#### **LISBURN U3A NEWSLETTER**

Email: info@lisburnu3a.org

Website: https://www.lisburnu3a.org/



Charitable Status No NI103276

**APRIL 2022** 

For contact details of Committee Members and Group Leaders, please consult the lists on the last pages

## **LU3A MONTHLY MEETING**

Beginning at **2:00pm**, on the **last Thursday** of the month in LaganView Enterprise Centre, 69 Drumbeg Drive, Old Warren. we are aware that some people are still hesitant about resuming their pre-pandemic activities and lifestyles. Accordingly, while we have resumed our monthly meetings at LaganView Enterprise Centre, we continue to offer a Zoom link for those prefer to attend online. Social distancing worked well at last month's meeting and the same arrangements apply this month.

The next meeting is on 28th April 2022 at 2pm.

Please remember to wear your name badge.

Letitia Fitzpatrick, who was mentioned at last month's meeting as the Speaker for **28th April**, has been rescheduled. We are glad to report that **Aine Dolan from Grand Opera House** has stepped in - we are greatly appreciative, and looking forward to Aine's talk.

## ITEMS FOR MONTHLY MEETING AGENDA

Please note that anyone wishing to speak at the monthly meeting must first notify the chairperson in advance of the meeting.

## **WELCOME TO OUR NEW MEMBERS**

Jean Malcomson, Sheelagh Whitford, Linda Harley, and Bernadette Loughran, Barry Stanage, Trevor Elliott, Rose McKeown, Malcolm Ball, Ciarán de Baróid and Rosemary Hunter!

#### NAME BADGES & MEMBERSHIP CARDS

If you have joined Lisburn u3a since March 2020, please collect your **name badge** from Lesley at the Welcome/New Members desk as you come into the monthly meeting. **Membership cards** for those who have renewed their membership for 2022/23 can be collected from the sign in desk. They will be in alphabetical order. If you can't attend the monthly meeting, please ask a friend to collect your membership card and/or name badge on your behalf.

#### **DATES FOR YOUR DIARY**

April Monthly Meeting 28<sup>th</sup> April 2022 at 2pm Laganview & Zoom

Committee Meeting 12<sup>th</sup> May 2022 at 6pm Zoom [Committee only]

May Monthly Meeting 26<sup>th</sup> May 2022 at 2pm Laganview & Zoom

NOTE: THE NEWSLETTER HAS REVERTED TO ITS PREVIOUS FORMAT IN PREPARATION FOR A NEW EDITOR.

### See back pages for Group Leader Contact Details

If you don't see an update for the group you're interested in, please contact the Group Leader directly.

## **ANTIQUES & COLLECTABLES**

**GROUP LEADER - JACQUI TOWNSLEY** 

The next meeting will be **Wednesday 8<sup>th</sup> June at 7.30 pm** in Hillsborough Village Centre. More details next month.

**BADMINTON** 

**GROUP LEADER - LAURA MOLLOY** 

Badminton is played every Wednesday at 10:30am at Lisburn Racquets Club, Belfast Road, Lisburn.

#### **BOOK GROUP 1**

## **GROUP LEADER- HILARY PRESTON**

In April the book club read 'The Salt Path' by Raynor Winn. It is now considered a best seller and has some great reviews. It tells the story of two people dragging themselves from the depths of despair along some of the most dramatic landscapes in the country, looking for a solution to their problems and ultimately finding themselves. The book group all felt that the court decision, which left them bankrupt, was very harsh. The challenge they set themselves was massive. The overall opinion was that Raynor Winn effectively described the hardships they endured. The overall opinion was that the book was uplifting and was to be recommended. Next month we will be discussing Still Life, by Sarah Winnman.

## **BOOK GROUP 2**

## **GROUP LEADER - JOAN BRYSON**

We continue to meet on the **last Tuesday of each month at 10.30 am** and have enjoyed resuming meeting in each other's homes. Our May meeting is on 31<sup>st</sup>, when our book is 'The Art of Falling' by Danielle Mc Laughlin. Debut novel from an acclaimed short story writer. A marriage under stress as recent faults and past secrets come to light, not helped by a truculent teenager in the house and a small-town lack of privacy. The compensation of professional success for the wife is undermined by challenges to the basis of a cherished project. Exploration of intimacy and betrayal, ownership, truth and lies and the struggle to be heard cut through with acerbic wit. Most months **we meet also mid-month** for a more informal Book Chat at a local cafe.

#### **BOWLING INDOOR SEASONAL WINTER**

#### **GROUP LEADER – TREVOR MCKINNEY**

As we approach the end of the Indoor Bowling season, the current organisers are switching their focus to Outdoor Bowling. However, Indoor Bowling may continue at Kilmakee Activity Centre if there is sufficient demand. Bowlers who want to continue playing indoors should contact Trevor.

#### **BOWLING OUTDOOR SEASONAL SUMMER**

#### **GROUP LEADERS - FRASER SHANNON, BILL INGLESTON**

As we approach the end of the Indoor Bowling season, the current organisers are switching their focus to Outdoor Bowling at either Lisnagarvey or Lagan Valley. We just heard that the Lisnagarvey greens may be out of action for a spell so this will be confirmed. The planned scheduled start is Tuesday 3<sup>rd</sup> May, then on Tuesday and Thursday mornings, from 09.45am to 12.15pm.

CROCHET GROUP LEADER - JEAN RYAN

We plan to continue meeting on Fridays from 10.30 to 12.30 in the Lisburn Racquets Club throughout May and June.

**DINING OUT** 

#### **GROUP LEADER - NORMA PATTERSON**

Our April dining outing was on **Thursday 21<sup>st</sup> April at 6.45pm**. £16.50 for 2 courses and still BYO wine etc. Please send an email if you would like to come to the following one, which will be on 2<sup>nd</sup> June!! Looking forward to seeing you all again!!

**GOLF** 

#### **GROUP LEADER - MARGARET CALLAN**

**WEEKLY GOLF** is now a regular Monday Morning fixture at Aberdelghy Golf Club, Lambeg. Some of our members have opted for Annual Course Membership giving us the facility for earlier booking. Three of the ladies ventured out before Easter and we're looking forward to welcoming back other 'fair-weather golfers' in the coming weeks. Down Royal Golf Course is also an option for the Monday morning golf outing.

**SUMMER GOLF** has resumed on the 2nd Thursday each month until October. Proposed outings:

12th May – Lurgan9th June – Edenmore14th July - Rockmount11th August - Castlereagh Hills8th September- Blackwood13th October - Greenacres

LET'S GO

#### **GROUP LEADER - GAIL POLLOCK**

May's Let's Go will be to **The Red Kite Retreat near Castlewellan Thurs 19th May @ 2.30** so that we can see them feeding the birds at 3pm. Sign up at the next meeting or email Gail.

## **LU3A SINGERS**

## **GROUP LEADER - JACQUI TOWNSLEY**

We're back – meeting on the **2<sup>nd</sup> and 4<sup>th</sup> Fridays** of the month from **2.00 pm – 4.00 pm** in the Parish Room, Hillsborough Parish Church. The Parish Room is the building on your right as you drive through the church gates – parking is available as you drive up to the Downshire Centre, also outside the Centre. We have built up a great repertoire of songs and would love to see some new recruits... just come along and join us. Next meetings – **Friday 13th and Friday 27th May 2022** 

**NATIONAL TRUST** 

**GROUP LEADER - LESLEY KIRK** 

There will not be an outing in May.

# **T'AI CHI – MIXED ABILITY CLASSES**

## **GROUP LEADERS - KATHLEEN INGLESTON, PAUL BOYCE**

We are all enjoying out Tai Chi sessions **every Monday morning**. Both groups have discussed World Tai Chi Day on 30<sup>th</sup> April. To be in line with this, we decided, as individuals, to do a short practice in our gardens at 10 am on that day, as is the traditional time throughout the world. Then on Monday 2 May, both groups will meet in Castle Gardens, Castle Street, Lisburn at 11:00 am, along with our tutor Jane Burke. We look forward to an open-air session of Tai Chi that day - and hope for a sunny day in the park! For the rest of May we resume our classes at Laganview Enterprise Centre. Please note: there are spaces available in both Tai Chi classes. Thank you.

## THEATRE / CONCERT

#### **GROUP LEADERS - JACQUI TOWNSLEY, REAH BROWNE**

### WEST SIDE STORY

Grand Opera House, Wednesday 11th May 2022 at 19.30 hrs

Booking closed – tickets available on the night.

### HOW CAN WE KEEP FROM SINGING?

Lisburn Harmony Ladies Choir – Island Hall, Lagan Valley Island, Lisburn, on **Friday 13<sup>th</sup> May at 19.30 hrs**; Lisburn Harmony return to Lagan Valley Island for their first post pandemic concert in Lisburn. Their choral tour to Spain in April 2022 was a long overdue celebration of their first ten years as a choir, and they are looking forward immensely to sharing their music with Lisburn audiences once again.

Tickets £10 pp – closing date for ticket purchase Monday 2<sup>nd</sup> May 2022.

#### **STONES IN HIS POCKETS**

Lyric Theatre, Belfast, **Saturday 18 June 2022, 14:30.** The Barn Theatre's 25th Anniversary Production - set in rural Ireland, *Stones in His Pockets* follows a small village that is turned upside down by the arrival of a Hollywood studio to film the latest historical blockbuster. Told through the eyes of local lads Charlie Conlon and Jake Quinn, who are employed as extras, it soon becomes clear that Tinseltown's romanticised dream of Ireland is a long way from reality!

Tickets £28 pp – closing date for ticket purchase Monday 9th May 2022

#### **YOGA**

## **GROUP LEADERS - BRENDA PALMER, FREDA BELL**

Yoga classes continue Wednesday afternoons from 4-5 and Thursday mornings 11-12. We are having a break for the Easter holidays and resume on 27th April. We have spaces and anyone interested in staying flexible in our advancing years, with our lovely instructor Asha, should contact Brenda or Freda (see back pages for contact details.)

WALKING GROUPS - You Have A Choice Of Five Walking Groups With Five Different Levels Of Difficulty:

#### **LEVEL 2: SATURDAY RAMBLERS**

**GROUP LEADER - GIL COLVIN** 

Saturday Walkers enjoyed a lovely Spring walk at Tannaghmore Gardens and have arranged the next walk to be on 21st May at Giant's Ring / Minnowburn.

If the group you're interested in wasn't updated, please contact the Group Leader directly. See last page for contact information.

## **COMMITTEE MEMBERS – CONTACT DETAILS**

#### **CHANGES ARE SHOWN IN GREEN:**

Name	POSITION	MOBILE	EMAIL
Margaret Hanna	Chairperson		chairlu3a@hotmail.com
Elizabeth Fleming	Vice Chairperson		
Trevor McKinney	Treasurer		
Joan Hamilton	Administrative Secretary		info@lisburnu3a.org
Margaret Callan	Minutes Secretary		
Margaret Callan	Speakers		speakerslu3a@gmail.com
Bill Grant	Venues/Bookings/Group Leaders		info@lisburnu3a.org
Lesley Kirk	Membership Secretary		membership6543@gmail.com
Keith Ineson	Convener of Group Leaders		info@lisburnu3a.org

# ADDITIONAL POSITIONS

Name	Position	MOBILE	EMAIL
Elodie Ellingsen	Newsletter Editor,		editorlu3a@gmail.com
Elodie Ellingsen	Webmaster		webmasterlu3a@gmail.com
Cynthia Kelly	Photo Supplement		photosuplu3a@gmail.com



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GROUP	Day	Time	Venue*	Group Leader	Tel.	Contact Email
Antiques	2 <sup>nd</sup> Wed of month	7:30pm	3	Jacqui Townsley		
Archery	Every Tuesday	10-11:00am	1	Pearl Chambers		
Badminton	Every Wednesday	10:30am	2	Laura Molloy		
Book Group 1	1st Thurs of month	10:30am	4	Hilary Preston		
Book Group 2	Last Tues of month	10:30am	4	Joan Bryson		
Bowling Indoor Seasonal Winter	Every Tuesday Every Thursday	2:00 pm 10:00 am	1	Trevor McKinney		
Bowling Outdoor Seasonal Summer	Every Tues & Thurs Every Friday	10am - 12:30 1:30pm – 4	16	Fraser Shannon Bill Ingleston		
Bridge	Every Thursday	8:00pm	2	Ivy Long Joan Bolam		
Bridge Beginner	Every Thursday	3:00pm	15	Patricia Ricketts		
Crochet	Every Friday	10:30am	4	Jean Ryan		
Memoir Writing	Last Thurs of month (After u3a Meeting)	Approx. 3:30	5	Shirley Bork		
Dining Out	Occasional	6:45pm	8	Norma Patterson		
French Group	Every Monday	2:30pm	6	To be Confirmed		
Film Group	Most alternate Tues	Evening	8	Judith Prentice		
Fringe Group	Occasional	Varied	8	Sally Cunningham		info@lisburnu3a.org
Genealogy	Occasional	Varied	8	Sally Cunningham		
Golf	Most Mondays	Varied	8	Margaret Callan		
Irish Lessons	Every Friday	10:15 carpool 11:00am class	5 & 14	Keith Ineson		
Karate	Every Tuesday	6pm-7:30pm	12	William Grant		
Let's Go	Occasional	Varied	8	Gail Pollock		
LU3A Singers	2nd & 4th Fridays	2:00pm	9	Jacqui Townsley		
National Trust	Varied	Varied	8	Lesley Kirk		
Painting	Every Tuesday	10:30am	3	Tommy Yarr		
Pen Pal Club	Occasional	Varied	8	Catherine Murdock		
Scrabble	1st Thurs of month	2:00pm	2	Olive Campbell		
Snooker	Every Tuesday	7:30pm	7	Neville Hicks		
<b>T'ai Chi – Mixed</b> Ability Classes	Mondays	10:30-11:30am 12-1:00pm	5	Kathleen Ingleston Paul Boyce		
Theatre / Concert	Occasional	Varied	8	Jacqui Townsley Reah Browne		
	Every Wednesday	4 – 5:00 pm	_	Brenda Palmer		
Yoga	Every Thursday	11am -12	5	Freda Bell		
		Walking	Groups – I	n increasing levels of dif	fficulty	
Strollers	Every Monday	10:15am	8	Mary Hine		
Saturday Ramblers	3rd Sat of month	10:00am	8	Gil Colvin		
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Ramblers	Every Monday	10:30 or 11:00 am	8	Stanley Prentice		
Ramblers Plus	Every Monday  2nd Mon ea month	10:30 or 11:00 am 10:00am	8	Stanley Prentice  Judith Prentice		info@lisburnu3a.org

VENUE* KEY				
1 = Kilmakee Activity Centre	9 = Barry Gallery Downshire Centre			
2 = Lisburn Racquets Club, Belfast Road, Lisburn	10 = Bridge Community Centre Railway Street			
3 = Hillsborough Village Community Centre	11 = LeisurePlex Bowling Centre			
4 = Volunteer Member's Homes	12 = St John's Hall Dromara			
5 = LaganView Enterprise Centre, Lisburn	13 = Tesco, Bentrim Rd, Lisburn			
6 = Convener's Home	14 = Turas centre, Newtownards Rd, Belfast			
7 = Coach Snooker Club, Hillsborough	15 = The Alchemy, Moira - (Formerly The Tannery)			
8 = Varied Venues	16 = Lisnagarvey			