LISBURN U3A NEWSLETTER

Chairperson: Monica Rafferty Secretary: Elizabeth Fleming

Guest Speaker Co-ordinator: Gil Colvin

Treasurer: Joan Hamilton



December 2011

Pilates/Tai Chi: Monica Rafferty Venues and Media: Stanley Prentice Newsletter Editor: David Todd Email:u3alisburn@gmail.com

LU3A MONTHLY MEETINGS - On the last Thursday of the month beginning 2.00pm at Laganview Enterprise Centre -



November 24
December NO MEETING
January 26 2012

THEATRE AND CONCERT GROUP Contact Jacqui Townsley

Planned programme -

1. J HANSEL & GRETAL NI Opera with the Ulster Orchestra Friday 25th November - 7.30 pm - Grand Opera House. **Booking closed**. *Members who have previously signed up will receive their tickets at the November meeting.*

2. JACK & THE BEAN STALK The Giant of a Panto with May McFetridge. Wednesday 18th January 2012 - 2.30 pm **Booking closed**. *Members who have previously signed up will receive their tickets at the November meeting*.

3. THE KING AND I A breathtaking new production from The Curve Theatre. Leicester.

Saturday 4th February 2012 - 2.30 pm matinee - Grand Opera House. Tickets £27.00 pp (£26.00 pp for group of 10+). *Payable at November meeting.*

4. THE BARBER OF SEVILLE Promises to be the highlight of the artistic calendar 2012 at GOH. Sung in English translation. Tuesday 13th March 2012 - 7.30 pm - Grand Opera House. *Ticket price and details to be discussed at the November meeting.*

ANNIVERSARY LUNCH – Take part in the Lisburn U3A one year celebratory lunch at Lisburn Golf Club on **Thursday 19 Jan. 2012.** The cost is £15 payable in full at the November meeting. Members who have already paid a deposit only have to pay the balance of £10 at the meeting.

SHORT-MAT INDOOR BOWLING Bowling has really



taken off with twenty-two members (beginners and veterans) enjoying the recent morning's entertainment. Bowling takes place every Thursday at Kilmakee Activity Centre, Seymour Hill from 11am-1pm. Coaching and equipment is provided free (if required). So defy the dark, damp

mornings and enjoy a warm, welcoming experience. Hall hire cost is £1.50 or £2 per person (depending on numbers) – tea/coffee and biscuits included! Just turn up at 11am any Thursday morning (with your coffee mug)! *The last day of bowling will be Thursday 8 December. Bowling will recommence after the Christmas holiday on Thursday 5 January 2012.* If you need more information please contact Catherine Murdock.

PILATES HICCUP The instructor for the Pilates Group is unable to continue. The co-ordinator is still trying to get another tutor at a time that suits everyone. As soon as more information becomes available, group members will be contacted. Contact: Monica Rafferty

Picasso and friends at the recent November *Painting for Pleasure* course.



Listen out for

details of the upcoming painting course at the next meeting!

SIGN-UP SHEETS Watch out for the following sign-up sheets at Thursday's meeting – Tai Chi (for Jan. onwards), Painting for Pleasure, Digital Photography, Gardening, Theatre Group, Anniversary Lunch.

If you are interested in any of the other activities please speak to the relevant group co-ordinator(s). For contact details see page 2.

GARDENING GROUP The first meeting of the gardening group will take place on Wednesday 14 December at 7.30p.m. in Laganview Enterprise Centre. Members will have the opportunity to enjoy a talk and slide-show presentation entitled -



From Mulaghmore to the Mountains of Heaven!
Cost is £3 payable at the door – but make sure that you sign the interest sheet to give Joan an idea of numbers.
Contact: Joan Hamilton

WALKING GROUPS There are two levels of participation. For health and safety reasons pets should never be brought on walks.

STROLLERS – Short, flat walks. Members meet on alternate Monday mornings.

Contact: Joan Traylen or Heather Martin

Planned walk 5th December: Broadwater. Meet Moira Station car park at 10.15am. List of walks for the New Year will be circulated later. **RAMBLERS** – Longer, more challenging walks with occasional hills. Meeting at Dobbies' car park on alternate Monday mornings at 10am. Contact: - Stanley Prentice **Planned Ramblers' Walks** –

28 Nov Broadwater Towpath

12 Dec Drinnahilly Donard Park

9 Jan To be arranged

23 Jan Holywood to Bangor Coastal Path

MEET AND GREET ROTA Please sign the Meet and Greet sheet if you are willing to help.

NOW THAT'S INTERESTING! Have you come across an interesting speaker recently, or has someone told you about one? If so, then our guest speaker co-ordinator, Gil Colvin, would love to hear from you.

BRING YOUR OWN (part 1)

Don't forget to bring your own cup/beaker/mug to the monthly meetings and enjoy a more pleasant sensation than drinking out of a cardboard container!



BRING YOUR OWN (part 2) Thank-you for following last month's request to print out and bring this newsletter along with you to the meeting for reference. The majority of members have computers and have elected to receive their Newsletter by email. If you have a computer but have not yet supplied us with an email address, please think of doing so. A small number of newsletter copies will be made available at the November meeting for those members with no computer.

ARTICLES FOR THE NEWSLETTER

Interest group conveners or group leaders are encouraged to contact the editor with information about regular meetings, special events or general information that will enable members to choose whether to participate or not.

Photographs of U3A events are particularly interesting and are welcome from any member with a camera who happens to capture the moment! Info. and photos should be sent to David Todd



LISBURN U3A INTEREST GROUPS

Group	Day	Time	Where	Co-ordinator
Book Group 1	First Thur of month	10.30a.m.	In members' homes	Jeanette Chambers
Book Group 2	Last Tue of the month	10.30a.m.	In members' homes	Irenë Orr
Bowling Short-mat Indoor	Every Thursday	11am - 1pm	Kilmakee Activity Centre	Catherine Murdock Jean Needham
Bridge for Beginners	Every Thursday	7.30p.m. – 9.30p.m.	Leader's home	Ivy Long
Computer Beginners	Alternate Mondays	2p.m.	Laganview Enterprise Centre	Gil Colvin Jean Ryan Joan Hamilton
Crochet	Every Friday	10.30 - 12.30	Member's home	Isobel Spence
Film Group	Monday / Tuesday	Evening	Varied	Judith Prentice
Gardening	Occasional	Varied	Varied	Joan Hamilton
Golf	Occasional	Varied	Varied	Joan Hamilton Cynthia Kelly
Let's Go	Occasional	Varied	Varied	Judith Prentice
Rock Climbing (indoor)	As arranged	As arranged	Ozone Centre Belfast	Stewart Hudson
Tai Chi	Every Friday	10.30am	Laganview Enterprise Centre	Monica Rafferty
Theatre / Concert	Occasional	Varied	Varied	Jacqui Townsley
Walking Ramblers	Alternate Mondays	10am	Varied	Stanley Prentice
Walking Strollers	Alternate Mondays	10.15am	Varied	Joan Traylen Heather Martin