



Email: [info@lisburnu3a.org](mailto:info@lisburnu3a.org)

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Learn, laugh, live

Charitable Status No NI103276

**THE HISTORY OF DAVID TODD, WEBMASTER EMERITUS**

- 2011** Attended general meeting to determine any interest in forming U3A in Lisburn  
Became a member of the steering committee  
Agreed to begin editing the monthly Newsletter  
Began publishing a few photographs, which quickly grew into the monthly Colour Supplement.  
Was asked by committee to develop a website for LU3A.
- 2012** Website completed and published on-line  
Constitution adopted by Regional U3A  
Steering committee members elected on to official LU3A committee for two years
- 2014** Membership of committee came to an end
- 2015** Passed over editorship of the newsletter to Margaret Walker
- 2016** Passed over editorship of Colour Supplement to Cynthia Kelly  
Agreed to continue as Webmaster until a replacement could be found
- 2020** Passed the website to Elodie Ellingsen



David suffering through Lockdown!

David said "I was only one of a great team of hard-working individuals involved in the very early development of LU3A - Joan Hamilton, Judy and Stanley Prentice, Elizabeth Fleming, Gil Colvin, Helen McEwen, Andrew McIlroy, Maggie Finn, Jean Needham and Jacqui Townsley to name just a few. Initially we wondered whether there would be enough interest in the activity groups to make them viable. We need not have worried. We were met with an avalanche of enthusiastic applicants! By the end of the third year, membership was virtually 300!"

*David, we can't thank you enough for your hard work over all these years!*

Lisburn U3A Committee

**HELP AND SUPPORT**

If you or any LU3A member you know is in difficulty or just wants to chat with someone during this time of social distancing, please contact any of your Committee. We will do our best to provide support and any helpful information we can. Use any of the Emails below or from the Contact List.

COVID-19

**MONTHLY MEETINGS**

Last month we held our first virtual monthly meeting using ZOOM. It was attended by more than 50 members!  
**Our next meeting: 24<sup>th</sup> Sept 2:00 p.m.**  
Speaker: Valentine Hodges Beekeeper  
Please do your best to join us and enjoy a lively and interesting speaker!

Communications

**AN EXTRA HELPING**

Watch for our supplement coming out this week as well. It's an additional flyer with useful advice, information and suggestions. Please let us know what you think, and even better, send us your ideas for the next one.  
We want to hear from you!

EMAILS: [chairlu3a@hotmail.com](mailto:chairlu3a@hotmail.com)

[editorlu3a@gmail.com](mailto:editorlu3a@gmail.com)

[info@lisburnu3a.org](mailto:info@lisburnu3a.org)

**ALL MEMBERS**

**PLEASE SEND IN YOUR SUBMISSIONS FOR YOUR NEWSLETTER!**

Send us your photos and tell us what is going on in your daily lockdown lives.  
Phone, text or email with your personal or group news, helpful tips, events you attended online, or in person!  
Enquiring minds and homebound members would love to read about how others are dealing with lockdown.

EMAILS: [chairlu3a@hotmail.com](mailto:chairlu3a@hotmail.com)

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**Hello Everyone!**

Your committee know that it's not ideal but, as group meetings are prohibited and Trevor's Zoom presentation in August was much appreciated, another Zoom presentation has been arranged for the

**September LU3A Monthly Meeting, on Thursday 24th September at 2pm.**

The talk will be "Beekeeping with Valentine." Our speaker Valentine Hodges not only keeps bees, but teaches beekeeping and makes beauty products, candles and soaps from bee ingredients. So, join in and hear a very interesting talk. Bees are indeed fascinating creatures!

Here is the Zoom link : <https://zoom.us/j/97938566165?pwd=VXVnTy9wY1ozb1JKTUdleXZ4dnFHZz09>.

Meeting ID: 979 3856 6165

Passcode: 567594

Don't forget when the presentation starts to **switch to speaker view**.

**U3A National Website**

[www.u3a.org.uk](http://www.u3a.org.uk)

**AGM 2020**

The 37th Annual General Meeting (AGM) of the Third Age Trust will be held online on 29th September and all U3A members will be welcome to attend. To access the meeting, either download the dedicated "Lumi AGM" app on your smartphone or tablet or go to the dedicated AGM website at <https://web.lumiagm.com> on the day. They will publish the meeting ID nearer the date.



**NEW COVID RESTRICTIONS**

<https://www.bbc.co.uk/news/uk-northern-ireland-54228579>

Covid-19 restrictions are to be extended to all of Northern Ireland from 18:00 BST on Tues, 20<sup>th</sup> Sept. the Stormont Executive has announced. **There will be no mixing of households indoors with some exceptions, and no more than six people from two households can meet in a garden.** The move followed an urgent meeting of the Executive on Monday afternoon. In the last seven days, more than 1,000 people have tested positive for Covid-19 in Northern Ireland.

**National Trust**

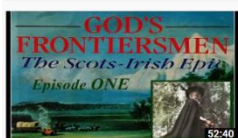
Lesley Kirk

National Trust is holding an online Members' Broadcast at 11am on Sat. 7<sup>th</sup> Nov. This is an opportunity to hear from the Chair, Tim Parker, and Director-General, Hilary McGrady, who will update members about the Trust's progress over the last year and the impacts of coronavirus on the Trust, followed by a Q&A session. The broadcast link will not be available until the event is underway on Sat 7<sup>th</sup> Nov. A recording will be available after the event. Submit a question in advance: [NTMemberBroadcast@nationaltrust.org.uk](mailto:NTMemberBroadcast@nationaltrust.org.uk)

**OTHER RESOURCES**

THE SILVER LINE	SOCIAL MEDIA
A free confidential telephone helpline Free: 0800 470 8090	<p style="text-align: center;"><b>FACEBOOK</b></p> <p>If you would like to join the Lisburn U3A Facebook Private Group, here is what to do:</p> <ol style="list-style-type: none"> <li>1. You must have your own Facebook page. If you need to set one up, try these instructions: <a href="https://www.wikihow.com/Create-a-Facebook-Page">https://www.wikihow.com/Create-a-Facebook-Page</a> and choose instructions for your device.</li> <li>2. When you have your own page, use the search box to enter "Lisburn u3a members group" and click to search.</li> <li>3. When our page opens, click the request to join button. The administrator will check your membership and if you check out, she will add you.</li> </ol> <p>This is a closed group, only seen by other Lisburn U3A members.</p> <hr/> <p style="text-align: center;"><b>WHATSAPP</b></p> <p>Group Leaders have been asked to start WhatsApp Groups for each activity, so that you can keep in touch with your peers during this time. If you aren't yet a member for your group, contact your Group Leader and ask to be added.</p>
GREYSNET	
The voice of older people online <a href="https://greysnet.com/">https://greysnet.com/</a>	
ZOOM FITNESS	
<p><b>Monaghan U3A</b> took a break in Aug. and planned to start back mid to late Sept. with their free Zoom fitness classes every morning at 9.30 am. As far as we know it will use the same link to download the app, then follow directions to <b>Join Zoom Meeting:</b></p> <p><a href="https://zoomus/j/801958424">https://zoomus/j/801958424</a></p>	

**THE ULSTER SCOTS REFERENCE MATERIALS** Speaker – Trevor McKinney



People have been asking for reference materials after Trevor's fascinating talk on The Ulster Scots.

"The Ulster Scots (Ulster-Scots: Ulstèr-Scotch, Irish: Ultais), also called Ulster Scots people (Ulstèr-Scotch fowk) or (in North America) Scotch-Irish (Scotch-Airisch), are an ethnic group in Ireland, found mostly in the province of Ulster and to a lesser extent in the rest of Ireland." ([https://en.wikipedia.org/wiki/Ulster\\_Scots\\_people](https://en.wikipedia.org/wiki/Ulster_Scots_people))

**THE TV SERIES**

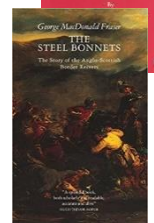
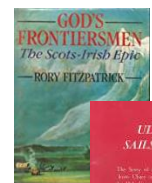
God's Frontiersmen: [The Scots-Irish Epic is available on YouTube.](#) This is a four part series, of approximately 50 minutes each.

**BOOKS**

> The Steel Bonnets: Story of the Anglo-Scottish Border Reivers Paperback – 9 Mar. 1989 by George MacDonald Fraser

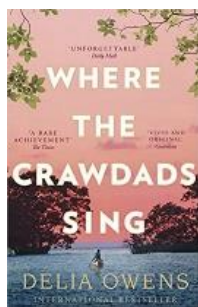
> Ulster Sails West: The Story of the Great Emigration from Ulster to North America in the 18th Century, Together with an Outline of the Part Played by Ulstermen in Building the United States by William Forbes Marshall, Genealogical Publishing Com, 1977

> God's Frontiersmen: The Scots Irish Epic by Rory Fitzpatrick (1989-03-01) 01-Jan-1722



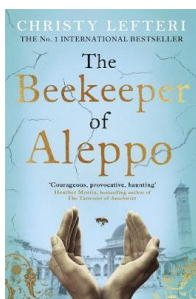
**BOOK GROUP 1**

Jeanette Chambers



We had the first indoor meeting of our book group since March, in Hilary Preston's well-ventilated new kitchen – at a social distance of course. We had all enjoyed reading "Where the

Crawdads Sing" although some found it a slow starter. It was written by a naturalist and the descriptions of the marshes, birds and feathers were detailed although there was a murder mystery to be solved running in the background. We are again in the "wonders of nature" field with our next book "The Beekeeper of Aleppo" by Christy Lefteri for our next meeting on Thursday 1st October at 10.30 a.m. at the home of Shirley Bork.



**BOOK GROUP 2**

Joan Bryson

September 29th marks our 6th month of meeting via Zoom and I don't know whether to celebrate our resilience in never missing a meeting or cry - at the ongoing situation.



Our book is Anne Youngson's 'Meet Me at the Museum'. An unexpected relationship develops when an English grandmother writes to a Danish Museum about an item in its collection which has long fascinates her, and the curator replies.

**FLORAL ART CLASS**

Sally Cunningham

We returned on the 10th September to Laganview Centre! The class would like to take this opportunity to commend the Manager Becky and Caretaker Andrew. Due diligence was taken in preparing everything for the class. The tables were laid out and seating to the required spacing. A sanitation station was also prepared with gloves, spray etc. We felt very at ease and relaxed and wore our own face visors during the class. The ladies got so involved with their individual box arrangements that the time went swiftly past. The Flowerets were so dedicated to the project as a result the floral boxes were Amazing! We also discussed our future plans and ideas for the following months. All in all the day went exceptionally well. I think the ladies would agree it was great to socialise again, while doing something we enjoyed.



**BOWLING1&2**

Andrew McIlroy Catherine Murdock, Jean Needham

Outdoor bowling has sadly completed for the summer. Although we were awaiting a response on the possibility of restarting Indoor Bowling (with appropriate safety precautions) from the powers that be, that will be further delayed with the new restrictions coming into place this week.



**ANTIQUES**

Jacqui Townsley



During the pandemic when we all have to spend more time at home would seem to be a good opportunity to clear out old things like handbags - handbag collecting has become increasingly popular in the 2000s so don't be tempted to just throw them on the rubbish dump!

In 2014, the auction house Christie's started a handbag department, which now has several staff, headed by an "international head of handbags", and in June 2017 Christie's had its first sale devoted exclusively to handbags.

Notable collectors are: The Queen who owns over 200 Launer London bags and has kept all of her mother's Launer bags; Victoria Beckham, Beyonce, Lady Gaga, Katie Holmes, Rita Ora and Kelly Brook ... to name but a few

**IRISH LESSONS**

Keith Ineson



From September ONLINE CLASSES A new group and a new opportunity to learn to speak Irish. For absolute beginners and anyone else of any ability. Classes are on Zoom at present. Please contact Group Leader for further details. All are welcome.

**CROCHET**

Jean Ryan

WhatsApp is still proving invaluable for keeping in touch. Our outdoor meetings have been taking place most weeks and last Friday a bonus was the excellent view of the NHS Spitfire circling round to salute the staff of Lagan Valley Hospital. As the weather gets colder and restrictions tighter, we may be resorting to Zoom. That won't stop the crochet and knitting, though, and partly due to a generous donation of yarn, lots of both has been done over the past few weeks. Several beautiful blankets have been put together, some given to friends & family, some to St Vincent de Paul, others are to be shipped to Uganda or given to local charities. Baby hats and blankets have been made for The Baby Basics and Tiny Life charities and garments and gifts of various sorts have taken shape.



Brenda made the bag

JACQUI'S TEASERS

Jacqui Townsley

Last Month's Teaser 1

What is a bob?

A bob is the brass disc on the end of a clock pendulum. Bobs in older clocks often have decorative carving and shapes characteristic of the type of clock and they are usually made of a dense metal such as brass.

A bob is also the nickname for an old shilling and the usage of bob dates back to the late 1700s. Brewer's 1870 Dictionary of Phrase and Fable states that 'bob' could be derived from 'Bawbee', which was 16-19th century slang for a half-penny.

Give yourself a pat on the back if you got one or other!

Jacqui Townsley

Last Month's Teaser 2

The earliest surviving Monopoly board, made in 1933, sold at auction some years ago - for how much?

The answer is £80,000.

Designed by Charles Darrow, a heating salesman from Philadelphia, this set was one of 5,000 produced in 1933. Darrow designed this version of the game after losing his job in the stock market crash of 1929 - the earliest known version of Monopoly, known as The Landlord's Game, was designed by an American, Elizabeth Magie, and first patented in 1904 but existed as early as 1902.

LET'S GO

Gail Pollock

As we're still not visiting as a group, here's another virtual visit suggestion: <https://www.virtualvisittours.com/nav-an-centre-fort/>

Remember, you can organise visits yourself, too.

FRENCH GROUP

Jean Needham

The French group continues meeting via Zoom, and WhatsApp



This Month's Teasers

A most expensive Birkin sold for £293,000 at auction – what is a Birkin?

What is this? → (clue – it's probably Victorian)



Answers next month!

LU3A SINGERS

Jacqui Townsley



In the meantime, ♪...keep well ...and keep singing!! ♪

YOGALATES

Brenda Palmer, Freda Bell

Yogalates continues through the medium of Zoom.

We also have an active WhatsApp group.

All is well  
Brenda



THEATRE / CONCERT

Jacqui Townsley, Reah Browne



New 'Listen at the Lyric' series – the Lyric have been delighted to welcome casts and creative teams back into the building to record a series of audio plays to share with you. There are three performances by local writers: **The Gap Year** by Clare McMahon; **Burnt Out** by Gary Mitchell; and **2050 Under the Albert Clock** - a series of monologues.

Tickets for each performance are £6 but you are encouraged to buy tickets at a donation price so that they can continue to create new work. You can book now for these three performances, and you will be sent a link to the audio on the release date for each play.

The plays will be available to listen to for up to two weeks.

<https://lyrictheatre.co.uk/listen-at-the-lyric/>

WALKING GROUPS STROLLERS - SAT RAMBLERS

Mary Hine, Heather Martin, Gil Colvin

**Strollers** - Our Strollers group is on suspension at the moment due to the current lockdown but we are reviewing the situation daily and hope that we can perhaps start again soon. I will be in contact with the group by email or WhatsApp if there are any changes.

**Sat Ramblers** - Unfortunately due to the current restrictions especially around BT28 it was decided to cancel this month's walk but hopefully we will be able to do the walk in October.

RAMBLERS - HILLBILLIES - SCRAMBLERS

Stanley Prentice, Judith Prentice

At the moment we have cancelled **Ramblers**, **Scramblers** and **HillBillies** walks until further notice due to the rising number of Covid-19 outbreaks.

THE LAGAN TOWPATH

Des Donnelly

I walk along the towpath, late  
 when falls the dusk of day,  
 and sense Spring's harbinger awaits  
 in clusters and bouquets  
 of shoots and stems in vibrant green,  
 among leaves of mottled brown,  
 a welcome joy, this happy scene  
 to banish winter's frown.

A lonely heron stands and waits  
 upon a grassy rise,  
 an angular frame, his silhouette  
 against the leaden skies  
 which cloaks the earth in spectre grey,  
 a veil hung low in pleats,  
 his scissored pose and beady eye,  
 unwary guests to greet.



Ducks and drakes waltz on the water,  
 caught in romantic dance,  
 by the bank, a furtive otter  
 glides by with wily glance.  
 There's moorhens, mutes and busy coots,  
 who dive beneath for food,  
 gathering twigs to build a nest  
 to hatch their summer brood.

And Barbour Threads stands gaunt and bare,  
 a remnant of its past,  
 its gouged eyes gaping in a stare,  
 so vacuous and vast.  
 Then, on this watery thoroughfare,  
 horses strained to pull  
 lighters, laden and brimmed with wares  
 of coal and reel and spool.



Maybe some day you'll take a walk  
 along where time stands still,  
 where lovers stray in whispered talk,  
 around by Hilden Mill,  
 or down by Barnett's and Shaws Bridge  
 where bikes go whizzing by,  
 hurtling through trees and o'er the ridge,  
 ghost riders in the sky.

March 2014

COFFEE & CHAT

Editor

Participants (11)

Find a participant

- EE Elodie Ellingsen (Host, me)
- JR Jean Ryan
- KI Keith Ineson
- PA Pamela Atkinson
- WI William Ingleston
- G Gail
- L lesley\_pk@msn.com
- M margaret
- M Maureen
- P Pearl
- W William

On Thurs, 17<sup>th</sup> Sept. we held our first Coffee & Chat. It was a 40-minute session attended by 11 people, and everyone enjoyed seeing the smiling faces and hearing what everybody had been doing.

Margaret welcomed us, and then that was followed by informal banter for the next half hour.

Pamela told us about her walk at Cavan Burren Park, and about some of the other places of interest the area offers such as the Marble Arch Caves in the Global Geopark of the same name.

Maureen Buchanan shared her story about going to a wedding in Scotland with her gracious volunteer driver Daphne Baillie – Daphne's kindness and excellent driving were enthusiastically described by a grateful Maureen.

There was hilarity all round when the Inglestons revealed that the new highlight of their social schedule is going to Click and Collect their groceries... ah yes, lockdown has made many changes!

The people who attended agreed that it had been a most welcome break and enjoyable time, and that we should have another Coffee & Chat event. We will hold the next one on the 15<sup>th</sup> October at 11 a.m. Watch for the invite from Joan.

**ZOOM**

Editor

*“Eric Yuan, a former Cisco engineer and executive, founded Zoom in 2011, and launched its software in 2013. Zoom's aggressive revenue growth, and perceived ease-of-use and reliability of its software, resulted in a \$1 billion valuation in 2017, making it a "unicorn" company. The company first became profitable in 2019, and completed an initial public offering that year. The company joined the NASDAQ-100 stock index on April 30, 2020.*

*“Beginning in early 2020, Zoom's software usage saw a significant global increase following the introduction of quarantine measures adopted in response to the COVID-19 pandemic.” <https://en.wikipedia.org/wiki/Zoom> *Video Communications**

Before the COVID pandemic I didn't know Zoom existed. Then I started hearing about it when lockdown started; the children were home from school and started distance learning using various online tools including Zoom.

Once lockdown was underway, the Committee decided we'd have to meet virtually for the first time at the end of March. We began using Skype, but the sound was unpredictable. We started meeting every two weeks and using Skype was not pleasant, so we decided to experiment with Zoom. As security was reported to be an issue, we made sure we used passwords for the meetings and proceeded without issues from that point on.

Zoom is in use by several LU3A groups, including Yagalates, Monaghan U3A's Fitness group and Book Group 2, not to mention our twice a month Committee meeting. In August we held our first Monthly Meeting for members, which was deemed a great success. Trevor McKinney gave a fascinating talk on the Ulster Scots, which was enjoyed by more than 50 attendees.

Personally, I have been persistently stalked by Zoom – over a period of two weeks in September I attended: a U3A Northern Ireland Regional Meeting; a social outing in Vancouver, Canada with 7 friends; an LU3A committee meeting with an amazing talk by Trevor McKinney; a birthday party in Portland, Oregon USA; an LU3A Group Leader meeting; and finally, a second LU3A committee meeting!

Who'd have imagined?!

**MY LOVE-HATE RELATIONSHIP WITH ZOOM!**

Editor

**LOVE – Seeing LU3A friends and colleagues.**

**HATE – Not seeing everyone on one screen.**

**LOVE – Being able to connect with people at convenient times.**

**HATE – No eye contact**

**LOVE – Some features of Zoom: being able to record meetings, the chat option, and especially the Speaker View option...**

**HATE – ...that my focus is often on my own image instead of someone else, hence my love for the Speaker View.**

**LOVE – Seeing what life is like for my friends.**

**HATE – Seeing what life is like for my friends.**

**LOVE – Being able to attend Virtual Reading of Private Lives September 13 with Emma Thompson, Sanjeev Bhaskar, Emilia Clarke, Robert Lindsay.**

**HATE – The chat option which pops up in the wrong place at inconvenient times, like when I attended the reading of Private Lives earlier this month.**

**LOVE – Being able to connect with friends and family in other countries.**

**HATE – I'd trade Zoom for a cafe and coffee any day.**

**LOVE – It's reminded me how many simple things I've taken for granted**

**HATE – It's reminded me how many simple things I've take for granted**

**LOVE – It's filled a gap and done so quite well and quite quickly**

**HATE – Zoom fatigue - yes, I do get tired of only being able to see people on Zoom.**

