, Belfast Road, Lisburn.

BOOK GROUP 1

GROUP LEADER- HILARY PRESTON

For May we read 'Still Life' by Sarah Winman. It was thoroughly enjoyed by most of the reading group. We did feel that the book jumped about from place to place and character to character. However, we all enjoyed the settings of Florence and London and all decided that we wanted to revisit Florence. The talking parrot was not popular!! The characters were well portrayed, with Ulysses, Evelyn and Peg being firm favourites. The book gave us all food for thought about 'What is Life' and 'No matter what, life continues.'

BOOK GROUP 2

GROUP LEADER - JOAN BRYSON

We continue to meet on the **last Tuesday of each month at 10.30 am** and have enjoyed resuming meeting in each other's homes. Our May meeting is on 31st, when our book is 'The Art of Falling' by Danielle Mc Laughlin. Debut novel from an acclaimed short story writer. A marriage under stress as recent faults and past secrets come to light, not helped by a truculent teenager in the house and a small-town lack of privacy. The compensation of professional success for the wife is undermined by challenges to the basis of a cherished project. Exploration of intimacy and betrayal, ownership, truth and lies and the struggle to be heard cut through with acerbic wit. Most months **we meet also mid-month** for a more informal Book Chat at a local cafe.

BOWLING OUTDOOR SEASONAL SUMMER

GROUP LEADERS - FRASER SHANNON, BILL INGLESTON

LU3A outdoor bowling group is now well settled into the summer season, with members' techniques adjusted to the extra demands of bowling on grass. We play at **09.45 to 12.15 on Tuesday and Thursday in the LCCC Omniplex Bowling Green**. In this spacious facility there is plenty of room to accommodate new bowlers. Any LU3A member wishing to join us should contact Fraser (see page 5).

CROCHET

GROUP LEADER - JEAN RYAN

We plan to continue meeting on Fridays from 10.30 to 12.30 in the Lisburn Racquets Club throughout May and June.

CREATIVE WRITERS

GROUP LEADER - SHIRLEY BORK

Shirley Bork is interested in convening a group of creative writers/memoir-writers/family history collectors, on a Friday morning or afternoon once a fortnight. The group would meet initially in Shirley's house in Annahilt. If you are interested in such a group, please contact Group Leader.

DINING OUT

GROUP LEADER - NORMA PATTERSON

Our next visit to pizzarellys is on **Thursday 2nd June at 6.45 p.m.** It's still £16,50 for 2 courses and you BYO wine etc. Soft drinks can be bought there!! If you would like to join us, please email me??!?

FRENCH GROUP

GROUP LEADER - ZOE COLLINS

Pleased to announce that the French Group is meeting again, every Monday from 2:30-3:30pm. Contact Zoe for more information.

FILM GROUP

GROUP LEADER - JUDITH PRENTICE

We are continuing to visit Lisburn Omniplex on a fortnightly basis with a good number of members attending. If you wish to be added to the list, please contact the group leader.

GOLF

GROUP LEADER - MADGE CALLAN

All golf outings are organised by WhatsApp. To join either or both WhatsApp groups email your mobile phone number to the Group Leader - see Contacts Sheet. 'Weekly Golf' continues every Monday morning. The first 'Summer Golf' outing was to Lurgan where the course was in great condition and the weather kind. The next proposed outing is **Edenmore on Thursday 9th June**. Please join the WhatsApp group by 31st May if you would like to play.

LU3A SINGERS**GROUP LEADER - JACQUI TOWNSLEY**

We're back – meeting on the **2nd and 4th Fridays** of the month from **2.00 pm – 4.00 pm** in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre, also outside the Centre. We have built up a great repertoire of songs and would love to see some new recruits... just come along and join us. Next meeting Friday 27th May 2022.

PAINTING**GROUP LEADER – TOMMY YARR**

The painting group has now closed until September. I hope everyone has a good summer break and look forward to seeing new and regular members again in September.

T'AI CHI – MIXED ABILITY CLASSES**GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

To celebrate World Tai Chi Day, our two Tai Chi groups joined together on Monday 2nd May with Tutor Jane Burke for an outdoor session in Castle Gardens, Lisburn. The activity was much enjoyed by all of us. It was lovely doing Tai Chi in the fresh air - and we had very pleasant weather. Tai Chi continues at The Lagan Enterprise Centre. **For the rest of May and until the end of June, both classes are meeting together each Monday at 11:00 am until 12 noon.** During July and August, we shall have a summer break and restart classes on **Monday 5 September**. Wishing you all a happy Summer. Keep practising!

**THEATRE / CONCERT****GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE****STONES IN HIS POCKETS**

Lyric Theatre, Belfast, **Saturday 18 June 2022, 14:30**. The Barn Theatre's 25th Anniversary Production - set in rural Ireland, *Stones in His Pockets* follows a small village that is turned upside down by the arrival of a Hollywood studio to film the latest historical blockbuster. Told through the eyes of local lads Charlie Conlon and Jake Quinn, who are employed as extras, it soon becomes clear that Tinseltown's romanticised dream of Ireland is a long way from reality!

Tickets £28 pp – closing date for ticket purchase Monday 9th May 2022

YOGA**GROUP LEADERS - BRENDA PALMER, FREDA BELL**

Yoga classes continue **Wednesday afternoons, from 4-5 and Thursday mornings 11-12**. We have spaces, and anyone interested in staying flexible in our advancing years, with our lovely instructor Asha, should contact Brenda or Freda.

WALKING GROUPS – YOU HAVE A CHOICE OF FIVE WALKING GROUPS WITH FIVE DIFFERENT LEVELS OF DIFFICULTY:**LEVEL 1: STROLLERS****GROUP LEADER - MARY HINE**

Our walks are continuing as usual. Our main problem is finding that elusive coffee shop for our after-walk chats!

LEVEL 2: SATURDAY RAMBLERS**GROUP LEADER - GIL COLVIN**

Our next walk will be in **Lurgan Park on 18th June** when we hope for a bigger number of walkers.

LEVEL 3: RAMBLERS**GROUP LEADER - STANLEY PRENTICE**

Monday 30th May Ballyhornan Coastal path to St Patrick's Holy well and return. Volunteers required for Mon 6th, 20th and 27th June.

LEVEL 4: RAMBLERS PLUS**GROUP LEADER - JUDITH PRENTICE**

Monday 13th June – a Volunteer is required

LEVEL 5: SCRAMBLERS**GROUP LEADER - STANLEY PRENTICE**

Thursday 9th June and Thursday 23rd June Volunteers required.

General comment for Levels 3, 4 and 5: No great changes to the attendance at walks, still well supported. We are about to restart a car sharing, voluntary of course.

IF THE GROUP YOU'RE INTERESTED IN WASN'T UPDATED, PLEASE CONTACT THE GROUP LEADER DIRECTLY.

SEE LAST PAGE FOR CONTACT INFORMATION.

JOAN HAMILTON

Members:

Our AGM is at the end of May and to date we have only one nomination for committee. The present committee have served from 2019 and, although we were unable to meet in person for quite a length of time, the committee work went on. The non-office bearers would have expected to stand down last year but most agreed to stay on for an extra year. The office bearers would have been due to step down this year. Again, several members have agreed to stay on, but 'the committee needs new ideas and new energy - this is a way to have your voice heard and influence the future of Lisburn u3a.'

No need to be hesitant - outing members will give you any help you may need.

Lisburn u3a cannot function without a committee.

Please return this form to any committee member.

LISBURN U3A

NOMINATION FORM FOR COMMITTEE 2022

Please complete the nomination form and ask two members to support your nomination – as proposer and seconder.

Nomination form

I, (name) wish to be nominated for the committee of Lisburn u3a

Signature Date

Name of proposer

Name of seconder

Please return this form to any committee member.

ON PAGE 6 IS A NOMINATION FORM WHICH CAN BE RETURNED TO ANY COMMITTEE MEMBER.

COMMITTEE MEMBERS – CONTACT DETAILS

CHANGES ARE SHOWN IN GREEN:

NAME	POSITION	MOBILE	EMAIL
Margaret Hanna	Chairperson		info@lisburnu3a.org
Elizabeth Fleming	Vice Chairperson		
Trevor McKinney	Treasurer		
Joan Hamilton	Administrative Secretary		
Margaret Callan	Minutes Secretary		
Margaret Callan	Speakers		
Bill Grant	Venues/Bookings/Group Leaders		
Lesley Kirk	Membership Secretary		
Keith Ineson	Convener of Group Leaders		

ADDITIONAL POSITIONS

NAME	POSITION	MOBILE	EMAIL
<i>Elodie Ellingsen</i>	<i>Newsletter Editor</i>	<i>07769 324943</i>	<i>editorlu3a@gmail.com</i>
<i>Elodie Ellingsen</i>	<i>Webmaster</i>	<i>07769 324943</i>	<i>webmasterlu3a@gmail.com</i>
<i>Cynthia Kelly</i>	<i>Photo Supplement</i>	--	<i>photosuplu3a@gmail.com</i>

SEE CHANGES IN GREEN BELOW

GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 nd Wed of month	7:30pm	3	Jacqui Townsley		info@lisburnu3a.org
Archery	Every Tuesday	10-11:00am	1	Pearl Chambers		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1 st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor Seasonal Winter	Every Tuesday Every Thursday	2:00 pm 10:00 am	1	Trevor McKinney		
Bowling Outdoor Seasonal Summer	Every Tues & Thurs Every Friday	10am - 12:30 1:30pm – 4	16	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	8:00pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	4	Jean Ryan		
Creative Writing	Last Thurs of month (After u3a Meeting)	Approx. 3:30	5	Shirley Bork		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30-3:30pm	6	Zoe Collins		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Madge Callan		
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2 nd & 4 th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Pen Pal Club	Occasional	Varied	8	Catherine Murdock		
Scrabble	1 st Thurs of month	2:00pm	2	Olive Campbell		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
T'ai Chi – Mixed Ability Classes	Mondays	10:30-11:30am 12-1:00pm	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
Yoga	Every Wednesday Every Thursday	4 – 5:00 pm 11am -12	5	Brenda Palmer Freda Bell		
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3 rd Sat of month	10:00am	8	Gil Colvin		
Ramblers	Every Monday	10:30 or 11:00 am	8	Stanley Prentice		
Ramblers Plus	2 nd Mon ea month	10:00am	8	Judith Prentice		
Scramblers	Alternate Thurs	10:30am	8	Stanley Prentice		

VENUE* KEY

1 = Kilmakee Activity Centre	9 = Barry Gallery Downshire Centre
2 = Lisburn Racquets Club, Belfast Road, Lisburn	10 = Bridge Community Centre Railway Street
3 = Hillsborough Village Community Centre	11 = LeisurePlex Bowling Centre
4 = Volunteer Member's Homes	12 = St John's Hall Dromara
5 = LaganView Enterprise Centre, Lisburn	13 = Tesco, Bentrin Rd, Lisburn
6 = Convener's Home	14 = Turas centre, Newtownards Rd, Belfast
7 = Coach Snooker Club, Hillsborough	15 = The Alchemy, Moira - (Formerly The Tannery)
8 = Varied Venues	16 = LISNAGARVEY