

# LISBURN U3A NEWSLETTER

Chairperson: Monica Rafferty  
Venues & Media: Stanley Prentice  
Guest Speaker Co-ordinator: Gil Colvin  
Interest Groups: Monica Rafferty & Jean Needham



Email: u3alisburn@gmail.com

## January 2012

Secretary: Elizabeth Fleming  
Treasurer: Joan Hamilton  
Newsletter Editor: David Todd  
Meet & Greet: Judith Prentice

**U3A MONTHLY MEETINGS** – On the last Thursday of the month beginning 2.00pm at Laganview Enterprise Centre -



<b>December</b>	<b>NO MEETING</b>
January	26 <sup>th</sup> 2012
February	23 <sup>rd</sup> 2012

### **THEATRE AND CONCERT GROUP**

Contact Jacqui Townsley



#### **Planned programme -**

##### **1. JACK & THE BEAN STALK**

Still a Giant of a Panto with May McFetridge.

Wednesday 18th January 2012 - 2.30 pm

**Booking closed** and tickets distributed at Nov. meeting. Have fun - but when seated in the dark please remember – *He's behind you!!!*

##### **2. THE KING AND I (Note change of date)**

**Thursday 2 February 2012 - 2.30 pm matinee - Grand Opera House. Booking closed** – Tickets will be distributed at the next meeting on January 26.

##### **3. THE BARBER OF SEVILLE (CANCELLED)**

The published production has been cancelled because the English Touring Opera has pulled out of their Belfast dates!

**ANNIVERSARY LUNCH** – The Lisburn U3A one year anniversary lunch takes place at Lisburn Golf Club on **Thursday 19 Jan. 2012. at 12.30 for 1.00p.m.**

Approximately seventy members have booked a place so there will be a great opportunity to mingle and natter with members who you don't normally have an opportunity to talk to. *If you take ill and are unable to attend, please contact the golf club directly on 92677216 extension 2 and ask for Jane in the restaurant or call Gil Colvin who will try to negotiate a refund for you.*

#### **SHORT-MAT INDOOR BOWLING (CHANGE OF TIME)**



U3A bowlers have voted to try bowling one hour earlier from 2012.

Bowling will recommence after the Christmas holiday on Thursday 5 January at Kilmakee

Activity Centre, Seymour Hill from 10am-12noon. Coaching and equipment is provided free (if required). So defy the dark, damp mornings and enjoy a warm, welcoming experience. Hall hire cost is £1.50 or £2 per person (depending on numbers) – tea/coffee and biscuits included! Just turn up at 10am any Thursday morning (with your coffee mug)! If you need more information please contact Catherine Murdock.

**PILATES UPDATE** Monica is still trying to find an alternative Pilates instructor who is free to take the group at a time that suits everyone. Group members will be contacted as soon as more information becomes available. Contact: Monica

**Tai Chi Group Two** A few spaces still remain at our second Tai Chi group held at 12 noon on Fridays in Laganview Enterprise Centre. If interested contact Monica (see above).

**Painting Group** A start-up meeting will take place on Tue 13 Dec at 10-30am in the Island Centre when interested members will enjoy coffee and discuss group details – time/day/venue etc. All budding artists warmly welcomed!

**OUR COMMITTEE WHO'S WHO?** We are highlighting a number of committee members each month so that you know who to look out for at our meetings and the roles that each one plays in the running of LU3A.



This is Monica, our chairperson. She can help you with most queries – but especially with Pilates, Tai Chi and Painting activity questions. Monica liaises with other U3A groups and represents LU3A at regional U3A events. If Monica

doesn't know the answer to your query she will most certainly be able to point you to someone who does!



This is Elizabeth, our secretary who writes our letters, answers our correspondence, takes minutes, compiles our membership list & deals with all LU3A emails. She is happy to answer any query that you may have – but if you find her asleep at the back of the room – just let her rest – LU3A exhaustion!

**LET'S GO - TO THE BBC** Over 50 people signed up for the BBC tour. The first third will go as arranged on 31 Jan. Other members on the list have been divided into two further groups and have been informed by email of an alternative day – either Tue 7 or Wed 8 February. Please let Judith Prentice know if the alternative date does not suit. If you didn't receive an email you can assume that you are in the first group and should attend on the original date.





**The December  
Let's Go visit to  
Belfast City Hall**

**WALKING GROUPS** There are two levels of participation. *For health and safety reasons pets should never be brought on walks.*

**STROLLERS** – Short, flat walks. Members meet on alternate Monday mornings. Contact: Joan Traylen or Heather Martin

A list of walks has been circulated to regulars.

**Lisburn U3A INTEREST GROUPS**

**RAMBLERS** – Longer, more challenging walks with occasional hills. Meeting at Dobbies' car park for car sharing on alternate Monday mornings at 10am. Contact: - Stanley Prentice

**Planned Ramblers' Walks –**

- 9 Jan Lurgan Park
- 23 Jan Hollywood to Bangor Coastal Path



**The Chairperson and Members of the Committee wish everyone a restful, peaceful holiday season and look forward to meeting up with everyone again at our Anniversary Lunch in January**

**And finally – a Christmas dinner antidote**

**YOGA** - Are your interests flexible? Could your mind's eye stretch to some gentle, bending, relaxing exercise? Listen out for information at the January meeting.

Group	Day	Time	Where	Co-ordinator
Book Group 1	First Thur of month	10.30a.m.	In members' homes	Jeanette Chambers
Book Group 2	Last Tue of the month	10.30a.m.	In members' homes	Irenë Orr
Bowling Short-mat Indoor	Every Thursday	11am - 1pm	Kilmakee Activity Centre	Catherine Murdock Jean Needham
Bridge for Beginners	Every Thursday	7.30p.m. – 9.30p.m.	Leader's home	Ivy Long
Computer Beginners	Alternate Mondays	2p.m.	Laganview Enterprise Centre	Gil Colvin Jean Ryan Joan Hamilton
Crochet	Every Friday	10.30 – 12.30	Member's home	Isobel Spence
Film Group	Monday / Tuesday	Evening	Varied	Judith Prentice
Gardening	Occasional	Varied	Varied	Joan Hamilton
Golf	Occasional	Varied	Varied	Joan Hamilton Cynthia Kelly
Let's Go	Occasional	Varied	Varied	Judith Prentice
Rock Climbing (indoor)	As arranged	As arranged	Ozone Centre Belfast	Stewart Hudson
Tai Chi 1	Every Friday	10.30am	Laganview Enterprise Centre	Monica Rafferty
Tai Chi 2	Every Friday	12 noon	Laganview Enterprise Centre	Monica Rafferty
Theatre / Concert	Occasional	Varied	Varied	Jacqui Townsley
Walking Ramblers	Alternate Mondays	10am	Varied	Stanley Prentice
Walking Strollers	Alternate Mondays	10.15am	Varied	Joan Traylen Heather Martin